

“Co production values and principles in liaison person centred assessment and beyond”

Steph de la Haye

Peer Consultant, Researcher & Trainer

PLAN Expert by Experience Assessor

SCIE Co-production Network

Advisor - National Collaborating Centre Mental Health /Royal College of Psychiatrists/NHS England /NHSI/CQC



Your Mission , if you choose to

Accept it?

is to...Collaborate & Co Produce !

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Radical Roots of Co production

Phrased and discussed during the 1960's and 70's

Elinor Ostrom used the term at Indiana University on receipt of the Nobel Prize, which came as a surprise to many. (2009)

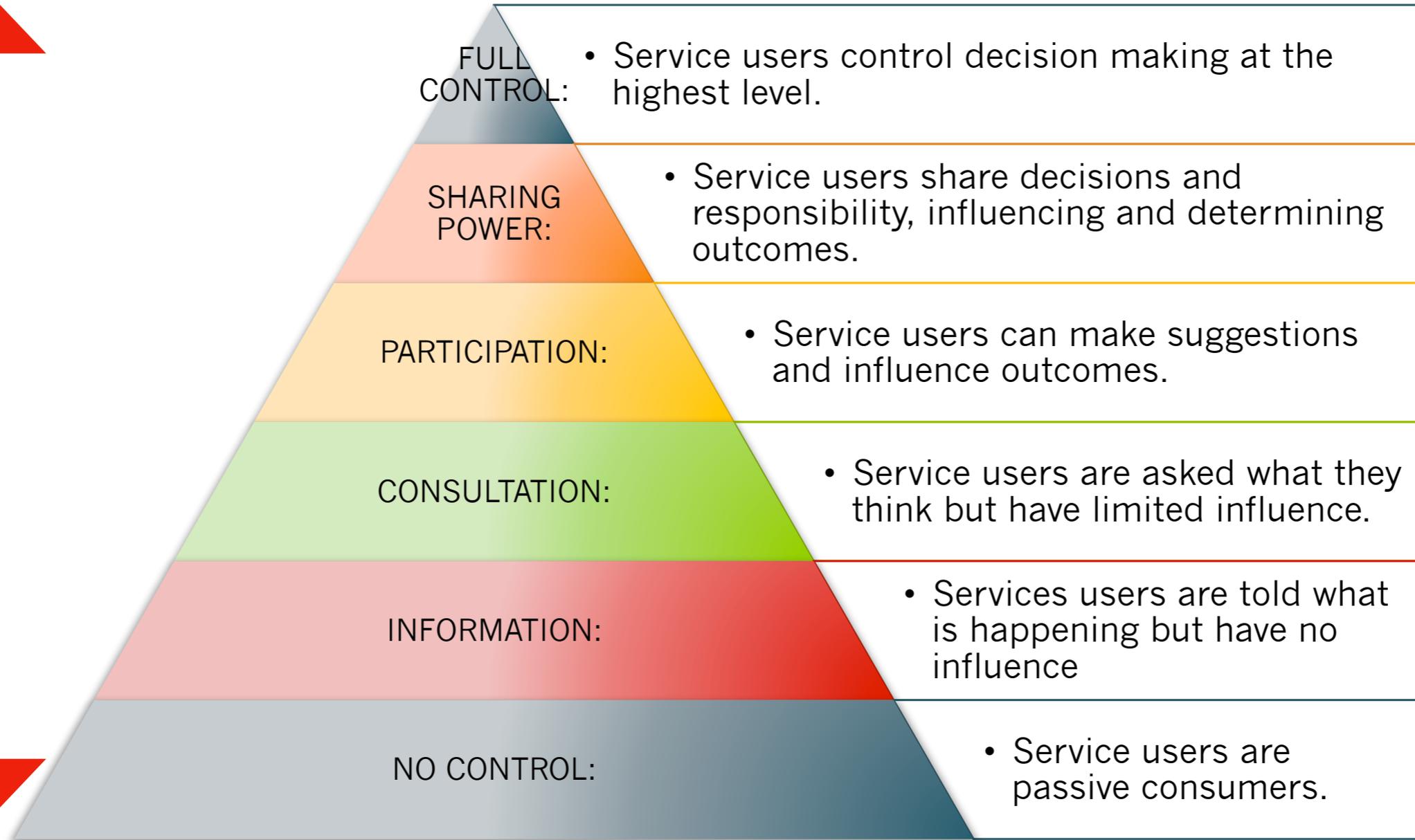
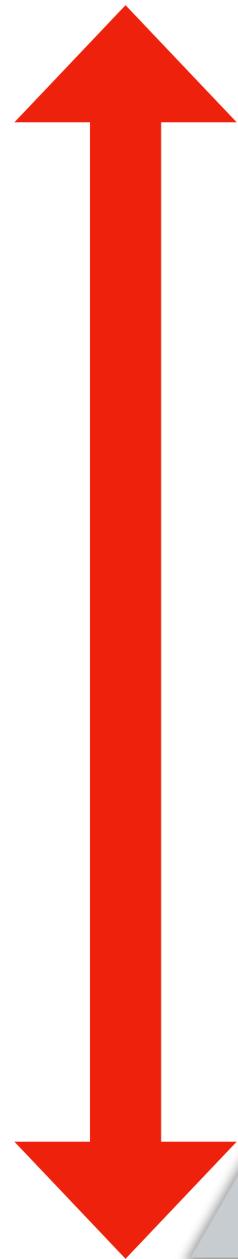
Co-production was taken further by Professor **Edgar Cahn**, a US civil rights lawyer and speechwriter for Robert Kennedy (2000)

