

# NCAP EIP audit 2023 (bespoke data) Sampling guidance

This is the sampling guidance for the National Clinical Audit of Psychosis (NCAP) Early Intervention in Psychosis (EIP) audit 2023.

### Sample size

- A maximum of 100 patients per **team**.
- If a team identifies more than 100 eligible patients a random sample will be generated.
- If a team identifies less than 100 eligible patients all patients should be included in the audit.

# Eligibility criteria for patients:

- Patients aged 65 years and under.
- On the caseload of an NHS-funded EIP team in England or Wales OR
- On the caseload of an NHS-funded Children and Young People's Mental Health (CYPMH) teams/ Child and Adolescent Mental Health Services (CAMHS) where EIP teams do not extend their offer to CYP
- The patient has first episode psychosis (FEP).
- Patient has been on the team's caseload for 6 months or more at the census date (1 August 2022) and still on the caseload in January 2023 when the list of patients is submitted to the NCAP team for sampling.

#### **Exclusions**

- Patients who are experiencing psychotic symptoms due to an organic cause, for example, brain diseases such as Huntington's and Parkinson's disease, HIV or syphilis, dementia, or brain tumours or cysts should **not** be included in the sample.
- Exclude patients who spend most of their time residing in a different locality due to attendance at university.

## Sampling method

- Identify all patients meeting the eligibility criteria on the census date (1 August 2022) and their age on 1st January 2023.
- 2. Complete the Excel template provided by the NCAP team with a list of all eligible patients. For each patient on your list, you will be asked to include the following information:
  - Trust/Health Board name.
  - Team name.
  - NCAP ID: Please assign each patient in this sample an NCAP ID
     (number consecutively from NCAPI to NCAPn). Please <u>do not</u> use the
     patient's name, NHS number, initials or any ID that may be used to
     identify a patient, and do not send your list of pseudonymised IDs
     linked to the original patient identifiers to the NCAP team, as this may
     constitute a breach of patient confidentiality.
  - **CYPMH team**: If the patient is open to a CYPMH team, please choose this option from the dropdown list.
  - Age: Please choose the option to reflect whether the patient is under 14, 14-17 or 18 or over, on 1st January 2023. For the LTP 2023-2024 audit we will be asking teams to include the ages, on 1st January 2023, of all eligible patients to allow more representative sampling of under 18s with FFP.
- 3. Return the completed excel document to the NCAP team by **13 January**. Please note that you should do this even if you don't have more than 100 eligible patients.
- 4. If the team has more than 100 eligible patients, the NCAP team will return your random sample by **27 January**.
- 5. Please note the number of patients in the Trust/Health Board who meet the eligibility criteria but have not been included in the list as they have chosen to opt-out.

If you have any queries, please contact the NCAP team at NCAP@rcpsych.ac.uk