

**Guidance Launch Event:
Delivering Greener, More Sustainable and Net Zero Mental Health Care**

**Wednesday 15th November 2023
Royal College of Psychiatrists**

09.30-10.00

Registration and Refreshments

10.00 – 10.15

Opening Remarks

Dr Mary Docherty, Expert Reference Group Chair, RCPsych

10.15 – 10.45

Greener NHS Overview

Nicky Philpott, Deputy Director, Greener NHS

Sarah Brown, Head of Children, Young People & Perinatal Mental Health

10.45 – 11.30

Overview of guidance and recommendations

Laura-Louise Arundell, Lead Researcher and Developer, NCCMH

11.30-11.45

Break

11.45 – 12.15

Patient perspective – Empowering people in a meaningful way

Siân Hodgkinson, People Participation Lead for Environmental Sustainability, East London Foundation NHS Trust

Matthew Riley, Patient and Carer Representative, Bradford District Care Trust

12.15 - 12.45

Breakout Session – Aligning priorities

Mapping how the net zero agenda aligns to existing priorities

Linking the four principles of net zero care to existing priorities within service delivery and reflecting on the dual-benefits of a more sustainable service

12.45-13.30

Lunch

13.30 - 14.45

Spotlight Workshops

Workshop #1: Our Green Plan - Engagement from Board to Ward, Nottinghamshire Healthcare NHS Foundation Trust

Lynn Walker, Head of Sustainability

Jennifer Bailey, Head of Allied Health Professionals Mental Health Care Group

Workshop #2: South Central Ambulance Service, Mental Health Response Vehicles

Graeme Matthews, Crisis Care Liaison Lead, South Central Ambulance Service

Workshop #3: Bradford District Care Trust

Emma Clarke, Energy, Waste and Sustainability Manager

14.45 – 15.45

Breakout Session – Bringing about change

Implementing the net zero agenda across care pathways

Strategizing how to tackle competing interests and how decarbonisation can lead to improved quality in service delivery

15.45 – 16.00

Closing remarks

Dr Mary Docherty, Expert Reference Group Chair