The key words are “equal” “reciprocal” and “agents of change”.
It is not a synonym for public engagement, service user involvement or consultation

Alison Cameron

The “Power” continuum

More power



Less power

(Arnstein, Sherry R. "A Ladder of Citizen Participation," Journal of the [American Planning Association](#),

Defining co-production



‘Co-production is a relationship where professionals and citizens share power to plan and deliver support together, recognising that both partners have vital contributions to make in order to improve quality of life for people and communities’.

Co-production critical friends group, 2012

‘No More Throwaway People’: ‘The transformation of power and control’

- Co-production has the potential to alter *‘the conventional distinctions between producers and consumers, professionals and clients, providers and recipients, givers and takers’*
- *‘hell-raising is a critical part of co-production’*
(Cahn 2008)



D. Mello's Co-production equation

$$E + P = C$$

Bring what we know and the best we have to offer

Working together as equals, celebrating each other's expertise

With the objective of producing something

Expertise

Partnership

Creation

Augusto D. Mello in partnership with Look Ahead Housing and Care

Co-production challenge

The power of the psychiatric paradigm

- *‘They couldn’t see how their well-funded services run by experts squeezed the resourcefulness out of mad people, their families and their communities’*

(O’Hagan, 2014)

- *‘Their processing in the psychiatric system is related not only to them being seen as defective, but also frequently dissident, non-conformist and different in their values’*

(Beresford, 2009)

Her world orbits around doctors. Psychic tension rules her universe.

Her mother’s obvious preference for her older sister has always rankled this patient. The deaths of her father and husband accentuated her alienation and hostility. Hypochondriasis is the way she discorns her conflicts.

While you gradually turn her away from somatic concerns and guide her through old, hidden problem areas, you can ease her undue psychic tension with Valium® (diazepam).

Valium 10-mg tablets *q.i.d.* can help most psychoneurotic patients undergoing severe psychic tension and apprehension with or without associated depressive symptoms. The fourth tablet taken at bedtime, can combat anxiety-induced sleeplessness. For less severe tension states, Valium 5-mg tablets *t.i.d.* or *q.i.d.* may be adequate. Drowsiness, fatigue and ataxia are the most commonly reported side effects. Tailor the dosage to the individual—a procedure facilitated by the three convenient tablet strengths.

For hypochondriacs—and many other types of psychoneurotic patients walled in by situational stress—Valium, by relieving psychic tension, may prove itself a useful adjunct to your healing skills.

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Slide nicked from Dr Sarah Carr!

Co-Production Core Values

- **Power & Control:** Ensuring that key organisations such as mental health services share decision-making and resource allocation at every level with people who use services
- **Reciprocity:** Building mutually rewarding and relationships between individuals, groups, services and organisations to mutual benefit
- **An asset perspective:** Building on the strengths, resources, achievements, hopes and aspirations of individual people who use services

Values

- Respect
- Equality
- Understanding
- Honesty
- Being genuine
- Commitment
- Courage
- Sharing experiences
- Reciprocity – people give something and get something back
- Partnership
- Openness (and ability to accommodate emotions and negative feedback)
- Supported
- Fairness
- Compassion towards others
- Competence
- Recognition and utilisation of everyone's expertise
- Recognition of contributions and time

(NCCMH co production team)

Components of an initial crisis assessment

1. What are the immediate concerns of the person in crisis or the referrer? (These need to be mutually agreed and addressed in the plan of care)

2. What is already known from:

- Electronic records
- Discussion with care coordinator or other colleagues
- Reference to any existing plan
- Discussion with the carer or family members about past scenarios, if available and applicable

