

## Measuring the NCAP core audit standards

Standards		How measured
<b>S1</b>	<p>The following physical health indicators have been monitored within the past 12 months:</p> <ul style="list-style-type: none"> <li>i. BMI;</li> <li>ii. blood pressure;</li> <li>iii. use of tobacco;</li> <li>iv. use of alcohol;</li> <li>v. substance misuse;</li> <li>vi. measure of glucose control;</li> <li>vii. lipids;</li> <li>viii. history of cardiovascular disease, diabetes, hypertension or hyperlipidaemia in members of the service user's family.</li> </ul>	Core audit of practice tool; section F.
<b>S2</b>	<p>When monitoring within the past 12 months has indicated a need for intervention, the following have been offered to the service user or the treating clinician has made a referral for the service user to receive:</p> <ul style="list-style-type: none"> <li>i. advice about diet and exercise, aimed at helping the person to achieve and/or maintain a healthy BMI</li> <li>ii. treatment for hypertension;</li> <li>iii. treatment for diabetes;</li> <li>iv. treatment for dyslipidaemia;</li> <li>v. help with smoking cessation;</li> <li>vi. help with reducing alcohol consumption;</li> <li>vii. help with reducing substance misuse.</li> </ul>	Core audit of practice tool; section F.
<b>S3</b>	<p>The service user has been provided with evidence-based, written information (or an appropriate alternative), in an accessible format, about the antipsychotic drug that they are currently prescribed.</p>	Core audit of practice tool; section D.
<b>S4</b>	<p>The service user was involved in deciding which antipsychotic was to be prescribed, after discussion of the benefits and potential side-effects.</p>	Core audit of practice tool; section D.
<b>S5</b>	<p>The service user is currently only prescribed a single antipsychotic drug (unless they are in a short period of overlap while changing medication). If receiving more than one antipsychotic, a rationale for this has been documented.</p>	Core audit of practice tool; section D.

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<b>S6</b>	The current total daily dose of antipsychotic medication does not exceed the upper limit of the dose range recommended by the BNF. If it does, the rationale for this has been documented.	Core audit of practice tool; section D.
<b>S7</b>	If current response to treatment is inadequate: <ul style="list-style-type: none"> <li>i. medication adherence has been investigated and documented;</li> <li>ii. the potential impact of alcohol or substance misuse on response has been investigated and documented.</li> </ul>	Core audit of practice tool; section E.
<b>S8</b>	If the patient is currently not in remission and has received trials of two (or more) different antipsychotic drugs then there should be evidence that a treatment trial of clozapine has been considered and/or given. If, in these circumstances, clozapine is not being prescribed a rationale for this should have been documented at an appropriate place in the patient's records.	Core audit of practice tool; section E.
<b>S9</b>	i. CBTp has been offered to all service users; ii. Family intervention has been offered to all service users who are in close contact with their families.	Core audit of practice tool; section G.
<b>S10</b>	Each service user has a current care plan.	Core audit of practice tool; section H.
<b>S11</b>	There is evidence that each service user has been given information about how to contact services if in crisis.	Core audit of practice tool; section H.

Outcome indicators		How measured
<b>I.1</b>	For people who are unable to attend mainstream education, training or work, facilitate alternative educational or occupational activities.	To be measured in next round of audit.
<b>I.2</b>	Offer supported employment programmes to people with psychosis or schizophrenia who wish to find or return to work.	Core audit of practice tool; section H.
<b>I.3</b>	An HoNOS has been completed within the last 12 months.	Core audit of practice tool; section C.