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Cambridgeshire and
Peterborough
NHS Foundation Trust

The over-35s: Early Intervention Services Entering Uncharted Territory

Jesus Perez and Lizzie Kenedler

Walker, there is no path,
the path is made by walking

Antonio Machado



The NHS Plan

A plan for investment
A plan for reform

Presented to Parliament by the
Secretary of State for Health
By command of Her Majesty
July 2000

14.30 Early intervention to reduce the period of untreated psychosis in young people can prevent initial problems, and improve long-term course

fifty early intervention teams will therefore be established over the next three years to provide treatment and active support in the community to these young people and their families

by 2004 all young people who experience a first episode of psychosis, such as schizophrenia, will receive the early and intensive support they need. This will benefit 7,500 young people each year

NHS Plan (2000)

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The American Journal of Psychiatry



The Epidemiology of First-Episode Psychosis in Early Intervention
in Psychosis Services: Findings From the Social Epidemiology
of Psychoses in East Anglia [SEPEA] Study

Predicting Suicidal Behavior From Longitudinal
Electronic Health Records

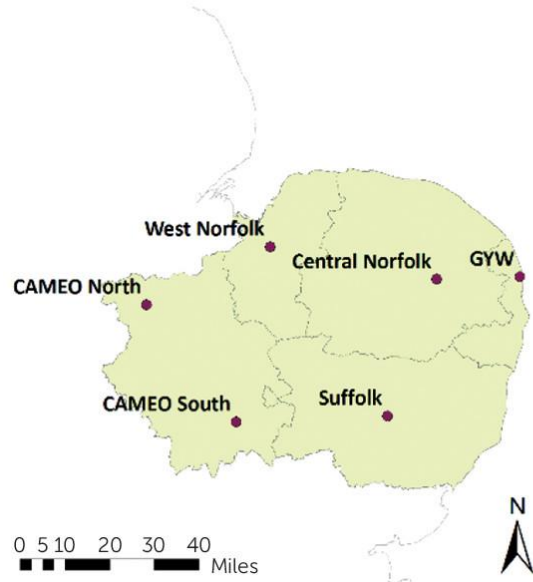
Patient Expectancy as a Mediator of Placebo Effects
in Antidepressant Clinical Trials