These tasks are more manageable during office hours, but may be difficult out of hours when access to information is limited

1. Face-to-face assessment to include:

- History (what is possible and proportionate when a person is very unwell; it is probably not necessary to take a detailed family history)
- Examination – of mental state and physical state, if needed
- Ability to engage and capacity to consent to the plan
- Risk to self and/or others

1. Corroborative history or information (as appropriate) from:

- Carer
 - Relative or significant other
 - GP
 - Existing care team
-
- Formulation to include:
 - Plan – mutual agreement or negotiation, including mitigating steps to take in the short-term (based on available data)
 - Rationale – clear evidence of clinical decision-making
 - Contingency plan – what to do if engagement is a challenge.

Dissensus

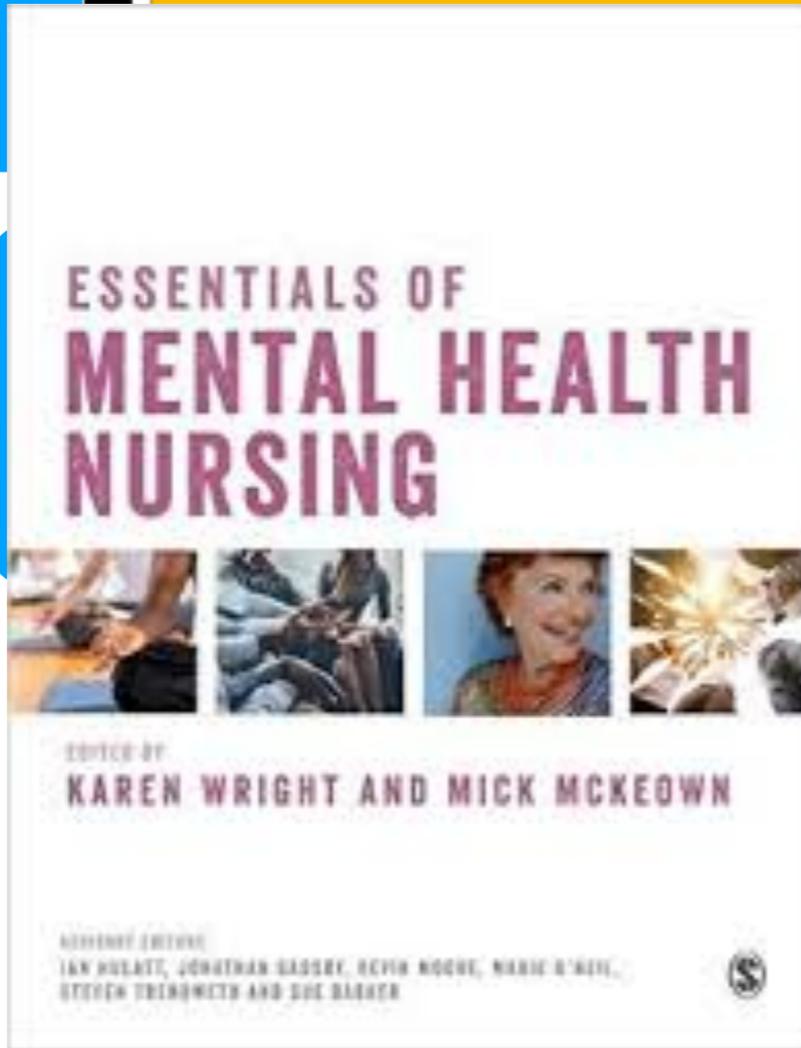
- Dissensus, is a values-based form of co-produced decision making where every voice is heard
- Where disagreements as well as agreements are 'held in play' and a balanced solution reached



Co-Production 6 years on !

Peers Co produce big
to DH

SO what does the future look like ?



ance abstracts
an ; research proposal
018 -advocacy topic group
.....??



HA Book

Peers Co produce
research & publish



Tools which can be used



Peer led research

ReTHINK-Co production tool kit

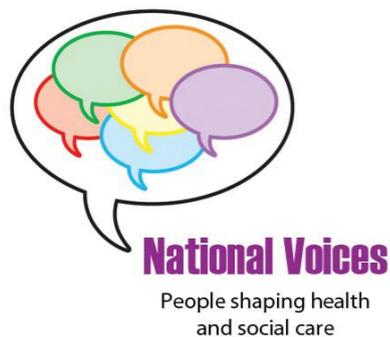
Co-production audit and self reflection tools

SCIE <https://www.scie.org.uk>

Co-production practitioners' website

www.coproductionnetwork.com

Where are we now-and the future?





ANY QUESTIONS ?

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