



## YoungDementia UK

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YoungDementia UK



## Young onset dementia resources



## YoungDementia UK – Sheffield

**'I came with absolutely nothing and I am leaving with friends. Today has been momentous.'**

- Sheffield-based peer support group for people affected by young onset
- Different activities each month
- Started in January 2019
- The first group had 17 people attend



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### Why was the Young Dementia Network created?



#### Young Dementia Network Steering group

- People living young onset dementia
- Family members
- Clinicians – psychiatrists, psychologists
- Experienced dementia researchers
- Senior representatives from
  - Alzheimer’s Society
  - Alzheimer’s Research UK
  - DEEP
  - Dementia UK
  - Journal of Dementia Care
  - The Good Care Group
  - YoungDementia UK

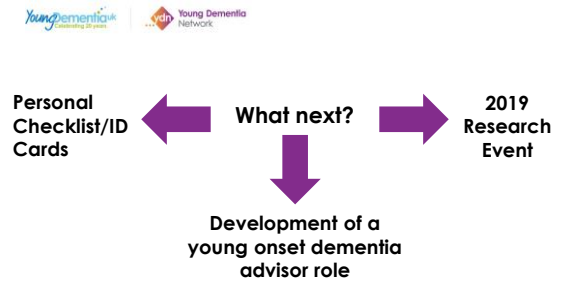
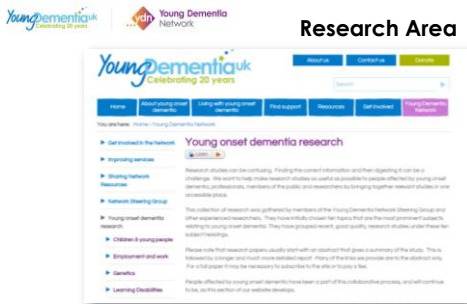
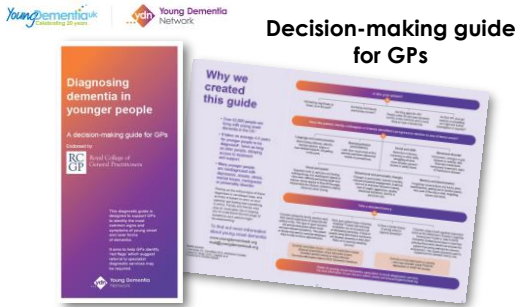


### The Wider Network



### The Workstreams

- Improving diagnosis & post-diagnostic support
- Research
- Understanding & awareness





### What action can you take?

- Join the Young Dementia Network
- Promote and utilise the young onset dementia resources
- When you hear the word 'dementia' – think 'young onset'
- Include young onset dementia within your training
- Feed back to us [network@youngdementiauk.org](mailto:network@youngdementiauk.org)



### Join us

[www.youngdementiauk.org/young-dementia-network](http://www.youngdementiauk.org/young-dementia-network)



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