AMERICAN
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ASSOCIATION

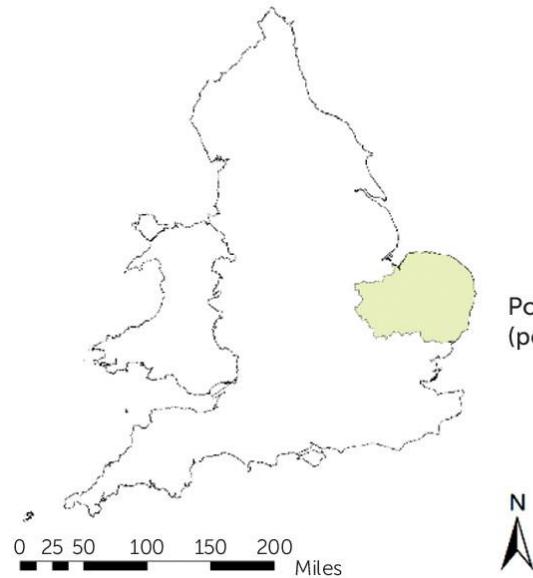


ajp.psychiatryonline.org

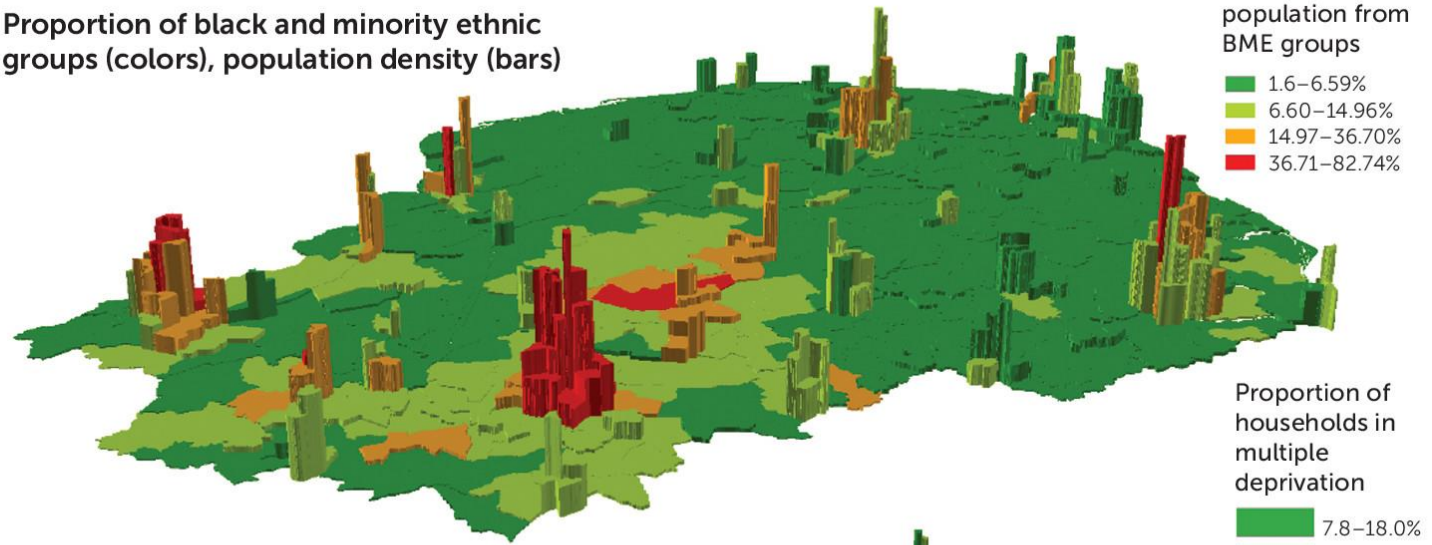
A. EIP service and NHS Trust locations in SEPEA catchment



B. Location of SEPEA study catchment area in England



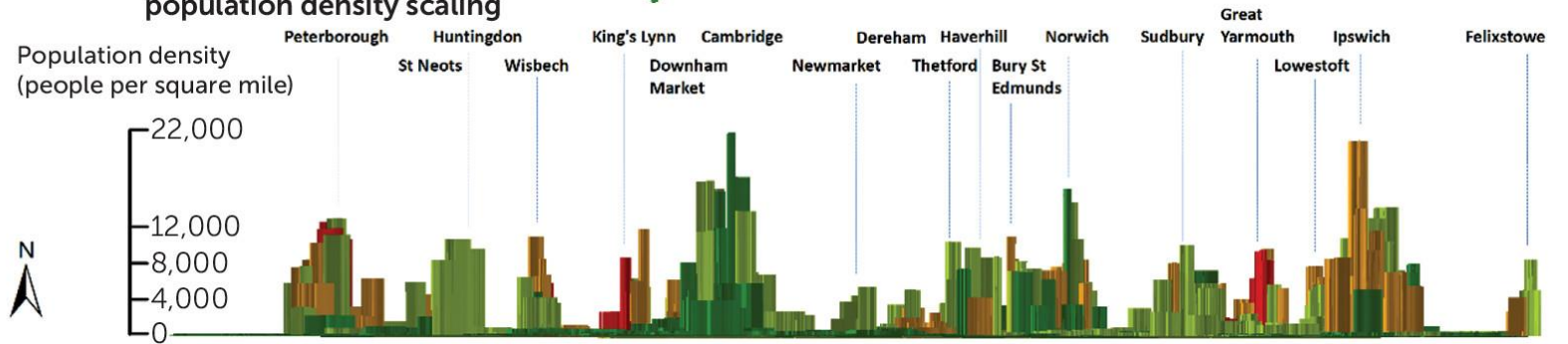
C. Proportion of black and minority ethnic groups (colors), population density (bars)



