

QNIC Special Interest Day

‘Alternative provisions and interventions for children and young people’

Friday 01 December 2023, via Zoom

10:00 - 10:10	<p>Welcome and Introduction Seb Rotheray, QNIC Advisory Group Chair, Consultant Child and Adolescent Psychiatrist, Sowenna Unit</p>
10:10 - 11:00	<p>Residential Therapeutic Communities: An Ecological Alternative to Inpatient Psychiatric Services Chris Nicholson, Chair of The Consortium of Therapeutic Communities; Kevin Gallagher, Director/Trustee of The Consortium of Therapeutic Communities</p>
11:00 – 11:10	Break
11:10 - 12:00	<p>Hospital at Home: A virtual intensive eating disorder service. Laura Coglan, Consultant Child and Adolescent Psychiatrist, Hospital at Home Team; Gillian Combe, Consultant Psychiatrist, Marlborough House Inpatient Unit</p>
12:00 – 12:10	Break
12:10 – 13:00	<p>The Body Mind and Me Group: A Dance Movement Psychotherapy informed group therapy programme for young people in recovery from ED. Kimberley Pena, Specialist Mental Health Practitioner, Dance Movement Psychotherapist, CYP Eating Disorder Service</p>
13:00 – 13:30	Lunch
13:30-13:45	<p>Learning to just be a “person”: Personal development and life skills for long-term inpatients. Emilola Johnson: QNIC/QNCC Patient Representative</p>
13:45-14.35	<p>Dorset Health Care Transitions Team: Supporting adolescents moving on from hospital. Luke Webb, Transitions Nurse (Team Lead), Pebble Lodge; Victoria Kuhr, Transitions Practitioner, Dorset Health Care Transitions Team Louise Doughty, Programme Director, CAMHS Provider Collaborative Wessex/Dorset & Sussex/Kent</p>
14:35-14:45	Break
14:45-16:00	<p>Breakout sessions: Part 1: Introduction to successes, challenges and advice within disciplines in children and adolescent mental health services Part 2: Suggested topic discussions</p>
16:00-16:15	Close