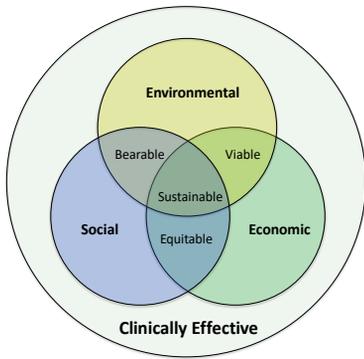


Sustainable Memory Services

Daniel Maughan

RCPsych Associate Registrar for Sustainability
Consultant Psychiatrist, Oxford Health NHSFT
Medical Lead Oxford Healthcare Improvement

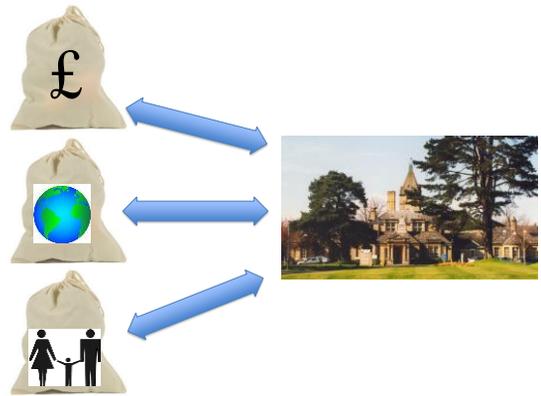


What is Sustainability?

The capacity for something to endure despite potential constraints

“Sustainable healthcare is about ensuring we provide good quality health care today without compromising the ability of future generations to provide good quality health care.”

CENTRE for
SUSTAINABLE
HEALTHCARE



A new 'lens'

Sustainability is a new lens to 'future proof mental health services'



$$\text{Value} = \frac{\text{Patient outcomes}}{\text{Costs}}$$

↓

**Economic
Environmental
Social**

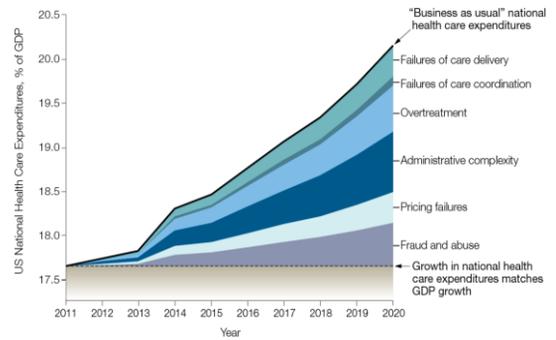
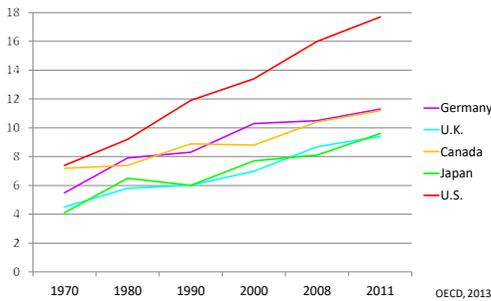
Economic sustainability

- Providing the most cost-effective improvement to the mental health of the whole community
- The impact that mental illness has on the economy



CENTRE for SUSTAINABLE HEALTHCARE

Total health expenditures as percentage of gross domestic product (1970-2011)



Socially Sustainable health care

Societal level

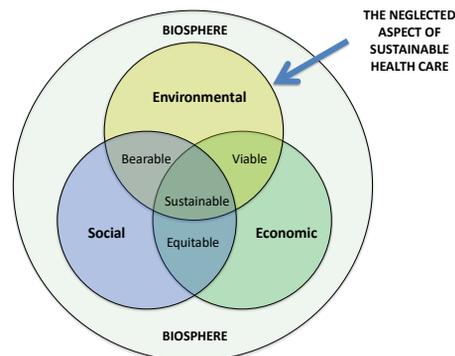
- Ensuring social acceptability of mental health services and interventions

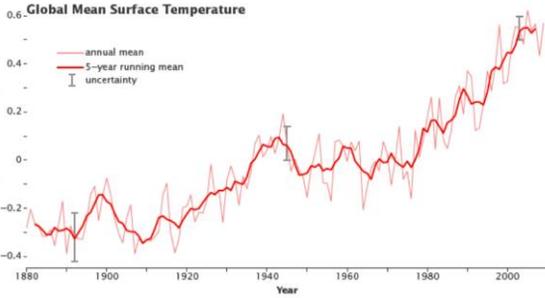
Community level:

- Restoring the social capital in the community that is lost because of mental illness

Service level:

- Ensuring that there is adequate social resource to run services - staff

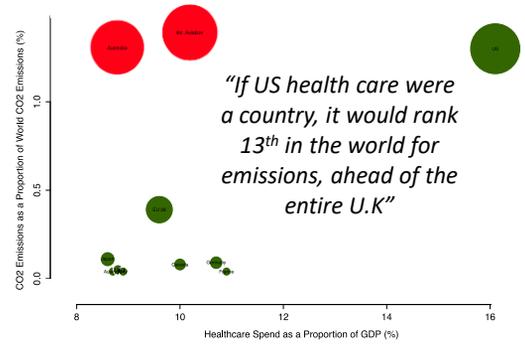
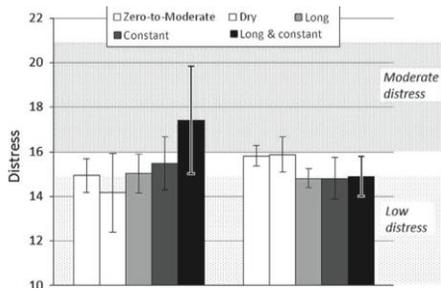




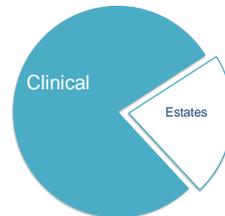
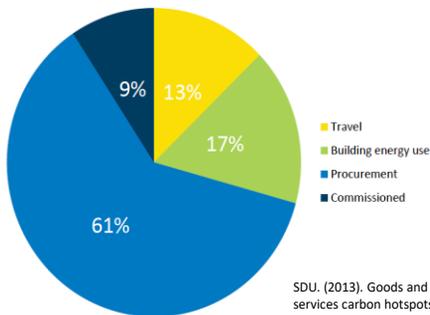
Climate change and mental health

- The WHO and the Lancet Commission state that climate change is the largest threat to human health in the 21st Century
 - Increased prevalence of mental disorder after natural disaster
 - Reduced provision for those with pre-existing mental illness
 - Effects of heat on mental health & mentally ill
 - Increased infectious disease outbreaks

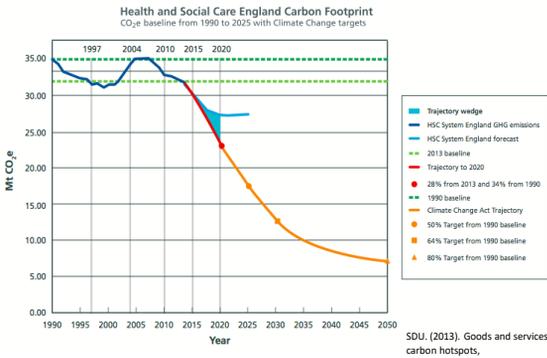
The effects of drought



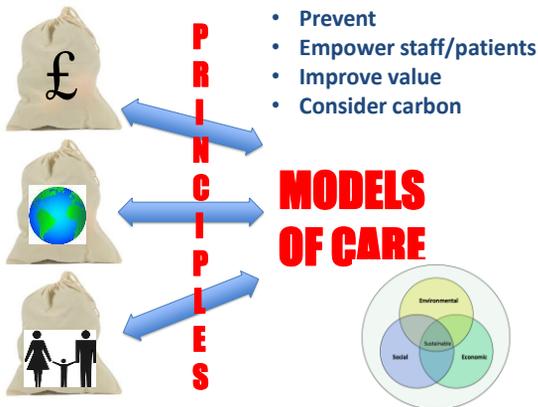
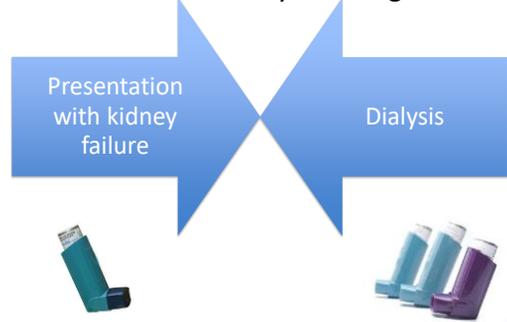
NHS carbon footprint breakdown 2012



Climate Change Act 2008



Specialty specific sustainability challenge



Sustainability in CCQI

- The standards promote sustainability
- We have mapped sustainability principles onto criteria in each CCQI standard
- Accredited services that meet 90% of the mapped criteria are presented with a Sustainability Commendation

Examples

| Criteria | Sustainability Principle |
|---|-------------------------------------|
| The memory service provides education on the prevention of dementia within the local community | Prevention |
| People with dementia attend and contribute to local and service level meetings and committees | Empowering service users and carers |
| Front-line staff members are involved in key decisions about the service provided | Staff Empowerment |
| People with dementia are offered evidence based pharmacological and psychological interventions and any exceptions are documented in the case notes | Improving Value |
| Everyone is able to access the service using public transport or transport provided by the service | Consider Carbon |



Thank you

“The future depends on what you do today.”
— Mahatma Gandhi