

Freshers Young Onset Cafés

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What are Freshers Young Onset Cafés?



About us



Why is there a need for Freshers Cafés?

- Existing services are aimed at older people
- Younger people are impacted differently
- A tailored support network
- Not "medical"



Locations

- Fresh Café, Saint Anne's
- The Tramway, Cleveleys
- Beaverbrook House, Blackpool
- The Dukes, Lancaster
- Brewery Arts Centre, Kendal



Looking to the future

- Increase the support available for people living with young onset neurological conditions
- Continue to expand the number of Freshers Cafés
- Support people to be actively involved in research
- Encourage more people to attend



How would I set up a Freshers Café?

- Find a venue that is easy to access with a welcoming environment
 - No funding/money required
 - Useful to have a main 'Coordinator'
 - Reach out to people
- ...It's easy!



How we can support you

- We will supply you with templates for posters and flyers
- Advertising on our website and social media
- Advice when required
- We can help you contact the various organisations who can 'signpost' people to your group



Get in touch

Visit our website: fresherscafes.wixsite.com/youngonset



www.facebook.com/freshersyoungonsetcafes



@FreshersCafes



Thank you!

ANY QUESTIONS?