

Workforce- Training for Early Intervention in Psychosis (EIP) Services

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Meeting the Access and Waiting time Standard (AWTs)

From 1 April 2016;

- More than 50% of people experiencing First Episode Psychosis (FEP) will access Early Intervention Services (EIS) within two weeks of referral.
- And be treated with a NICE-approved care package

Both the maximum waiting time from referral to treatment and access to NICE-recommended care must be met for the standard to have been achieved.

Workforce

- Investment from NHSE through CCGs to increase staff numbers
- National Collaborating Centre for Mental Health (NCCMH) – Developed implementation guidance
- Regional preparedness teams- assessed local needs, supported implementation of the standard and on-going local training
- CCQI- Self- assessment and Quality Improvement
- £5-6m investment for workforce education and training by HEE in 2015/16

Planning and delivery -training

- Baseline audit for an overview of national psychological therapies provision and gaps
- Created a national workforce advisory group
- Established a Memorandum of Understanding (MoU) with regional teams to support commissioning and delivery of identified local training needs.
- Psychological therapies demand data was established nationally

Training Activities-Quality Statement 1

Referral to Early Intervention in Psychosis Service

- GP postcards with local EIP service details
- Training videos and materials developed for primary care
- Training in Positive and Negative Syndrome Scale (PANNS)
- Comprehensive Assessment of At-Risk Mental States (CAARMS) training including train the trainer
- 115 service users to engage in the Hoax project- aimed at reducing public and self stigma

Training Activities-Quality Statement 2

Cognitive Behavioural Therapy

Region	Workshops	Supervisor	Top-up	PGDip
North	21	29	30	27
South	30	15	17 + 1*	30+2*
London	28	18	38	20
Midlands and East	18	21	36	13
Totals	97	83	121+1*	90

*Independent sector provider

Training Activities-Quality Statement 3

Family Intervention

- Overall 549 practitioners were trained with 14 training as trainers- This comprised:
- Various members of the MDT
- Other practitioners providing EI eg. CAMHS, CMHT

Training Activities-Quality Statement 4

Treatment with Clozapine

- Development of prescribing guidelines for General Psychiatrists (adult)
- Medicines Optimisation e-learning course
<https://www.cppe.ac.uk/programmes/l/medicinesopt-e-01/>

Training Activities-Quality Statement 5

Supported Employment Programmes- IPS

- Employment Specialist workers accessing IPS training
- Establishing and Supporting Vocational workers network
- Supervision and support for implementation of employment training

Training Activities-Quality Statement 6

Assessing Physical Health

- Training- Physical Health Monitoring for Mental Health Professionals
http://www.hpft.nhs.uk/_uploads/documents/wellbeing/physical-health-training-programme-with-uoh.pdf
- In-house physical health check training course
 - Awareness of impact of mental health on physical health
 - Improved confidence in carrying out physical health checks
 - Supporting patients to self-manage long term physical conditions
 - Ability to conduct an effective medication review
- Physical health and well-being conferences

Training Activities-Quality Statement 7

Promoting Healthy Eating, Physical Activity and smoking Cessation

- Smoking Cessation Training- National Centre for smoking cessation
<http://www.ncsct.co.uk/>
- In-house training -Supporting patients to achieve a healthy lifestyle, including referrals to suitable services

Training Activities-Quality Statement 8

Carer focussed education and support

- Provision of carer information leaflets in a range of languages
 - Carer focussed training
 - Design of Five Things to Know Postcards & Posters
 - Printing Five Things to Know Postcards & Posters
 - What is Psychosis Video Animation
 - EIP Videos
 - Caring for People with Psychosis Online Course
- <https://www.futurelearn.com/courses/caring-psychosis-schizophrenia>

Pre and Post Training Support / activities

- Sustainability and Leadership workshops
- Post training supervision for FI
- Masterclasses or workshops for clinical leaders/ managers in implementing psychological therapies
- Further FI training to Masters level
- Presentation and celebration events

Impact of Training -Practitioners

- Development of new skills and refinement of existing skills
- Networking with other EI practitioners
- Increased confidence
- Starting new groups-psychoeducation for carers
- New ways of working- starting a multi-family groups meeting
- Appetite for more training in Family Intervention
- Obtaining academic credits

Impact of Training –Service users/ Carers

- More services users having access to evidence-based interventions
- “This is what we have been waiting for, for 15 years”

What next?

- Ongoing local, regional and national support for training and implementation
- The development of CBTp accreditation will continue to be supported
- HEE will carry on working with regional teams through to support local training and activities.
- Exploring the development of level-appropriate EIP module
 - Train the wider mental health system on EIP specific issues
 - Induction of new staff
 - Introductory course for EIP advanced level training
- Free electronic resources

Thank you

Questions



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