D. Deprivation (colors), population density (bars)



E. Histogram of (D) to show population density scaling



PsyMaptic

beta

psychiatric mapping translated into innovations for care

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PsyMaptic is a free online prediction tool for healthcare planners, commissioners and other key stakeholders who require accurate and reliable data on the expected incidence (new, clinically-relevant cases per year) of psychotic disorder in England & Wales. The tool gives instant access to the expected incidence of psychotic disorder in different regions of England & Wales, based on their sociodemographic and socioeconomic profile.



PsyMaptic on Twitter

We've updated downloadable #psymaptic psychosis prediction data to include 2009

Implementing the Early Intervention in Psychosis Access and Waiting Time Standard: Guidance

Early Intervention
in Psychosis

NATIONAL
COLLABORATING
CENTRE FOR
MENTAL HEALTH

ORIGINAL PAPER

The over-35s: early intervention in psychosis services entering uncharted territory

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BJPsych Bulletin (2018) Page 1 of 4, doi:10.1192/bjb.2018.28

¹Cambridgeshire and Peterborough NHS Foundation Trust, Cambridge;

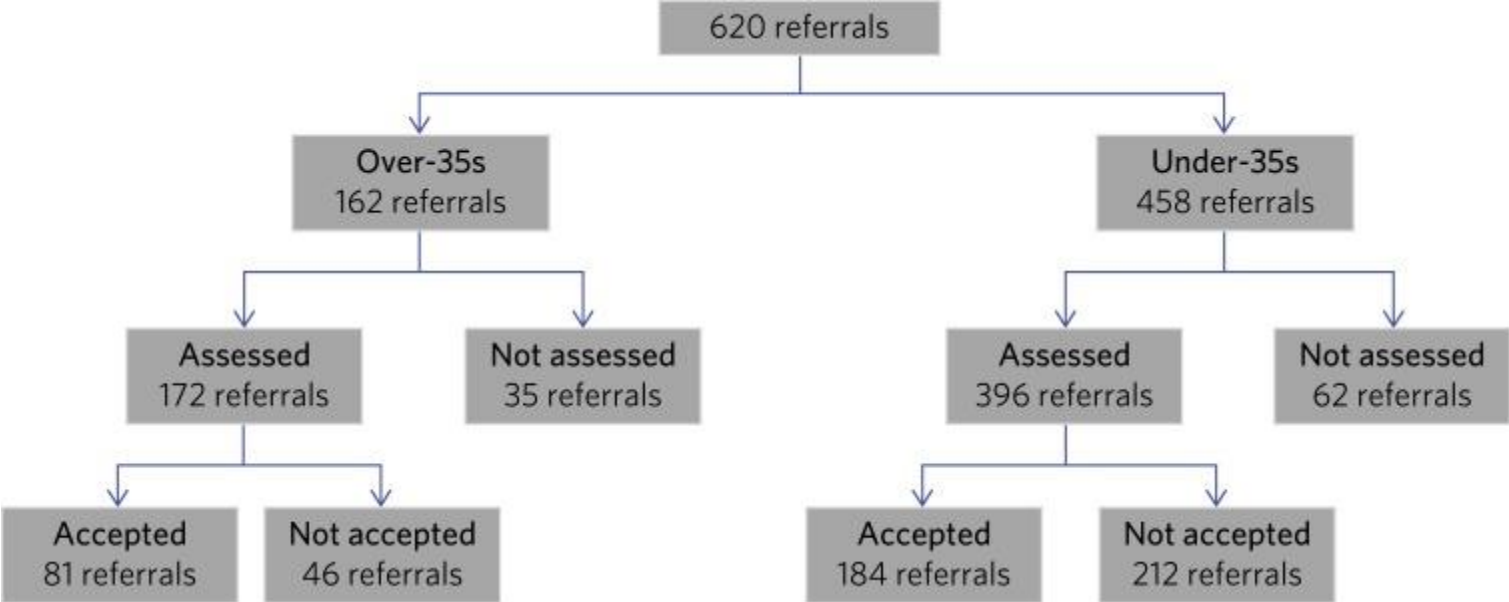
²University of Cambridge, Cambridge;

