| **Access** | 1. The service routinely collects data to assess equity of access. *Guidance: This includes age, gender, ethnicity, employment and accommodation status.*  
2. A person who is assessed as requiring psychological therapy does not wait longer than 18 weeks from the time at which the initial referral is received to the time that treatment starts. |
| **Psychological Therapies** | 3. Psychological therapies are provided in line with relevant NICE guidance (type and number of sessions) for the service user’s diagnosis/condition. |
| **Service User Involvement** | 4. Service users report being provided with information and choice about their treatment.  
5. Service users report a high level of satisfaction with the treatment that they receive. |
| **Outcome Measures** | 6. The service routinely uses validated measures (e.g. symptoms, level of functioning and/or disability) to inform and evaluate treatment. |
| **Therapist Supervision & Training** | 7. Therapists are providing therapy under supervision.  
8. Therapists have received formal training to deliver the therapy provided. |