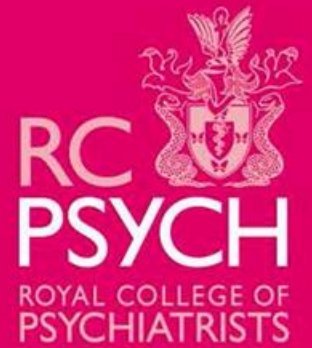


**PERINATAL**  
QUALITY NETWORK FOR PERINATAL  
MENTAL HEALTH SERVICES



# **Standards for Community Perinatal Mental Health Services**

Fifth Edition | Glossary

<b>Term</b>	<b>Definition</b>
Advance directive	A set of written instructions that a person gives that specify what actions should be taken for their health if they are no longer able to make decisions due to illness or incapacity.
Care plan	A systematic way of looking at the potential risks that may be associated with a particular activity or situation.
Clinical outcome measurement data	Clinical outcomes are measurable changes in health, function or quality of life that result from our care. Clinical outcomes can be measured by activity data such as re-admissions, or by agreed scales and others forms of measurement.
Clinical/professional supervision	A regular meeting between a staff member and their clinical supervisor. A clinical supervisor's key duties are to monitor employees' work with patients and to maintain ethical and professional standards in clinical practice.
Co-produced	Refers to engaging and communicating with the service user and their family members (where appropriate) in the development of their care plan to ensure that support is person-centred.
European Working Time Directive	Initiative designed to prevent employers requiring their workforce to work excessively long hours, with implications for health and safety.
Experts by experience	People who have personal experience of using or caring for someone who uses health, mental health and/or social care services.
Joint working protocol	Sets out detailed working arrangements to support other organisations, including what they can expect from each other, how work will be managed and commitments to consultations and involving others in work.
Line management supervision	Supervision involving issues relating to the job description or the workplace. A managerial supervisor's key duties are; prioritising workloads, monitoring work and work performance, sharing information relevant to work, clarifying task boundaries and identifying training and development needs.
Mental Health Act	A law under which people can be admitted or kept in hospital, or treated against their wishes, if this is in their best interests or for the safety of themselves or others.
Peer support worker	A peer support worker is someone who explicitly draws upon and shares their own experiences of using mental health services in order to inform others in similar situations

	and support them in finding their own path to recovery.
Personal development plan	An action plan that helps to identify learning and development needs to help an individual in their job role or progress in their career.
Quality improvement	The systematic use of methods and tools to try to continuously improve quality of care and outcomes for patients.
Regional perinatal clinical network	A network that supports the development of perinatal services by raising the profile of perinatal mental health, sharing good practice, and providing a source of expertise for commissioners, providers and clinicians.
Risk assessment	A systematic way of looking at the potential risks that may be associated with a particular activity or situation.
Safeguarding	Protecting people's health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect.
Shared-decision making	Shared decision making ensures that individuals are supported to make decisions that are right for them. It is a collaborative process through which a clinician supports a patient to reach a decision about their treatment.
Statutory carers' assessment	An assessment that looks at how caring affects a carer's life, including for example physical, mental and emotional needs, the support they may need and whether they are able or willing to carry on caring.