³University of East Anglia, Norwich

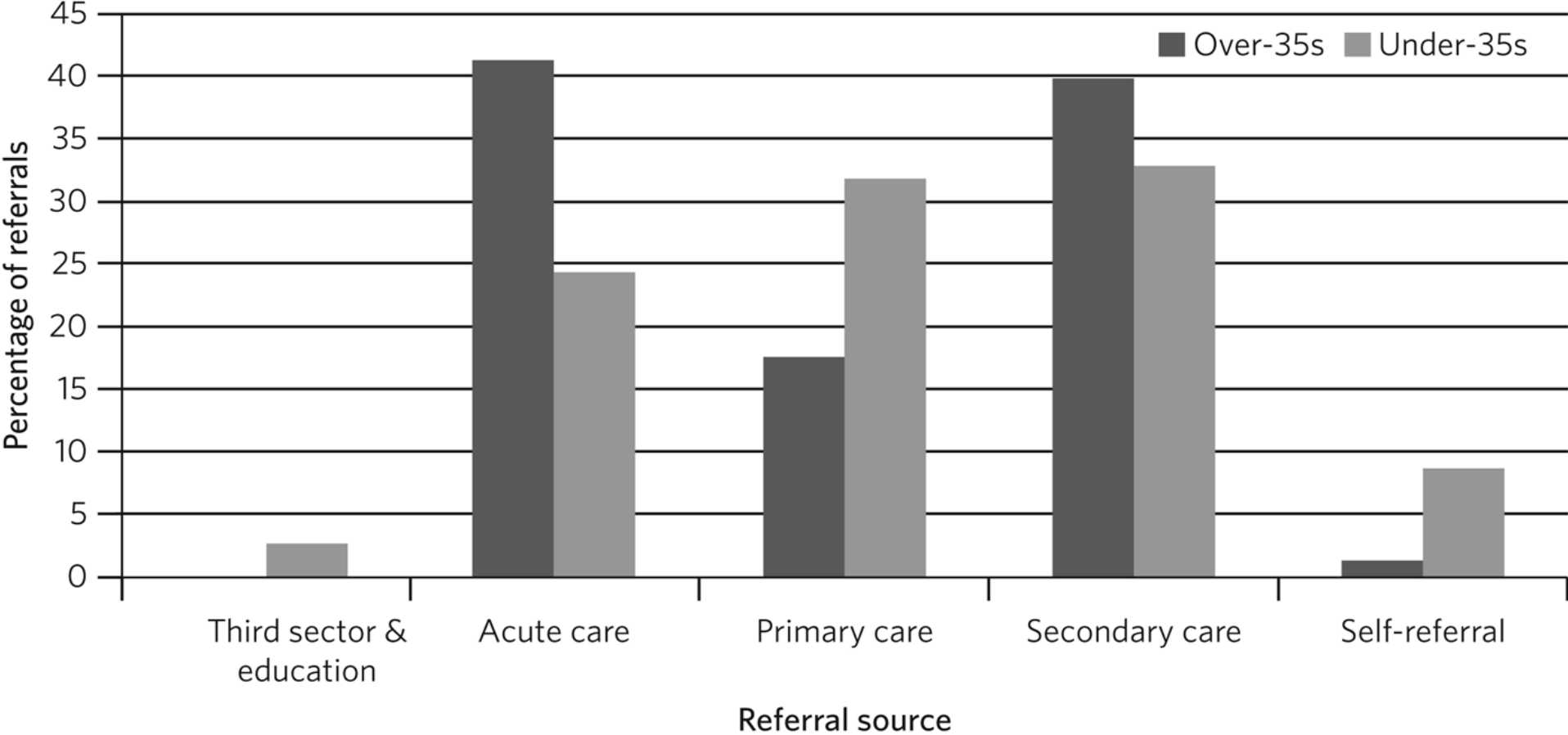
Correspondence to Jesus Perez
(jp440@cam.ac.uk)

