



National Clinical Audit of Psychosis

Understanding Practice in Clinical Audit and Registries (UPCARE): Programme name

National Clinical Audit of Psychosis

Workstream name (if applicable)

Not applicable

Contract status

Ongoing

Audit or non-audit

Audit

HQIP commissioned

Yes

HQIP AD

PS

HQIP PM

NP

Included in current NHS Quality Accounts

Yes

1.10 Geographical coverage - HQIP agreement

England; Wales

1.3 Healthcare setting

NHS mental healthcare; NHS secondary care; NHS community care

1.4 Inclusion and exclusion criteria

Eligibility criteria for patients in the Bespoke Data Audit:

- Patients aged 65 years and under.
- On the caseload of an NHS-funded EIP team in England or Wales OR
- On the caseload of an NHS-funded Children and Young People's Mental Health (CYPMH) teams/ Child and Adolescent Mental Health Services (CAMHS) where EIP teams do not extend their offer to CYP
- The patient has first episode psychosis (FEP).
- Patient has been on the team's caseload for 6 months or more at the census date (**1 August 2023**) and still on the caseload in **January 2024** when the list of patients is submitted to the NCAP team for sampling.

Exclusions

- Patients who are experiencing psychotic symptoms due to an organic cause, for example, brain diseases such as Huntington's and Parkinson's disease, HIV or syphilis, dementia, or brain tumours or cysts should **not** be included in the sample.
- Exclude patients who spend most of their time residing in a different locality due to attendance at university.

Eligibility criteria for patients in the Routine Data Audit:

- The patient is aged 65 years and under.

- On the caseload of an NHS-funded EIP team in England or Wales OR
- On the caseload of an NHS-funded Children and Young People's Mental Health (CYPMH) teams/ Child and Adolescent Mental Health Services (CAMHS) where EIP teams do not extend their offer to CYP
- The patient has first episode psychosis (FEP) **or** an At-Risk-Mental-State (ARMS) diagnosis.
- Patient has been on the team's caseload for 6 months or more at the census date (**1 August 2023**) and still on the caseload in **January 2024**.

Exclusions

- Patients who are experiencing psychotic symptoms due to an organic cause, for example, brain diseases such as Huntington's and Parkinson's disease, HIV or syphilis, dementia, or brain tumours or cysts should **not** be included in the sample.

1.5 Methods of data submission

Online e.g. webtool or portal

1.7 Data flow diagram

Our data flow diagrams can be found here: [Information Governance \(rcpsych.ac.uk\)](https://rcpsych.ac.uk/information-governance)

1.8 Data quality & analysis plan

The audit tools were developed with input from experts in the field and refined following feedback from front-line services. The audit tool used is an adapted version of the previous EIP audit tools which have been used for five rounds of audit and are reviewed every year in response to feedback from services and our steering group.

Our data collection platforms are set up to ensure valid responses are submitted and to limit the number of data entry errors possible and minimise the amount of missing data. We also provide services with guidance documents to assist when answering the audit questions.

Data analysis plan - [NCAP Resources \(rcpsych.ac.uk\)](https://rcpsych.ac.uk/ncap-resources)

1.9 Outlier policy

NCAP EIP 2024 Bespoke Data Audit will not involve outlier analysis as this did not form part of the contract variation.

The outlier policy for NCAP EIP 2024 Routine Data Audit is being reviewed in January 2024 on release of the HQIP guidance.

The outlier policies for previous years can be found here: [NCAP Resources \(rcpsych.ac.uk\)](https://rcpsych.ac.uk/ncap-resources)

2.1 Outcome measures

Routine data audit: routine data audit collects outcome scores for HONOS/HONOSCa/DIALOG/QPR/GBQ/ReQOL-10.

