National Clinical Audit of Anxiety & Depression

Spotlight Audit of Psychological Therapies

Trust Variance Charts

Demographics

Percentage of cases with employment status recorded as unknown/not documented across trusts
Percentage of cases with accommodation status recorded as unknown/not documented across trusts

Percentage of cases where disability was recorded as unknown across trusts
Standard 2: A person who is assessed as requiring psychological therapy does not wait longer than 18 weeks from the time at which the initial referral is received to the time that treatment starts.

Percentage of cases (with dates) starting any therapy treatment within different waiting time categories by trust
Standard 3: Psychological therapies are provided in line with relevant NICE guidance (type and number of sessions) for the service user’s diagnosis/condition.

Average no. sessions across all therapies by trust

Average No. Therapy sessions out of those with a NICE recommended therapy for their condition by trust
Percentage receiving NICE therapy out of those eligible across Trusts
Standard 6: The service routinely uses validated measures (e.g. symptoms, level of functioning and/or disability) to inform and evaluate treatment.