Aims and method Following the introduction of new standards for early intervention in psychosis (EIP) in England, EIP services are accepting referrals for people aged 35–65. The Cambridgeshire and Peterborough EIP service (CAMEO) aimed to explore the immediate implications for the service, especially with regards to referral numbers and sources. Data were collected from April 2016 to June 2017.

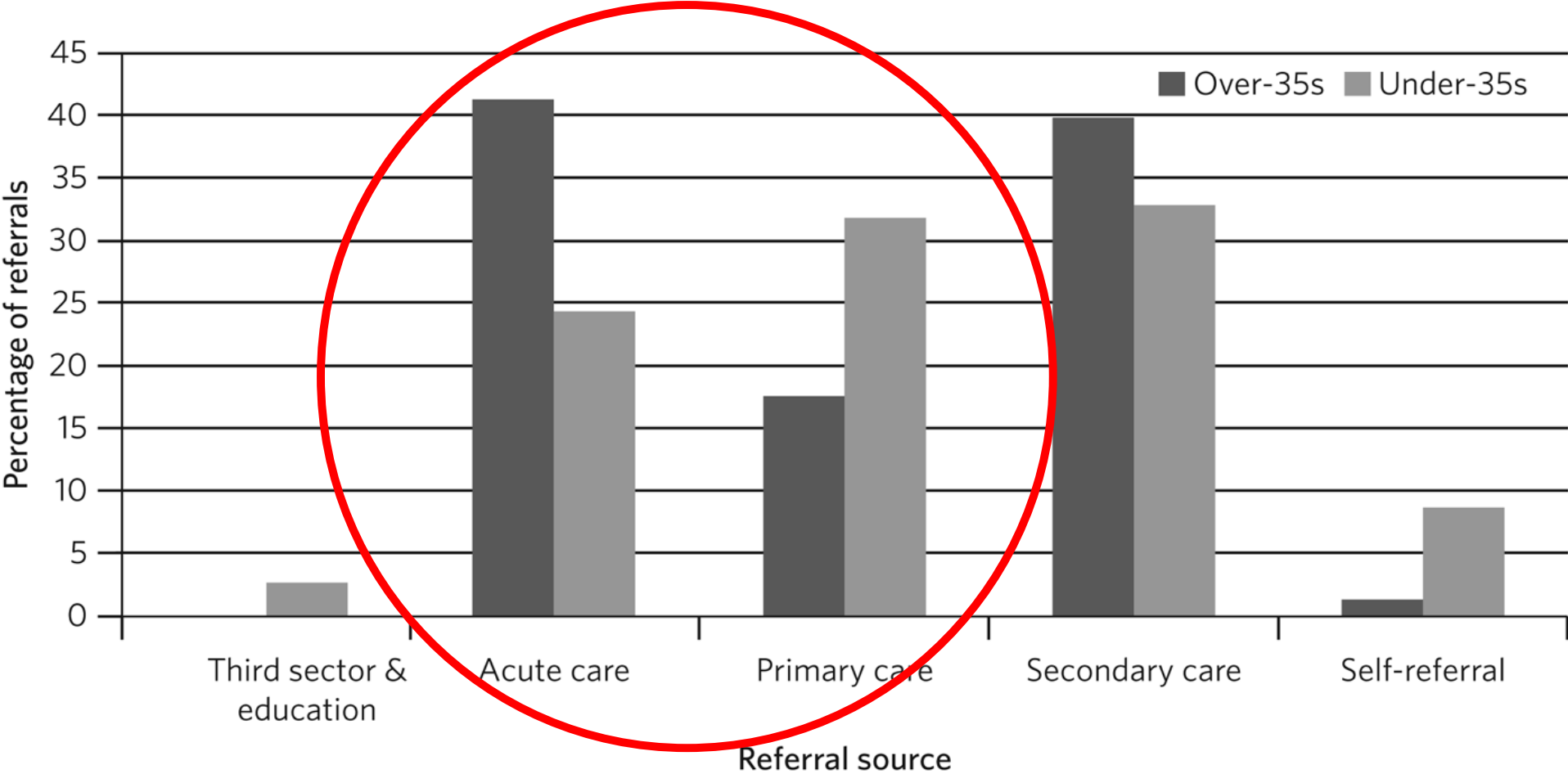
Flow chart for referrals received by CAMEO from April 2016 to June 2017



