



# Early Intervention in Psychosis Network – June 21<sup>st</sup> 2018

## Transfers & Shared care between EIP teams

## What does good look like?



# Background - 1

- **Student mental health is an increasingly prominent issue in the UK**
- **More YP entering further education,**
- **18-25 year olds most vulnerable for FEP or ARMS**
- **Geographical separation of university and family**
- **Other “transitions”**
- **Overseas students with different cultural needs**



## Background 2

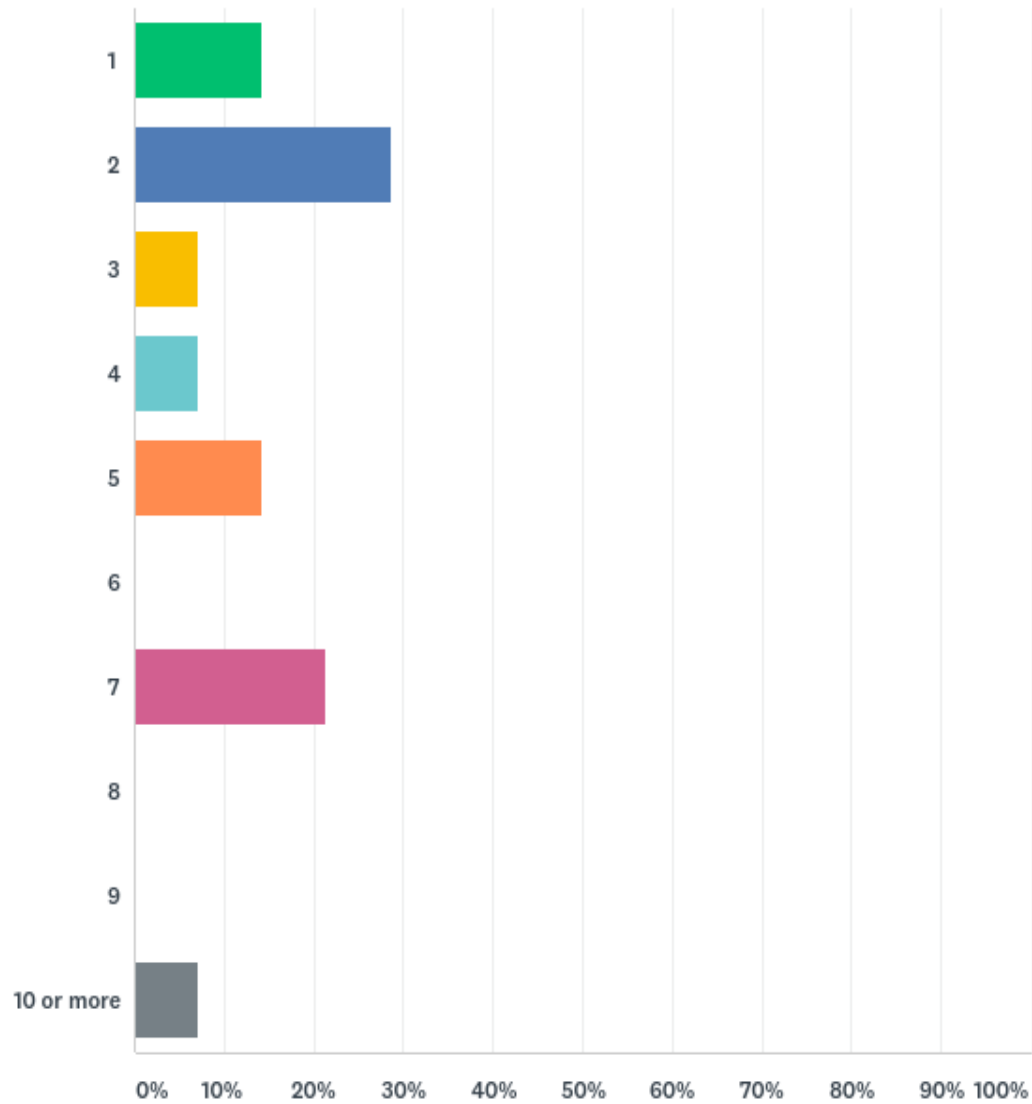
- Service evaluation over 1 year (n=17)
- Examples of good practice (lots!)
- Lack of consistency and planning
- Role confusion, eg: communication with families between “home” & “away” teams
- Absence of specific protocols or guidelines
- Key action to develop guidance in consultation with students & stakeholders



# Consultation

- **Students, Families & Carers, EIP Staff, University staff (sl. differences)**
- **Home/Away/Overseas**
- **Gender, Degree & year**
- **Family involvement**
- **Problems encountered**
- **Good practice**
- **What would help**

## Q2 How many student do you currently have on your caseload?





# Themes from Teams

- Different IT
- Inconsistent delivery of EIP eg: London
- Duplication or absence of information
- Joint working
- Clear Dates for first contact
- Family involvement & family work



# Suggestions

- Shared documents
- Shared protocols
- Joint database
- Keeping cases open to home & away team
- “Passports”
- Consider team strengths home & away
- Skype or use of tech/web-based
- Care plan & contingency plan covers both areas
- Closer working with University services



# Themes - students

- Work in progress – small numbers
- Many did not want any family involvement
- Unified approach
- Use of tech. eg:skype/email
- Better preparation for Uni/access
- Simultaneous updates home & away





Early Intervention in Psychosis

Achieving *Ordinary Lives*



Yorkshire and the Humber  
Clinical Networks

## two new guides from Student minds

<http://www.studentminds.org.uk/transitions.html>





# EIP Student Shared Care Survey

- For Students:
- <https://www.surveymonkey.co.uk/r/7LTJN92>
- For EIP Teams:
- <https://www.surveymonkey.com/r/5CS8WGQ>
- For Carers & families:
- <https://www.surveymonkey.co.uk/r/GWHP3SC>
- For University Staff
- <https://www.surveymonkey.co.uk/r/TKDRCP3>