

# 7 | Structure

## ***Examples***

Having a structured environment and a regular routine, timetable, or rota means everyone knows what they are doing and can feel safe. This standard is also about opportunities for everybody to spend informal time together too.

- Ty Newydd AP in North Wales, wanted to find some activities they could all do, to involve everyone and stay connected to the other APs. Staff and residents in each AP completed laps of the grounds, and at the end of the week, they compared which AP had walked the furthest.

This gave residents something safe and healthy to do, walking around the gardens in pairs, while keeping distance, and it helped keep the links between the APs. Senior management agreed to give a prize to the winning AP, as an incentive, and to show their support.