Referral sources



Referral sources



Early Intervention in Psychosis Treatment Components Utilization in Patients Aged over 35 in comparison with those under 35

Number of contacts

Medical psychiatric =

Medical non-psychiatric =

Psychologists =

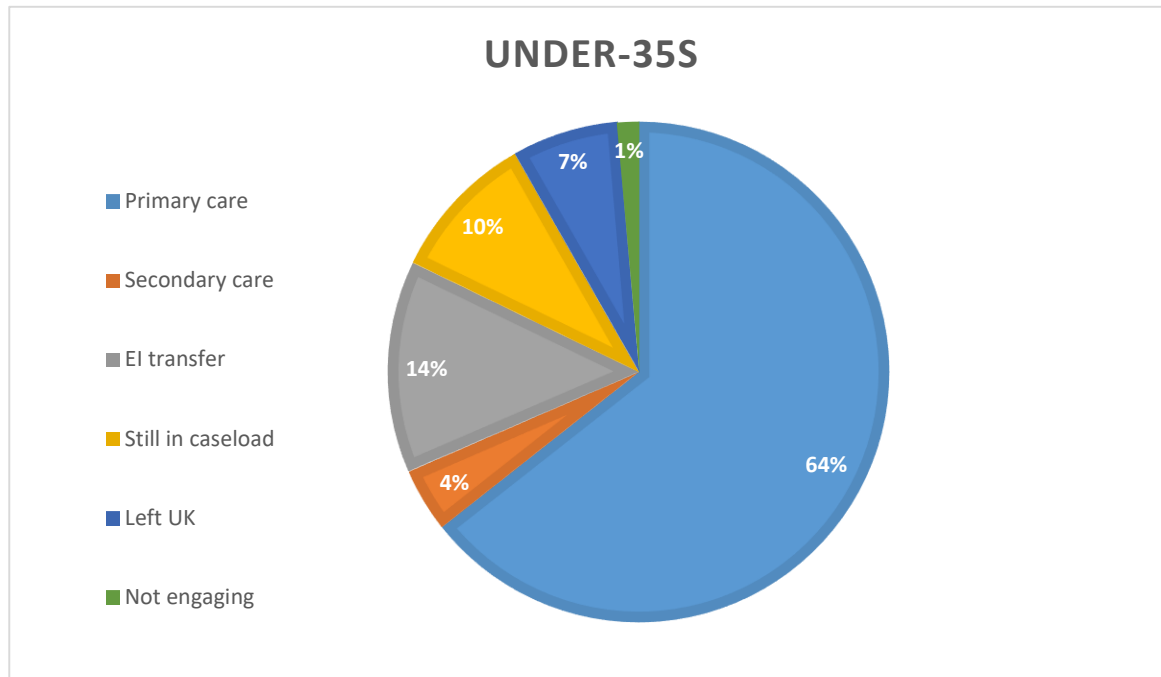
Family work =

Support workers =

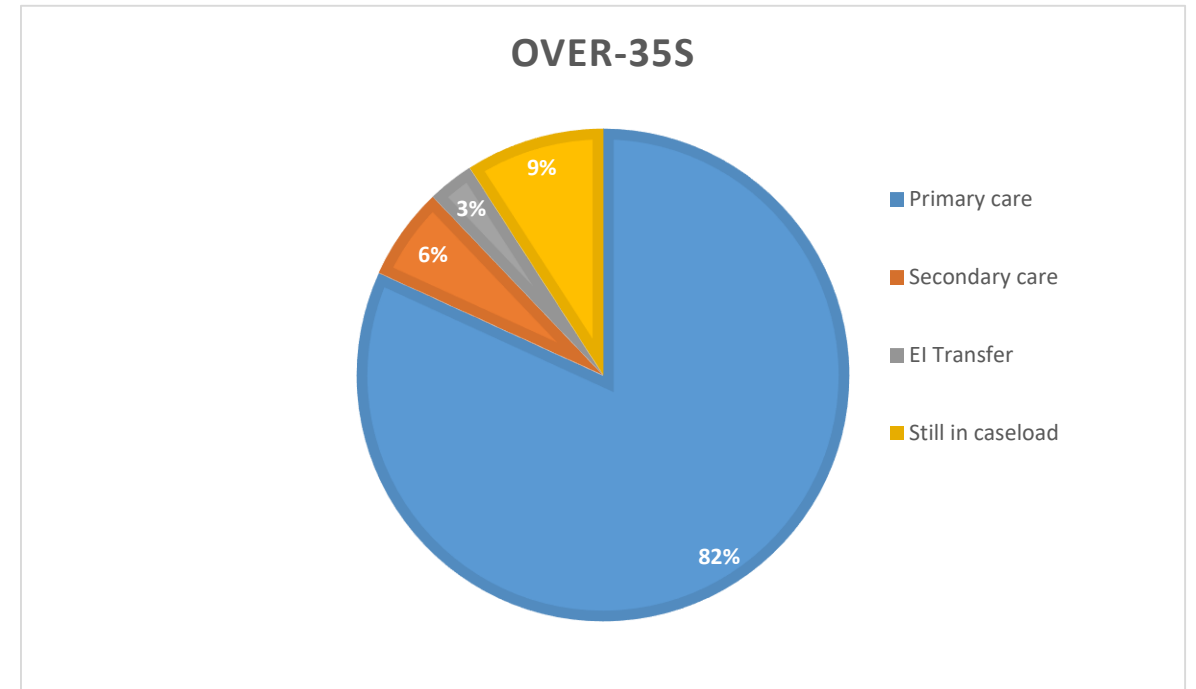
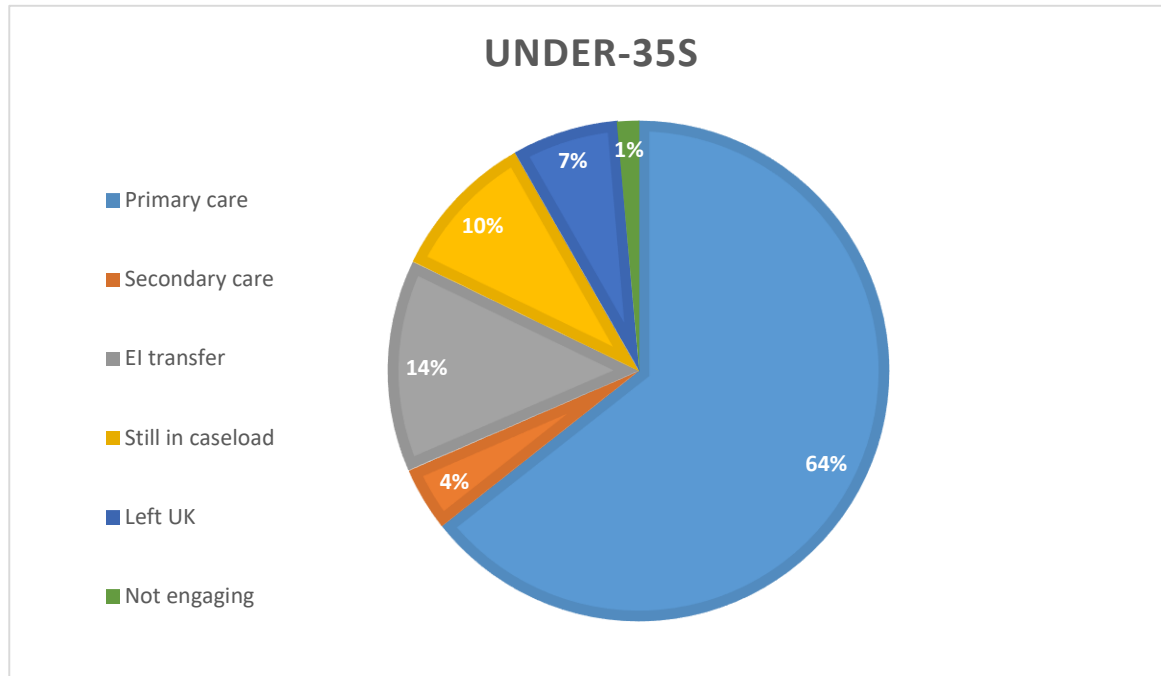
Care coordinators >

