The over-35s: Early Intervention Services Entering Uncharted Territory

Jesus Perez and Lizzie Kenedler
Walker, there is no path, the path is made by walking

Antonio Machado
The NHS Plan
A plan for investment
A plan for reform

Presented to Parliament by the Secretary of State for Health
By command of Her Majesty
July 2000
14.30 Early intervention to reduce the period of untreated psychosis in young people can prevent initial problems, and improve long-term course.

Fifty early intervention teams will therefore be established over the next three years to provide treatment and active support in the community to these young people and their families.

By 2004 all young people who experience a first episode of psychosis, such as schizophrenia, will receive the early and intensive support they need. This will benefit 7,500 young people each year.

NHS Plan (2000)
The American Journal of Psychiatry

The Epidemiology of First-Episode Psychosis in Early Intervention in Psychosis Services: Findings From the Social Epidemiology of Psychoses in East Anglia (SEPEA) Study

Predicting Suicidal Behavior From Longitudinal Electronic Health Records

Patient Expectancy as a Mediator of Placebo Effects in Antidepressant Clinical Trials

ajp.psychiatryonline.org
The over-35s: early intervention in psychosis services entering uncharted territory

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Aims and method  Following the introduction of new standards for early intervention in psychosis (EIP) in England, EIP services are accepting referrals for people aged 35-65. The Cambridgeshire and Peterborough EIP service (CAMEO) aimed to explore the immediate implications for the service, especially with regards to referral numbers and sources. Data were collected from April 2016 to June 2017.
Flow chart for referrals received by CAMEO from April 2016 to June 2017

620 referrals

Over-35s
162 referrals

Assessed
172 referrals

Accepted
81 referrals

Not assessed
35 referrals

Not accepted
46 referrals

Under-35s
458 referrals

Assessed
396 referrals

Accepted
184 referrals

Not accepted
212 referrals

Not assessed
62 referrals

Referral sources

Early Intervention in Psychosis Treatment Components Utilization in Patients Aged over 35 in comparison with those under 35

**Number of contacts**

Medical psychiatric =
Medical non-psychiatric =
Psychologists =
Family work =
Support workers =
Care coordinators >
Social workers >

Discharge destinations in patients aged over 35 in comparison with those under 35

Discharge destinations in patients aged over 35 in comparison with those under 35

Over 35 Under 35
Length of stay for treatment completers

Over 35

Under 35
Let’s listen to a walker…