

# NCAP EIP Spotlight Audit

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NCAP aims to improve the quality of care that people with psychosis receive in relation to 12 key standards highlighted in NICE guidelines. During the first two rounds of the audit, quality of care improved, including:



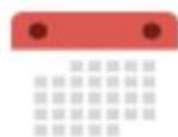
A 14% increase in physical health monitoring (the proportion who received assessment of five cardiovascular risk factors increasing from 29% to 33%)



An increase in the proportion of patients with treatment resistant schizophrenia who were prescribed clozapine (from 60% to 72%)



An increase in number of patients offered CBT from 29% to 45%



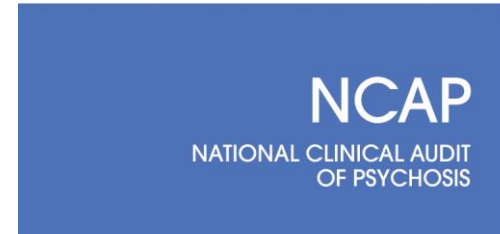
Results of the next round of the audit will be published on **25 June 2018**



At the request of Trusts, we increased the amount of data we collected in this round of the audit. This will enable Trusts to compare quality of care within their organisations as well as compare themselves against national benchmarks.

# EIP sample

- Random sample
- Up to 100 patients per team
- Aged 14 – 65
- On the caseload at census date (*01/02/2018*) for 6+ months



# EIP Audit standards

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- S1\*** Service users with first episode of psychosis start treatment in early intervention in psychosis services within 2 weeks of referral (allocated to, and engaged with, an EIP care coordinator)
- S2** Service users with first episode psychosis take up Cognitive Behavioural Therapy for psychosis (CBTp)
- S3** Service users with first episode psychosis and their families take up Family Interventions
- S4** Service users with first episode psychosis who have not responded adequately to or tolerated treatment with at least 2 antipsychotic drugs are offered clozapine

\* data will not be collected for this standard, the Early Intervention in Psychosis Waiting Times data published by NHS England will be used

# EIP Audit standards cont.

- S5** Service users with first episode psychosis take up supported employment and education programmes
- S6** Service users receive a physical health review annually. This includes the following measures:
  - Smoking status, Alcohol intake, Substance misuse, BMI, Blood pressure, Glucose, Cholesterol
- S7** Service users are offered relevant interventions for their physical health for the following measures:
  - Smoking cessation, Harmful alcohol use, Substance misuse, Weight gain/obesity, Hypertension, Diabetes/ high risk of diabetes, Dyslipidaemia
- S8** Carers take up or are referred to carer-focused education and support programmes

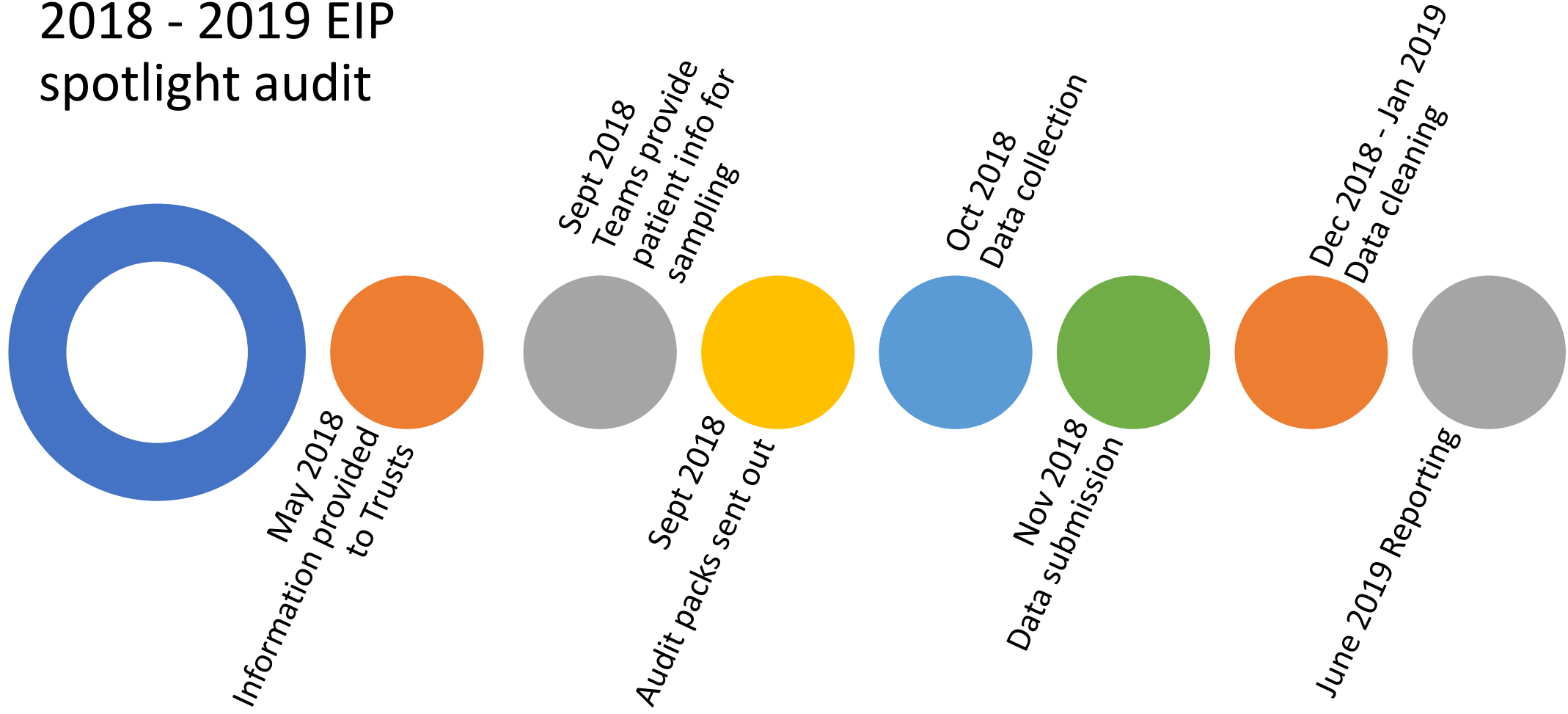
# EIP Audit standards cont.

## Outcome indicator

- I.1** Clinical outcome measurement data for service users (two or more outcome measures from DIALOG, QPR and HoNOS/HoNOSCA) is recorded at least twice (assessment and one other time point)

# Logistics of the audit

## 2018 - 2019 EIP spotlight audit





# Service user survey

- For service users in EIP services
- Adapt the service user survey questionnaire from the 2<sup>nd</sup> round of NAS
- Data collection will take place May – July 2019
- Carer questionnaire?

# Discussion – additional suggested items/topics

- Oral healthcare
- Sexual healthcare
- Medication including
  - polypharmacy
  - high dose prescribing
- At risk mental states
- Suspected psychosis