

Overview of National Clinical Audit of Psychosis 2020/2021

Patient information sheet for people under 18 years old

What does the audit do?

The National Clinical Audit of Psychosis (NCAP) **collects data from services to see if people with psychosis are receiving the care they should.**

In 2020/2021 we are looking at the **care received by people who are experiencing first episode psychosis.** They may be receiving care from **EIP services** or **Children and Young People's Mental Health (CYPMH) services.**

What is happening in 2020/2021?

In 2020/2021, we will be collecting data from services providing care to people who are experiencing first episode psychosis.

Services will fill out a questionnaire about the care they have provided to some of the people they treated over the last year (a sample). The questionnaire asks about things like whether people received interventions such as CBTp (Cognitive Behavioural Therapy for Psychosis) or physical health screening.

We can then measure how well services are doing at providing different aspects of treatment. **The questionnaire covers areas of EIP care important to people being treated and care providers.**

Collecting identifiable data in the audit

This year, we will be asking Trusts to provide some personal information – the NHS number, date of birth and postcode for everyone in the sample (this is known as identifiable information). This will only be the case for English Trusts and will not apply to Health Boards in Wales or services in Ireland.

What personal information will be collected in the case note audit?

We will be collecting **the NHS number, date of birth and postcode for everyone in England in the audit.** We will not be collecting names or full addresses. **We will ensure this information remains confidential and is kept securely** (there are more details on this below).

Why are we collecting personal information?

Trusts submit data to NHS Digital each month on the care they provide to each patient (routine data). This includes the same information we collect in the audit.

Collecting personal information will let us **compare the information we collect for the audit with the data that Trusts in England already send to NHS Digital**. You can find out more about these data from [NHS Digital](#).

This is important as in the future **we would like to stop collecting data ourselves and use the NHS Digital data instead**. Before we can do this, we need to check that the routine data is the same as our data. **This will reduce the work for services and leave them more time to care for people**.

Have plans for collecting this information been approved?

We need to have **special permission to collect identifiable information without asking each person for their consent**. This is known as Section 251 approval.

To get this special permission, we have to show that we will look after these data carefully. We must also show that using identifiable information is the only way to carry out this work. It must also help improve patient care.

You can find out more about Section 251 approval from the [NHS Health Research Authority](#).

We are very careful in how we look after patient data. We will ensure that information we collect, including identifiable information are kept confidential and secure.

What can I find out about my rights in relation to this audit?

You can find out more about **how we look after data and your rights** in our [privacy notice](#). This explains in more detail:

- what data we hold;
- how we look after it;
- what we do with it.

When is the audit taking place?

Services will collect data for the case note audit in October 2020 and send us the data in November 2020.

Who will take part?

EIP Teams will be asked to provide information on the care provided to a random selection of people receiving care from their team or a CYPMH service.

What happens if I don't want my information to be used?

If you don't want data on your care to be included in the audit, **you can choose to opt-out. Opting out of the audit will not affect the care you receive.**

To opt out, please [contact us](#) and let us know. We will need to ask for your:

- date of birth
- postcode
- NHS number (if you know it)
- the team you are being treated by.

If it's before 1st December 2020, we may have to ask you to contact your Trust/organisation to opt-out. You can find more information about this via the opt-out poster on our [website](#).

If you would like to **discuss any concerns about your information being used** or would like any **help in opting out**, please speak to your **care coordinator** or **[The Patient Advice and Liaison Service \(PALS\)](#)** in your local Trust.

How can I find the results?

We will produce a report with the results of the audit which will be published in Summer 2021. This will let you know how your local Trust, organisation or Health Board is doing. It will also help the Government understand more about the care being provided to people with first episode psychosis across the country and where improvements are needed. The report will provide information at a National and Trust, organisation or Health Board level, so **it will not be possible to identify any individual in the report.**

The results will help organisations understand more about the care they are providing, how it compares to national standards and how they might help improve it for people who will use services in the future.

Who can I contact if I have any questions?

If you have any questions about the audit, please contact the [NCAP team](#).