

## POMH-UK Membership

POMH-UK provides a 'first-rate service to healthcare providers by designing high-quality audits of prescribing practice, making it easier for teams to benchmark their practice against national standards and implement changes aimed at improving the quality of care that patients receive.'

**Professor Mike Crawford**, former Director of the Royal College of Psychiatrists' Centre for Quality Improvement

## Costs for the 2022 membership period

**POMH-UK** is open to all specialist mental health services in the UK and Ireland. The fee for Trust/organisation membership is £5,350 + VAT for the 1 January 2022 to 31 December 2022 membership period. This enables services to participate in all of our QI programmes or to select those that they consider appropriate.

We offer a discounted rate of £15,300 + VAT for organisations that join for three years.

**POMH-UK** is funded solely by subscriptions from member organisations and does not receive any funding from the pharmaceutical industry.

## Find out more

Contact a member of the **POMH-UK** team to find out more about membership, or visit our website:

[www.rcpsych.ac.uk/pomh](http://www.rcpsych.ac.uk/pomh)

The current **POMH-UK** team:

### Joint Heads of POMH-UK:

Carol Paton  
Professor Thomas R.E Barnes

### Programme Manager:

Gavin Herrington

### Deputy Programme Manager:

Olivia Rendora

### Project Officers:

Mareeha Khan  
Gaia Bove

E [POMH-UK@rcpsych.ac.uk](mailto:POMH-UK@rcpsych.ac.uk)  
T 0208 618 4010



The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369). © 2021 The Royal College of Psychiatrists.

POMH-UK Team • Royal College of Psychiatrists  
21 Prescot Street London • E1 8BB

2022

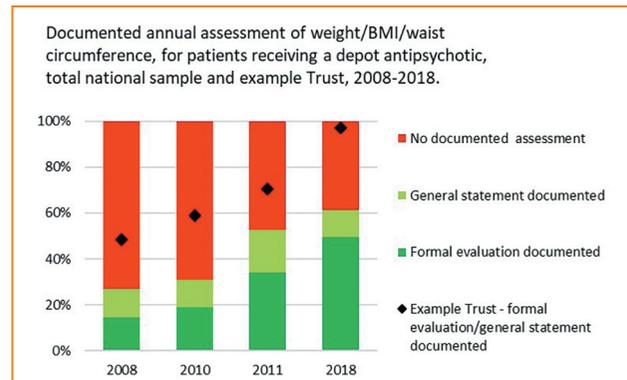
## What is the Prescribing Observatory for Mental Health (POMH-UK)?

The Prescribing Observatory for Mental Health (**POMH-UK**) is based at the Royal College of Psychiatrists' Centre for Quality Improvement. We run national Quality Improvement Programmes open to all UK specialist mental health services.

Services that are members of **POMH-UK** take part in audit-based QI programmes that focus on specific topics within mental health prescribing. We support clinical services to improve the quality of their prescribing practice and reduce risks associated with medicines management.

Wide participation in the clinical audits creates a picture of prescribing practice nationally. Member organisations are able to identify where their prescribing practice meets evidence-based standards along with areas for improvement, where local intervention may be warranted.

### Example of POMH-UK benchmarked reporting:



## How POMH-UK supports clinicians and services

For more than fifteen years, active participation in **POMH-UK** QI programmes has helped services in individual Trusts and nationally to improve the quality of prescribing, monitoring and review of psychotropic medication.

Participation can also help your organisation demonstrate that it is meeting national requirements by:

- Providing evidence relevant to the local implementation of NICE guidelines and compliance with best practice standards
- Informing local QI initiatives
- Providing data for Trust Quality Accounts
- Providing clinical staff with the opportunity to become more familiar with the audit process as a tool for quality improvement

### We provide:

- **Support to help clinical services measure practice** against national standards and agreed best practice
- **Clear, customised reports for each QI programme** that allow services to confidentially benchmark their prescribing practice against other services and the national sample
- **Change interventions** where appropriate, specifically designed for individual QI programmes to support specialist mental health services improve local practice
- **Free webinars** to members that include clinical background presentations from experts in the field
- **A new online Members' Area** providing easy access to **POMH-UK** reports and other support materials.

## Quality improvement programmes for the 2022 membership period

The **POMH-UK** team provides participants with all the help needed to measure practice in a QI programme area. We develop the data collection tools, services enter their data online and then we undertake the analysis.

In 2021, **POMH-UK** QI programmes have addressed:

- The quality of clozapine prescribing
- Prescribing for alcohol detoxification
- Prescribing for depression in adult mental health services.

For a summary of how **POMH-UK** members have responded to past programmes, you may wish to review our publicly available **15-year anniversary report**, which highlights some of their QI initiatives. The report also considers the wider impact of **POMH-UK** data in supporting the development of evidenced based treatment guidelines and rationales for funded trials. Our 15-year report is available at [www.rcpsych.ac.uk/pomh](http://www.rcpsych.ac.uk/pomh)

### QI programmes with data collection in the 2022 membership period will address:

- Prescribing valproate, including implementation of the mandated MHRA pregnancy prevention programme
- Prescribing high dose and combined antipsychotics
- The use of melatonin.