Social workers >

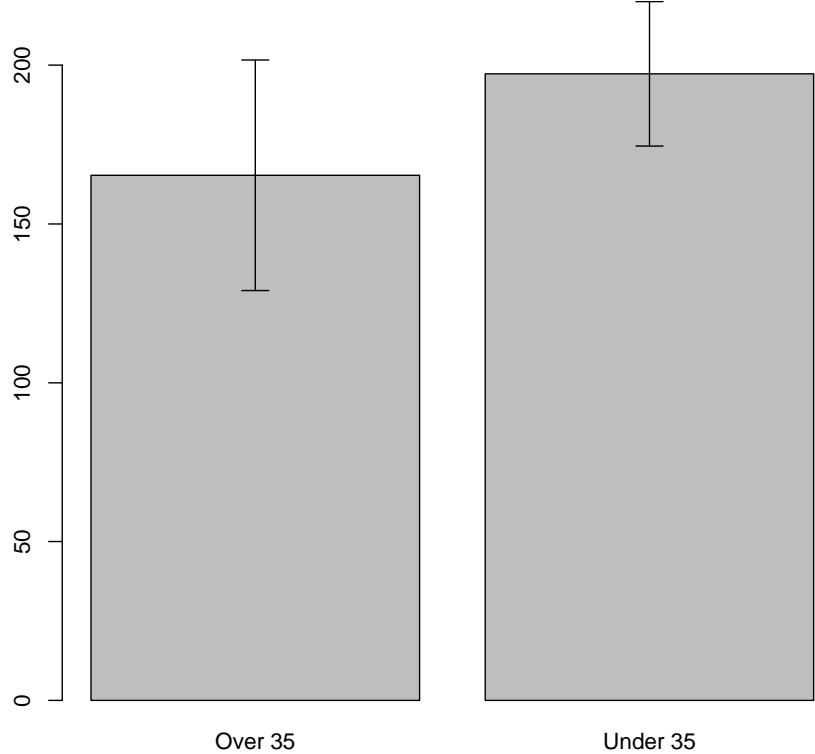
Discharge destinations in patients aged over 35 in comparison with those under 35



Discharge destinations in patients aged over 35 in comparison with those under 35



Length of stay for treatment completers



Let's listen to a walker...