Early Intervention in Psychosis Network – June 21\textsuperscript{st} 2018

Transfers & Shared care between EIP teams

What does good look like?

Steve Wright - TEWV
Background - 1

• Student mental health is an increasingly prominent issue in the UK
• More YP entering further education,
• 18-25 year olds most vulnerable for FEP or ARMS
• Geographical separation of university and family
• Other “transitions”
• Overseas students with different cultural needs
Background 2

- Service evaluation over 1 year (n=17)
- Examples of good practice (lots!)
- Lack of consistency and planning
- Role confusion, eg: communication with families between “home” & “away” teams
- Absence of specific protocols or guidelines
- Key action to develop guidance in consultation with students & stakeholders
Consultation

- Students, Families & Carers, EIP Staff, University staff (sl. differences)
- Home/Away/Overseas
- Gender, Degree & year
- Family involvement
- Problems encountered
- Good practice
- What would help
Q2 How many students do you currently have on your caseload?
Themes from Teams

- Different IT
- Inconsistent delivery of EIP eg: London
- Duplication or absence of information
- Joint working
- Clear Dates for first contact
- Family involvement & family work
Suggestions

- Shared documents
- Shared protocols
- Joint database
- Keeping cases open to home & away team
- “Passports”
- Consider team strengths home & away
- Skype or use of tech/web-based
- Care plan & contingency plan covers both areas
- Closer working with University services
Themes - students

• Work in progress – small numbers
• Many did not want any family involvement
• Unified approach
• Use of tech. eg: skype/email
• Better preparation for Uni/access
• Simultaneous updates home & away
two new guides from Student minds
http://www.studentminds.org.uk/transitions.html
EIP Student Shared Care Survey

• For Students:
  • https://www.surveymonkey.co.uk/r/7LTJN92

• For EIP Teams:
  • https://www.surveymonkey.com/r/5CS8WGQ

• For Carers & families:
  • https://www.surveymonkey.co.uk/r/GWHP3SC

• For University Staff
  • https://www.surveymonkey.co.uk/r/TKDRCP3