

Quality Network for Psychiatric Intensive Care Units Annual Forum

Monday 02 March 2026

Royal College of Psychiatrists, 21 Prescot Street, London, E1 8BB



PICU
QUALITY NETWORK
FOR PSYCHIATRIC
INTENSIVE CARE UNITS

Programme

09:30 Registration and Refreshments
Join us for refreshments before the event starts and some early networking. Admittance to the event is restricted to the registration period and within the allocated breaks.

10:00 Welcome and Introduction
Dr Mehtab Rahman, Chair of the QNPICU Accreditation Committee

10:10 Updates from the Network
Kelly Rodriguez, Programme Manager, Maisie Webster, Deputy Programme Manager, Hannah Moore, Patient Representative and Dino Patel, Carer Representative, QNPICU

10:40 Changing Perspectives Through Co-Production
Laura Sheridan, Group Head of Carer and Service User Engagement, Raf Hamaizia, Expert by Experience Lead and Julian de Takats, Parent Carer/Carer Ambassador, Cygnet Healthcare

11:10 Refreshments and Networking

11:25 The Merits of Violence and Aggression Risk Assessment Indicator Tools within IPCU
Lisa Walker, Charge Nurse and Vicky Dyer, Charge Nurse, IPCU Tayside

11:55 Sensory-Informed Practice in Adult Mental Health: Knowledge Sharing from Quality Improvement and an Ongoing Professional Doctorate
Jennifer Beal, Head of Occupational Therapy, Svanna Ward

12:25 Lunch Break

13:25 Can A PICU be a Place of Healing? Supporting Transformation Through a Culture of Care
Sophie Bagge, Lived Experience Leadership Consultant, Emily Daly, National Advisor, Rianna Herbert, Quality Improvement Coach and Adele Denvir-de Bono, Senior Quality Improvement Advisor, National Collaborating Centre for Mental Health

14:25 Refreshment Break

14:40 Identifying and Reducing Restrictive Practice
Helen Cunningham, Quality Transformation Lead (Reducing Restrictive Practice) and Fionn Morven, Quality Transformation Manager (Mental Health, Learning Disability and Autism Quality Transformation Programme)

15:10 Changing Cultures Through Primary Prevention in a Female PICU
Chloe Keeno, Ward Manager and Chris Burke, Lead for Reducing Restrictive Practices, Shearwater Ward

15:40 Refreshment Break

15:55 Sexual Safety in PICUs
Karen Cleaver, Professional Network Lead (Acute and PICU), Priory Healthcare

16:25 Final Plenary and Close

16:30 End

Join the conversation on X (formerly Twitter) @rcpsychQNPICU #QNPICUAF