Early Intervention in Psychosis

Celebrating our success and looking to the future

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NHS England and NHS Improvement
June 2018
NHS at 70: The past, present and future of mental health
The future …

- Psychosis register?
- New Early Intervention worker?
- Longer term care for people with psychosis
# EIP access and waiting time standard

By 2020/21, ensure that “at least 60% of people with first episode psychosis [are] starting treatment with a NICE-recommended package of care with a specialist early intervention in psychosis (EIP) service within two weeks of referral”.

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<tbody>
<tr>
<td>% of people receiving treatment in 2 weeks</td>
<td>50%</td>
<td>50%</td>
<td>53%</td>
<td>56%</td>
<td>60%</td>
<td>UNIFY data collection, Moving to MHSDS as soon as possible</td>
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<thead>
<tr>
<th>Specialist EIP provision in line with NICE recommendations</th>
<th>All services complete baseline self-assessment</th>
<th>All services graded at level 2 by year end</th>
<th>25% of services graded at least level 3 by year end</th>
<th>50% of services graded at least level 3 by year end</th>
<th>60% of services graded at least level 3 by year end</th>
<th>Royal College of Psychiatrists College Centre for Quality Improvement (CCQI) annual quality assessment and improvement scheme.</th>
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www.england.nhs.uk
## Quality grading EIP services

NHS England has provided ratings from Level 1 to Level 4 to help teams to aim for improvements over the next few years.

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<tr>
<th></th>
<th>LEVEL 2</th>
<th>LEVEL 3</th>
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<tbody>
<tr>
<td></td>
<td>Percentage of people accessing EIP service</td>
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<tr>
<td><strong>Timely access</strong></td>
<td></td>
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<tr>
<td>% engaged by care coordinator within 2 weeks</td>
<td>≥25%</td>
<td>≥50%</td>
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<tr>
<td><strong>Effective Treatment</strong></td>
<td></td>
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<tr>
<td>CBTp take up</td>
<td>≥12%</td>
<td>≥24%</td>
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<tr>
<td>Supported employment take up</td>
<td>≥10%</td>
<td>≥20%</td>
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<tr>
<td>FI take up</td>
<td>≥8%</td>
<td>≥16%</td>
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<tr>
<td>Physical health review and interventions</td>
<td>≥70%</td>
<td>≥80%</td>
</tr>
<tr>
<td>Carer focused education</td>
<td>≥25%</td>
<td>≥50%</td>
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<tr>
<td><strong>Well managed service</strong></td>
<td></td>
<td></td>
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<tr>
<td>Two or more outcome measures</td>
<td>≥25%</td>
<td>≥50%</td>
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</table>
World class access standard for EIP

EIP services have always had good access for people and a focus on intervening as early as possible.

As of April 2018, in England 74.4% of people are seen within two weeks.
People taking up CBTp and FI
- In 2017/18 CBTp provision increased to 33.7%
- In 2017/18 FI provision increased to 18.1%

Support and education for carers
- In 2017/18 carers taking up support and education increased to 51%

Supported employment taken up by 22% people

Physical health screening and interventions

Recording and reporting outcomes
What should be our focus going forward?

- ARMS and over 35s
- Continuing to improve the quality of care we offer
- Using QI methodology across teams
- Going further to improve access and the ‘EIP offer’
  - Waiting time target increasing to 60% by 2020/21
  - Working with commissioners to ensure we continue to invest in EIP with focus on quality of treatment
How can NHS England and NHS Improvement help?

- Improve quality and using data effectively
  - Support from the Intensive Support Team
  - IST workshops on flowing data to MHSDS

- Further investment in CBTp and FI courses in 2018/19 academic year

- Clinical leadership
- Mental Health Investment Standard
- Improving physical healthcare
- Investment in employment programmes
Thank you and questions