

# Quality Network for Psychiatric Intensive Care Units Annual Forum

Monday 02 March 2026

Royal College of Psychiatrists, 21 Prescot Street, London, E1 8BB



**PICU**  
QUALITY NETWORK  
FOR PSYCHIATRIC  
INTENSIVE CARE UNITS

## Programme

- 09:30 Registration and Refreshments**  
*Join us for refreshments before the event starts and some early networking. Admittance to the event is restricted to the registration period and within the allocated breaks.*
- 10:00 Welcome and Introduction**  
*Dr Mehtab Rahman, Chair of the QNPICU Accreditation Committee*
- 10:10 Updates from the Network**  
*Kelly Rodriguez, Programme Manager, Maisie Webster, Deputy Programme Manager, Hannah Moore, Patient Representative and Dino Patel, Carer Representative, QNPICU*
- 10:40 Changing Perspectives Through Co-Production**  
*Laura Sheridan, Group Head of Carer and Service User Engagement, Raf Hamaizia, Expert by Experience Lead and Julian de Takats, Parent Carer/Carer Ambassador, Cygnet Healthcare*
- 11:10 Refreshments and Networking**
- 11:25 The Merits of Violence and Aggression Risk Assessment Indicator Tools within IPCU**  
*Lisa Walker, Charge Nurse and Vicky Dyer, Charge Nurse, IPCU Tayside*
- 11:55 Sensory-Informed Practice in Adult Mental Health: Knowledge Sharing from Quality Improvement and an Ongoing Professional Doctorate**  
*Jennifer Beal, Head of Occupational Therapy, Svanna Ward*
- 12:25 Lunch Break**
- 13:25 Can A PICU be a Place of Healing? Supporting Transformation Through a Culture of Care**  
*Sophie Bagge, Lived Experience Leadership Consultant, Emily Daly, National Advisor, Rianna Herbert, Quality Improvement Coach and Adele Denvir-de Bono, Senior Quality Improvement Advisor, National Collaborating Centre for Mental Health*
- 14:25 Refreshment Break**
- 14:40 Identifying and Reducing Restrictive Practice**  
*Helen Cunningham, Quality Transformation Lead (Reducing Restrictive Practice) and Fionn Morven, Quality Transformation Manager (Mental Health, Learning Disability and Autism Quality Transformation Programme)*
- 15:10 Changing Cultures Through Primary Prevention in a Female PICU**  
*Chloe Keeno, Ward Manager and Chris Burke, Lead for Reducing Restrictive Practices, Shearwater Ward*
- 15:40 Refreshment Break**
- 15:55 Sexual Safety in PICUs**  
*Karen Cleaver, Professional Network Lead (Acute and PICU), Priory Healthcare*
- 16:25 Final Plenary and Close**
- 16:30 End**

**Join the conversation on X (formerly Twitter) @rcpsychQNPICU #QNPICUAF**