

## BLOG- INVOLVEMENT

***Each one of us can make a difference.***

***Together we make change.***



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As the caption suggests, we are better together, stronger together, everyone is supported when we are all involved and at this Covid-19 time we actually need each other. It's okay to be frightened because none of us has faced these challenges before, will I be okay? Will my family and friends be okay? How can I help myself and others? Things are starting to ease off now in terms of restrictions being placed upon us all but hopefully we all stayed in, stayed apart and isolated where necessary because never more so have we all been in this together no matter what role we fulfill.

The real superheroes are everyone who is involved in doing the right thing, helping others whilst staying safe and generally by taking on different roles within the AP or whatever environment they may find themselves in. Think about the changes and adaptations that have been implemented to keep you and others safe but still trying to keep you involved in the life of your community, taking decisions with you and explaining the rational behind it. Some members of staff will be working from home while some residents may also be shielding within the house, think how we keep them involved, updated and safe in order that we all come through this period in the best possible shape.



Finally consider this quote from Henry Ford: -

*"Coming together is a beginning; Keeping together is progress; Working together is success"*

