

# 4 | Development

There are opportunities and support for self-development and growth

An enabling environment is one which achieves the tricky balance of keeping people safe but giving them the freedom to develop to their potential. Being able to try new things and do something you have never done before helps us grow and step out of our comfort zone.

This crisis has given us all so much opportunity for this. We are being pushed beyond our comfort zones frequently at the moment, and we need support and encouragement for this to feel ok and become good learning and new skills for the future.

Managing the risk of the virus in positive and inclusive ways, learning from each other, sharing good practice and supporting each other, will help us all grow.

