

## NCAP EIP 2024 Sampling Guidance

### **Bespoke & Routine Data Audits**

This document contains the eligibility criteria and sampling methods for NCAP EIP 2024. It includes the sampling processes for both the Bespoke Data Audit and the Routine Data Audit.

It is compulsory for teams to complete **both** processes.

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# NCAP EIP Bespoke Data Audit 2024

### Sampling guidance

This is the sampling guidance for the National Clinical Audit of Psychosis (NCAP) Early Intervention in Psychosis (EIP) Bespoke Data Audit 2024.

The NCAP EIP Bespoke Data Audit 2024 will function very similarly to the 2023 audit and will again focus on only those data items related to the scoring matrix. The purpose of this is to continue to demonstrate performance against the NHS Long Term Plan whilst the routine data becomes of good enough quality.

#### Sample size

- A maximum of 100 patients per **team**.
- If a team identifies more than 100 eligible patients a random sample will be generated.
- If a team identifies less than 100 eligible patients all patients should be included in the audit.

#### Eligibility criteria for patients in the Bespoke Data Audit:

- Patients aged 65 years and under.
- On the caseload of an NHS-funded EIP team in England or Wales OR
- On the caseload of an NHS-funded Children and Young People's Mental Health (CYPMH) teams/ Child and Adolescent Mental Health Services (CAMHS) where EIP teams do not extend their offer to CYP
- The patient has first episode psychosis (FEP).
- Patient has been on the team's caseload for 6 months or more at the census date (**1 August 2023**) and still on the caseload in **January 2024** when the list of patients is submitted to the NCAP team for sampling.

#### Exclusions

- Patients who are experiencing psychotic symptoms due to an organic cause, for example, brain diseases such as Huntington's and Parkinson's disease, HIV or syphilis, dementia, or brain tumours or cysts should **not** be included in the sample.
- Exclude patients who spend most of their time residing in a different locality due to attendance at university.



#### Sampling method

- Identify all patients meeting the eligibility criteria on the census date (1 August 2023) and their age on 2<sup>nd</sup> January 2024.
- 2. Complete the Excel template sheet labelled '*List of Eligible Patients*' provided by the NCAP team with a list of all eligible patients. For each patient on your list, you will be asked to include the following information:
  - Trust/Health Board name.
  - Team name.
  - NCAP ID: Please assign each patient in this sample an NCAP ID (number consecutively from NCAP1 to NCAPn). Please <u>do not</u> use the patient's name, NHS number, initials or any ID that may be used to identify a patient, and do not send your list of pseudonymized IDs linked to the original patient identifiers to the NCAP team, as this may constitute a breach of patient confidentiality.
  - **CYPMH team**: If the patient is open to a CYPMH team, please choose this option from the dropdown list.
  - Age: Please choose the option to reflect whether the patient is under 14, 14-17 or 18 or over, on 2<sup>nd</sup> January 2024. For the LTP 2023-2024 audit we will be asking teams to include the ages, on 1<sup>st</sup> January 2024, of all eligible patients to allow more representative sampling of under 18s with FEP.
- 3. Return the completed excel document to the NCAP team by email by 15<sup>th</sup> January. Please note that you should do this even if you don't have more than 100 eligible patients.
- 4. If the team has more than 100 eligible patients, the NCAP team will return your random sample by **29<sup>th</sup> January**.
- 5. Please note the number of patients in the Trust/Health Board who meet the eligibility criteria but have not been included in the list as they have chosen to opt-out. Please do not include any patients that have opted out.

If you have any queries, please contact the NCAP team at <u>NCAP@rcpsych.ac.uk</u>



# NCAP EIP Routine Data Audit 2024

## Sampling guidance

For the first time, in 2024, NCAP will be running a Routine Data Audit alongside the Bespoke Data Audit. The move to routinely collected data is in effort to help reduce the sampling and data collection burden teams. The data will be extracted from the Mental Health Services Dataset (MHSDS).

The method of identification of the sample within the MHSDS was investigated in the pilot audit. Originally it was planned to link identifiable data submitted to the NCAP team to the MHSDS, however the pilot study demonstrated it was not feasible to link a national scale sample on a regular basis. Therefore, **please do not send us any identifiable data**.

As an alternative method for cohort identification, Pilot teams were asked to locate and submit their 'Care Professional Team Local Identifier (CareProfTeamLocalID)' codes which allows the sample to be located in the MHSDS. It is this method of cohort identification that we will be using for the Routine Data Audit 2024. This method should reduce sampling burden on teams as there is no requirement to regularly send identifiable cohorts. However, in the initial stages of mapping this code, we may require some cooperation from teams to ensure that we are accurately identifying their data.

#### Eligibility criteria for patients in the Routine Data Audit:

- The patient is aged 65 years and under.
- On the caseload of an NHS-funded EIP team in England or Wales OR
- On the caseload of an NHS-funded Children and Young People's Mental Health (CYPMH) teams/ Child and Adolescent Mental Health Services (CAMHS) where EIP teams do not extend their offer to CYP
- The patient has first episode psychosis (FEP) **or** an At-Risk-Mental-State (ARMS) diagnosis.
- Patient has been on the team's caseload for 6 months or more at the census date (**1 August 2023**) and still on the caseload in **January 2024**.

#### **Exclusions**

• Patients who are experiencing psychotic symptoms due to an organic cause, for example, brain diseases such as Huntington's and Parkinson's disease, HIV or syphilis, dementia, or brain tumours or cysts should **not** be included in the sample.



#### **MHSDS Identification and Sampling Process**

The following process will be used to audit the teams' whole eligible caseload.

- Identify 'Care Professional Team Local Identifier (CareProfTeamLocalID)'
  - The code is a variable in the MHSDS, in table 'MHS102 Service Type Referred To.' The field is M102905 Care Professional Team Local Identifier (CareProfTeamLocalID), with description "A unique local CARE PROFESSIONAL TEAM IDENTIFIER within a Health Care Provider which may be assigned automatically by the computer system".
  - Please note this is **not** the organisation or EIP code for your Trust that NCAP has allocated e.g ORG67 or EIP6701
  - Please **do not** send the NCAP team any identifiable data such as NHS numbers, date of birth or post-codes.

If you are struggling to identify this code, please contact the NCAP team at <u>NCAP@RCPsych.ac.uk</u>.

- 2. Complete the Excel template sheet labelled '*CareProfTeamLocalID* (*MHSDS*)', you will be asked to include the following information:
  - Trust/Health Board name.
  - Team name
  - Care Professional Team Local Identifier (CareProfTeamLocalID)
  - ODS Code

Please return your sampling excel template to the NCAP team by **Monday 15<sup>th</sup> January 2024.** Please ensure that no identifiable data is sent to the NCAP Team.