

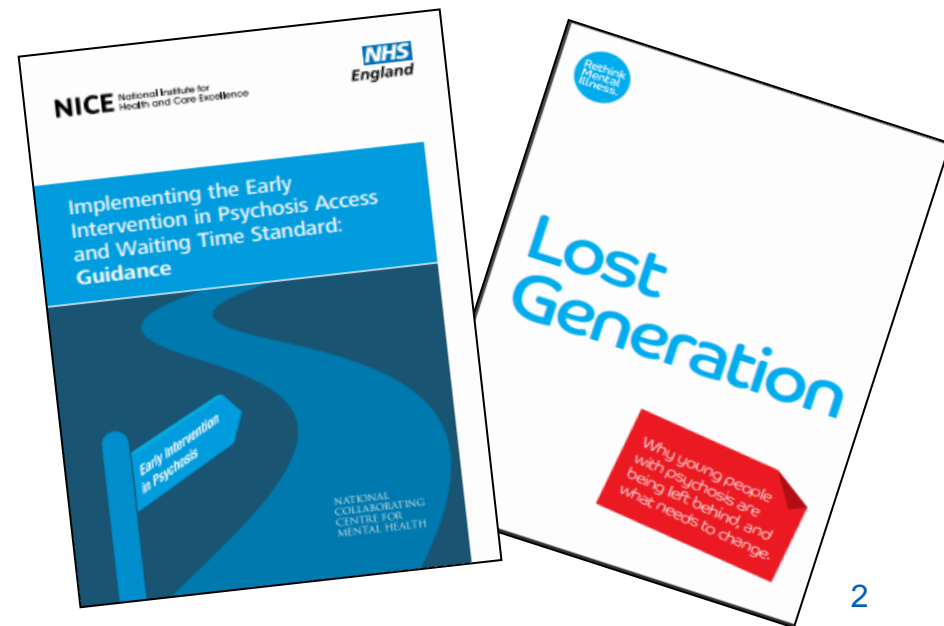
Early Intervention in Psychosis

Celebrating our success and looking to the future

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NHS England and NHS Improvement
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NHS at 70: The past, present and future of mental health



The future ...

- **Psychosis register?**
- **New Early Intervention worker?**
- **Longer term care for people with psychosis**

EIP access and waiting time standard

By 2020/21, ensure that “at least 60% of people with first episode psychosis [are] starting treatment with a NICE-recommended package of care with a specialist early intervention in psychosis (EIP) service within two weeks of referral”.

Early intervention in psychosis standard	2016/17	2017/18	2018/19	2019/20	2020/21	Measured by
% of people receiving treatment in 2 weeks	50%	50%	53%	56%	60%	UNIFY data collection Moving to MHSDS as soon as possible
Specialist EIP provision in line with NICE recommendations	All services complete baseline self-assessment	All services graded at level 2 by year end	25% of services graded at least level 3 by year end	50% of services graded at least level 3 by year end	60% of services graded at least level 3 by year end	Royal College of Psychiatrists College Centre for Quality Improvement (CCQI) annual quality assessment and improvement scheme.

Quality grading EIP services

NHS England has provided ratings from Level 1 to Level 4 to help teams to aim for improvements over the next few years.

	LEVEL 2	LEVEL 3
	Percentage of people accessing EIP service	
Timely access		
% engaged by care coordinator within 2 weeks	≥25%	≥50%
Effective Treatment		
CBTp take up	≥12%	≥24%
Supported employment take up	≥10%	≥20%
FI take up	≥8%	≥16%
Physical health review and interventions	≥70%	≥80%
Carer focused education	≥25%	≥50%
Well managed service		
Two or more outcome measures	≥25%	≥50%

World class access standard for EIP

EIP services have always had good access for people and a focus on intervening as early as possible

As of April 2018, in England 74.4% of people are seen within two weeks



NICE Quality of care

- People taking up CBTp and FI
 - In 2017/18 CBTp provision increased to 33.7%
 - In 2017/18 FI provision increased to 18.1%
- Support and education for carers
 - In 2017/18 carers taking up support and education increased to 51%
- Supported employment taken up by 22% people
- Physical health screening and interventions
- Recording and reporting outcomes

What should be our focus going forward?

- ARMS and over 35s
- Continuing to improve the quality of care we offer
- Using QI methodology across teams
- Going further to improve access and the 'EIP offer'
 - Waiting time target increasing to 60% by 2020/21
 - Working with commissioners to ensure we continue to invest in EIP with focus on quality of treatment

How can NHS England and NHS Improvement help ?

- Improve quality and using data effectively
 - Support from the Intensive Support Team
 - IST workshops on flowing data to MHSDS

- Further investment in CBTp and FI courses in 2018/19 academic year
- Clinical leadership
- Mental Health Investment Standard
- Improving physical healthcare
- Investment in employment programmes

Thank you and questions