

# Quality Network for Psychiatric Intensive Care Units Annual Forum

Monday 02 March 2026

Royal College of Psychiatrists, 21 Prescot Street, London, E1 8BB



**PICU**  
QUALITY NETWORK  
FOR PSYCHIATRIC  
INTENSIVE CARE UNITS

## Programme

- 09:30 Registration and Refreshments**  
*Join us for refreshments before the event starts and some early networking. Admittance to the event is restricted to the registration period and within the allocated breaks.*
- 10:00 Welcome and introduction**  
*Dr Mehtab Rahman, Chair of the QNPICU Accreditation Committee*
- 10:10 Updates from the Network**  
*Kelly Rodriguez, Programme Manager, Maisie Webster, Deputy Programme Manager, Hannah Moore, Patient Representative, and Dino Patel, Carer Representative, QNPICU*
- 10:40 Changing Perspectives Through Co-Production**  
*Laura Sheridan, Group Head of Carer and Service User Engagement, Raf Hamaizia, Expert by Experience Lead, and Julian de Takats, Parent Carer/Carer Ambassador, Cygnet Healthcare*
- 11:10 Refreshments and Networking**
- 11:25 The Merits of Violence and Aggression Risk Assessment Indicator Tools within IPCU**  
*Lisa Walker, Charge Nurse, and Vicky Dyer, Charge Nurse, IPCU Tayside, NHS Tayside*
- 11:55 TBC**  
*TBC*
- 12:25 Lunch break**
- 13:25 Culture of Care – Full Title TBC**  
*Adele Denvir de-Bono, Senior Quality Improvement Advisor, and Rianna Herbert, Quality Improvement Coach, National Collaborating Centre for Mental Health*
- 14:25 Refreshment break**
- 14:40 Reducing Restrictive Practice – Full Title TBC**  
*Helen Cunningham, Quality Transformation Lead (Reducing Restrictive Practice), NHS England*
- 15:10 TBC**  
*TBC*
- 15:40 Refreshment break**
- 15:55 Sexual Safety - Full Title TBC**  
*Priory Healthcare*
- 16:25 Final plenary and close**
- 16:30 End**

Join the conversation on X (formerly Twitter) @rcpsychQNPICU #QNPICUAF