Bespoke data audit: https://www.rcpsych.ac.uk/docs/default-source/improving-care/ccqi/national-clinical-audits/ncap-library/ncap-eip-2023/eip-scoring-matrix-2023.pdf?sfvrsn=34ba35c9_2

2.2 Process measures

Cognitive Behavioural Therapy for Psychosis (CBTp)

The percentage of service users with first episode psychosis that have taken up Cognitive Behavioural Therapy (CBTp).Family Intervention (FI)

The percentage of service users with first episode psychosis and their families that have taken up Family Interventions.Prescribing of clozapine

Service users with first episode psychosis who have not responded adequately to or tolerated treatment with at least two antipsychotic drugs are offered clozapine.Supported education and employment programmes

The percentage of service users with first episode psychosis that have taken up supported employment and education programmes.Physical health screening

The percentage of service users who were offered all 7 physical health screenings in the last 12 months. Screenings include smoking status; alcohol intake; substance misuse; BMI; blood pressure; glucose and cholesterol. Physical health intervention

The percentage of service users who were offered all relevant interventions where screening indicated a risk level requiring intervention within the last 12 months, as per the Lester Tool.Carer focussed education and support programmes

The percentage of carers of people with FEP that have taken up carer-focused education and support programmes.Outcome measures

Clinical outcome measurement data for service users (two or more outcome measures from HoNOS/HoNOSCA, DIALOG, QPR, ReQOL-10, GBO) is recorded at least twice (assessment and one other time point).CBT for At Risk Mental State (ARMS)

The percentage of service users with an at risk mental state that have taken up Cognitive Behavioural Therapy.Timely Access

The percentage of service users with first episode of psychosis that started treatment in early intervention in psychosis services within two weeks of referral (allocated to, and engaged with, an EIP care coordinator).

Bespoke data audit: https://www.rcpsych.ac.uk/docs/default-source/improving-care/ccqi/national-clinical-audits/ncap-library/ncap-eip-2023/eip-scoring-matrix-2023.pdf?sfvrsn=34ba35c9_2

2.3 Organisational measures	https://www.rcpsych.ac.uk/docs/default-source/improving-care/ccqi/national-clinical-audits/ncap-library/ncap-eip-2023/eip-scoring-matrix-2023.pdf?sfvrsn=34ba35c9_2
2.4 Patient reported outcome measures	The casenote tool and routine data audit collects information about what outcome measures have been completed out of HONOS/HONOSCa/DIALOG/QPR/GBQ/ReQOL-10.
2.5 Patient reported experience measures	N/A
2.6a Do measures align with any of the following sources of evidence (select all that apply)	NICE clinical guideline; NICE quality standard
3.1 Results visualisation	Static data files; Interactive online portal (run charts available); Annual report; Patient report
3.2 Levels of reporting	Trust or Health Board; National
3.3 Timeliness of results feedback	Within 3 months
Dataset #1 name	Audit on Early Intervention in Psychosis services - case note audit (scoring matrix)
Dataset #1 type	Clinical audit - cohort
Dataset #1 items collected (n)	24
Dataset #1 items from existing national datasets (n)	1
Dataset #1 use of existing national datasets	Mental health services dataset (MHSD)
Dataset #1 specification	https://www.rcpsych.ac.uk/docs/default-source/improving-care/ccqi/national-clinical-audits/ncap-library/ncap-eip-2023/scoring-matrix-question-breakdowns.pdf?sfvrsn=2a109649_2
Dataset #2 name	Early Intervention Psychosis (EIP) audit - contextual data (scoring sub-matrix)
Dataset #2 type	Organisational audit

Dataset #2 items collected (n)	11
Dataset #2 items from existing national datasets (n)	0
Dataset #2 specification	https://www.rcpsych.ac.uk/docs/default-source/improving-care/ccqi/national-clinical-audits/ncap-library/ncap-eip-2023/scoring-matrix-question-breakdowns.pdf?sfvrsn=2a109649_2
Dataset #3 name	Routine data audit 2024
Dataset #3 type	Clinical audit - continuous; Clinical audit - cohort
Dataset #3 items from existing national datasets (n)	106
	Data items are equivalent to those collected in the bespoke data audit.
Dataset #3 use of existing national datasets	Mental health services dataset (MHSD)
When was your Healthcare Improvement Plan (sometimes referred to as a Quality Improvement Plan) last reviewed? Please upload under 'Files' below using naming convention ('yyyymmdd_PROGRAMME-Workstream-HIplan').	14/04/2023
Files	NCAP QI Plan April 2023.docx

