

## QNIC Teachers' Day

26 March 2019

Royal College of Psychiatrists, 21 Prescott Street, London, E1 8BB

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|---------------|--|
| 9.30 – 10.00  | <b>REGISTRATION AND REFRESHMENTS</b>   |
| 10.00 – 10.10 | <b>Introduction</b><br>Gill Jackson<br>The St Aubyn Centre   |
| 10.10 – 11.00 | <b>'Stop Running and Start Thinking' – exploring your stories from the front line</b><br>Dr Sebastian Kraemer<br>Honorary Consultant, Tavistock & Portman NHS Trust<br><br>Please note: All attendees will need to read the following short paper<br><a href="http://www.sebastiankraemer.com/docs/Kraemer_2018_Child_and_Adolescent_Mental_Health.pdf">http://www.sebastiankraemer.com/docs/Kraemer_2018_Child_and_Adolescent_Mental_Health.pdf</a> |
| 11.00 – 11.45 | <b>'Working with the balance between acceptance and change'</b><br>Dr Jen Scott<br>Clinical Psychologist, Essex Partnership University NHS Foundation Trust  |
| 11:45–12.00   | <b>COFFEE BREAK</b>  |
| 12.00 – 12.45 | <b>Young people and Consent in 2019</b><br>Helen McDonald<br>Children and Young Person's Independent Sexual Violence Advisor, Southend-On-Sea Rape Crisis  |
| 12.45 – 13.00 | <b>Futurelearn: Working with Young people with Complex Trauma</b><br>Gill Jackson and Julie Barton<br>The St Aubyn Centre  |
| 13.00 – 14.00 | <b>LUNCH</b>   |
| 14.00 – 14.40 | <b>Therapeutic Music Making</b><br>Prithpal Sirjeet<br>Musician, Brookside Unit, NELFT   |
| 14.40 – 15.20 | <b>Young person's view</b><br>Holli Scott  |
| 15.20 – 15.30 | <b>Close and Evaluation</b><br>Gill Jackson, The St Aubyn Centre   |