

Towards independence and wellbeing



Share - where everyone matters

4th May 2017



Who are we?

- ❁ Over 40 years of service to disabled people in SW London (set up 1972)
- ❁ Choice, independence, skills, wellbeing
- ❁ Raising and achieving goals and potential
- ❁ Respect, compassion, kindness
- ❁ Everyone has something to offer others



Passionate about....

- ❁ Supporting our students to be healthier
- ❁ Combatting health inequalities
- ❁ Helping people to feel happier
- ❁ Teaching people the skills they need – including digital skills
- ❁ Brilliant services for autistic people
- ❁ Joining up services
- ❁ Helping people to achieve their dreams



Who do we work with?

- ✿ Anyone who needs support to make choices and live independently because of disability
- ✿ Anyone who needs specialist support in order to learn
- ✿ Anyone with a learning disability who wants to get out and about at evenings and weekends
- ✿ Any *Wandsworth* resident who's experienced serious mental illness and wants to get back to work

Our main programme

- ☀️ Life skills
- ☀️ Catering and food hygiene
- ☀️ Functional skills (English and Maths)
- ☀️ Digital skills – and ambitious digital inclusion programme
- ☀️ Horticulture and gardening

All of these courses are accredited





NO GLASS TO BE
PUT IN THE
FRIDGE

Go Anywhere, Do Anything



 Share

Go Anywhere, Do Anything

- ✿ Make the most of London sports, arts, cultural and leisure opportunities
- ✿ Matching people with learning disabilities with volunteer social buddies
- ✿ Evenings and weekends – and staying out late!
- ✿ Enjoying life – safely.

We also offer...

- ✿ Arts and crafts
- ✿ Boccia and other sports
- ✿ Creative writing
- ✿ Healthy cooking and eating
- ✿ Music and musicianship
- ✿ Yoga, tai chi, qi gong
- ✿ Zumba

What makes us different?

- ✿ We start with wellbeing
- ✿ We focus on what people can do
- ✿ We'll help you to set your goals and meet them using the Outcomes Star
- ✿ We're working for accreditation as centre of excellence for autism
- ✿ We focus on solutions, not problems
- ✿ We work closely with your circles of support



How it all comes together...



Success stories

- ❁ SC – we helped her get voluntary work at Southbank Centre. Now she's a paid and permanent member of staff
- ❁ RS – came as a shy trainee. Now helps to run the kitchen
- ❁ 36 people with serious mental health problems back to work
- ❁ And so many more!

But independence isn't always easy....

- ❁ Cuts in health and social services leaving more people without support
- ❁ People have more complex needs
- ❁ Ageing and people with learning disabilities
- ❁ Sourcing or creating work opportunities
- ❁ People face major health challenges
- ❁ Life is messy at the best of times....

What would you do?





Share Thank You

