

## ECTAS and NALNECT Joint Forum 2026

### Improving the experience of ECT

Wednesday 10 June 2026

MS Teams

Chair: Raja Badrakalimuthu (AM), Mandy Tate (PM)

<b>10.00</b> 15 minutes	<b>Chair's Welcome</b> <i>Raja Badrakalimuthu, Consultant Psychiatrist, Surrey and Borders Partnership Trust and ECTAS Advisory Group Chair</i>
<b>10.15</b> 15 minutes	<b>ECTAS Update</b> <i>Miranda Fern, Deputy Programme Manager, ECTAS, Royal College of Psychiatrists</i>
<b>10.30</b> 15 minutes	<b>NALNECT Update</b> <i>Olivia Dean, NALNECT Deputy Chair, Clinic Manager, Hafan Y Coed ECT Clinic, Cardiff and Vale University Health Board</i>
<b>10.45</b> 15 minutes	<b>A Survey of Patients' Experience of ECT</b> <i>George Kirov, Consultant Psychiatrist and Sophia Swaffield, Deputy Clinic Manager, Hafan Y Coed ECT Clinic, Cardiff and Vale University Health Board</i>
<b>11.00</b> 15 minutes	<b>A Patient's Perspective</b> <i>Max Jewell – recorded presentation</i>
<b>11.15</b>	<b>Break</b>
<b>11.30</b> 30 minutes	<b>A Carers' Perspective</b> <i>Neil Kinlay, Carer Representative, ECTAS, Royal College of Psychiatrists</i>
<b>12.00</b> 20 minutes	<b>Using MS Teams, automation and advanced Excel to improve the scheduling of patients on ECT and IV Ketamine services</b> <i>Sandra Ng, Nurse Clinician, Neurostimulation Services, Institute of Mental Health, Singapore</i>
<b>12.20</b> 20 minutes	<b>Developing a My ECT Journey patient resource</b> <i>Paul Richards, Deputy Clinic Manager, Bodmin ECT Clinic, Cornwall Partnership NHS Foundation Trust</i>
<b>12.40</b>	<b>Lunch</b>
<b>1.20</b> 30 minutes	<b>ECT after acute vertebral fracture</b> <i>Martha Finnegan, Consultant Psychiatrist, Tallaght University Hospital, HSE Dublin and Midlands Region and Matthew McMorro, Psychiatric Registrar, HSE Inclusion Mental Health, HSE Dublin and Midlands Region</i>
<b>1.50</b> 25 minutes	<b>A clinical case of post-ECT tardive seizures</b> <i>Basavaraja Papanna, Consultant Psychiatrist, The Lakes ECT Clinic, Essex Partnership University NHS Foundation Trust and Jaspreet Sidana, Consultant Anaesthetist, Colchester General Hospital, East Suffolk and North Essex NHS Foundation Trust</i>
<b>2.15</b> 30 minutes	<b>Waves of Hope: Sharing our stories of ECT</b> <i>Jan Giles and Lucy Jenkinson, Patient Representatives, ECTAS, Royal College of Psychiatrists</i>
<b>2.45</b>	<b>Break</b>

<b>2.55</b> 20 minutes	<b>ECTAS Dataset Update</b> <i>Richard Braithwaite, Honorary Assistant Professor, Worthing ECT Suite, Sussex Partnership NHS Foundation Trust</i>
<b>3.15</b> 15 minutes	<b>ECT Discharge Summaries</b> <i>Yetunde Abiodun, Neuromodulation Matron, Essex Partnership University NHS Trust</i>
<b>3.30</b> 15 minutes	<b>Barry Reynolds Awards</b> <i>Kay Fisher, NALNECT Deputy Chair, Clinic Manager &amp; ODP, Grafton Treatment Centre, Herefordshire and Worcestershire NHS Foundation Trust</i>
<b>3.45</b> 15 minutes	<b>Chair's Closing Remarks</b> <i>Mandy Tate, NALNECT Chair, ECT Lead, Hampshire and Isle of Wight NHS Foundation Trust</i>
<b>4.00</b>	<b>Close</b>

### **Poster presentations**

Wotton Lawn ECT Clinic: Progress Update

*Olga Edirisurya, ECT Clinic Manager & Jim Laidlaw, Consultant Psychiatrist, Wotton Lawn Hospital ECT Clinic, Gloucestershire Health and Care NHS Foundation Trust*