

Quality Network for Eating Disorders Annual Forum 2026

Peer Support

#QEDPeerSupport

Wednesday 8 July 2026; 9:30 – 16:00 Via Zoom

[Register here!](#)

9:30 – 9:40	<p style="text-align: center;">Welcome</p> <p style="text-align: center;"><i>Emma Hagerty, Clinical Lead & QED Advisory Group Chair, Jessica Grandin, QED Patient Representative</i></p>
9:40 – 10:00	<p style="text-align: center;">Project Update</p> <p style="text-align: center;"><i>Leyla Ury, QED Programme Manager, Nicole McCarthy, QED Deputy Programme Manager, & Eden Breslauer-Friedman, QED Project Officer</i></p>
10:00 – 10:40	<p style="text-align: center;">Leveraging Routine Outcome Measurement Through the Eating Disorders Clinical Research Network (EDCRN) to Support Effective Peer Support Interventions.</p> <p style="text-align: center;"><i>Anna Carnegie, Research Fellow - Eating Disorders Research Manager, NIHR Maudsley Biomedical Research Centre at South London and Maudsley NHS Foundation Trust & King's College London & Jessica Griffiths, Deputy Curriculum Lead, Eating Disorder Services for Adults, South London and Maudsley NHS Foundation Trust</i></p>
10:40 – 11:20	<p style="text-align: center;">Development and Findings from the Implementation of Peer Support in Adult Eating Disorders Service</p> <p style="text-align: center;"><i>Sana Bryant, Peer Support Worker, Eating Disorders Service & Lyndsey Golding, Peer Support Worker, Eating Disorders Service – The Barberry Birmingham and Solihull Mental Health NHS Foundation Trust</i></p>
11:20 – 11:30	<p style="text-align: center;">Break</p>
11:30 – 12:10	<p style="text-align: center;">Angles Morts: Seeing the Whole Person in Eating Disorder Treatment</p> <p style="text-align: center;"><i>Rebecca Doidge, Senior Peer Support Worker, Vincent Square Eating Disorder Service, Central and North West London NHS Foundation Trust</i></p>

12:10 – 12:50	Lunch
12:50 – 13:30	<p>Walking Alongside Recovery: The Impact of Peer Support in an Adult Eating Disorders Service <i>Sarah Atkins, Peer Support Worker & Laura Pettitt, Specialist Clinical Psychologist, Adult Eating Disorders Outpatient Service, South West London & St George's Mental Health NHS Trust</i></p>
13:30 – 14:10	<p>Developing a Carer Peer Support Worker Role Across an Adult ED Service: Co-Production, Implementation, and Early Impact <i>Esther Greaney, Senior Peer Support Worker, Eleanor O'Connell, Carer Peer Support Worker, Angela Brookes, Operational Lead, & Emily Elson, Professional Lead for Lived Experience, Midlands Partnership University NHS Foundation Trust Adult Eating Disorders</i></p>
14:10 – 14:20	Break
14:20 – 15:00	Panel Discussion Space
15:00 – 15:40	<p>From Surviving to Thriving: A Story of Rewriting the Stars, Defying Gravity, and Learning We Can Write Our Own Story <i>Rhiannon Rennie-Morgan, Peer Support Worker, Specialist Eating Disorder Service, Aneurin Bevan University Health Board</i></p>
15:40 – 16:00	Reflections & Close