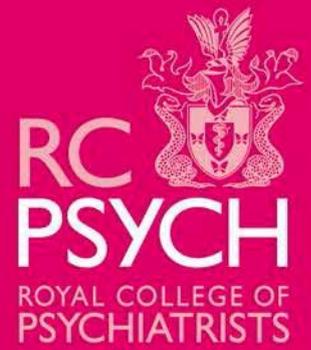


PERINATAL
QUALITY NETWORK FOR PERINATAL
MENTAL HEALTH SERVICES



Standards for Inpatient Perinatal Mental Health Services

Seventh Edition | Glossary

Term	Definition
Advance directive	A set of written instructions that a person gives that specify what actions should be taken for their health if they are no longer able to make decisions due to illness or incapacity.
Advocacy service	A service which seeks to ensure that patients are able to speak out, to express their views and defend their rights.
CPA	A Care Programme Approach is a package of care that is used by secondary mental health service. A CPA includes a care plan and someone to coordinate your care. A CPA aims to support a patient's mental health recovery by helping them to understand their strengths, goals, support needs and difficulties.
Care plan	A systematic way of looking at the potential risks that may be associated with a particular activity or situation.
Clinical outcome measurement data	Clinical outcomes are measurable changes in health, function or quality of life that result from our care. Clinical outcomes can be measured by activity data such as re-admissions, or by agreed scales and others forms of measurement.
Clinical/professional supervision	A regular meeting between a staff member and their clinical supervisor. A clinical supervisor's key duties are to monitor employees' work with patients and to maintain ethical and professional standards in clinical practice.
Community meeting	A meeting of patients and staff members which is held on the ward.
Co-produced	Refers to engaging and communicating with the service user and their family members (where appropriate) in the development of their care plan to ensure that support is person-centred.
European Working Time Directive	Initiative designed to prevent employers requiring their workforce to work excessively long hours, with implications for health and safety.
Experts by experience	People who have personal experience of using or caring for someone who uses health, mental health and/or social care services.
Line management supervision	Supervision involving issues relating to the job description or the workplace. A managerial supervisor's key duties are; prioritising workloads, monitoring work and work performance, sharing information relevant to work, clarifying task boundaries and identifying training and development needs.

Locked door policy	Policy stipulating reasons why doors to a ward/unit may be locked. A locked door situation is where the ward/unit door is locked by a key or other means (swipe card) and access to or from the unit is only possible by request to a nurse. Patients therefore have no means of leaving the ward independent of a request to nursing staff.
Mental Health Act	A law under which people can be admitted or kept in hospital, or treated against their wishes, if this is in their best interests or for the safety of themselves or others.
Mental Health Capacity Act	A law which is designed to protect and empower individuals who may lack the mental capacity to make their own decisions about their care and treatment.
PRN medication	Medicines that are taken 'as needed'. "PRN" is a Latin term that standard for "pro re nata" which means "as the thing is needed".
Peer support worker	A peer support worker is someone who explicitly draws upon and shares their own experiences of using mental health services in order to inform others in similar situations and support them in finding their own path to recovery.
Personal development plan	An action plan that helps to identify learning and development needs to help an individual in their job role or progress in their career.
Preceptor	A preceptor is an experienced and competent member of staff in a relevant profession who serves as a role model and point person to a newly employed member of staff.
Quality improvement	The systematic use of methods and tools to try to continuously improve quality of care and outcomes for patients.
Reflective practice	The ability for people to be able to reflect on their own actions and the actions of others to engage in continuous learning and development.
Risk assessment	A systematic way of looking at the potential risks that may be associated with a particular activity or situation.
Safeguarding	Protecting people's health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect.
Statutory carer's assessment	An assessment that looks at how caring affects a carer's life, including for example physical, mental and emotional needs, the support they may need and whether they are able or willing to carry on caring.
Untoward incident	Any event, incident, occurrence or accident, which could have or did lead to unintended harm, loss or damage to a patient, visitor or

	member of staff or hospital property.
--	---------------------------------------