

# Quality Network for Psychiatric Intensive Care Units

## E-Bulletin Edition 2

February 2018



# WELCOME

Welcome to the 2nd edition of the QNPICU bulletin.

In January we hosted our first QNPICU event, focusing on improving care within psychiatric intensive care units. The day was packed with interesting discussions and ideas for future work. We received presentations from: Sacha Barnes on reducing the use of enhanced observations for violence and aggression; Dr Abu Shafi on the accreditation journey; Dr Alex Tulloch on the use of seclusion in PICUs; and Susan Denison on her experience of being a patient in PICUs. Thank you to the speakers for making the day a success. For those of you that could not make the event, all of the presentations can be found on our website.

For the remainder of 2018, we are busy planning our first annual forum and exploring ways of enhancing the work of the Network for the benefit of our member services. To help us with this, we have appointed a new advisory board. One of our ideas is to introduce a member newsletter where staff, patients and carers can share articles of good practice. We're looking to introduce the first edition, which will replace the e-bulletin, later this year. If you would like to contribute, please get in touch! The deadline for submissions is 23 April 2018.

Please continue reading for information about upcoming QNPICU opportunities. I hope to see you all soon.

**Megan Georgiou, Programme Manager, QNPICU**



## Upcoming events

### SAVE THE DATE

### QNPICU Annual Forum—12 October 2018

This will be an interactive event, packed with presentations and workshops. It is an opportunity for professionals from all disciplines to meet and discuss key service development issues to and to learn and share ideas about the future of services.

Booking information will be available in due course.

### Reviewer Training

Reviewer Training enables staff from our member services to participate in and lead accreditation visits of other psychiatric intensive care units. Participants will gain practical and theoretical knowledge of all aspects of a peer-review visit. The day involves presentations, seminar discussions and role-play scenarios.

Staff from any discipline with an interest in participating in external reviews for the QNPICU can take part.

We have the following training dates available:

**22 February 2018, 10:30—15:30**

**6 April 2018, 10:30—15:30**

The sessions will take place at Royal College of Psychiatrists, 21 Prescot Street, London, E1 8BB. Lunch will be provided.

Email [francesca.coll@rcpsych.ac.uk](mailto:francesca.coll@rcpsych.ac.uk) for information about [how to book](#).

## Upcoming reviews

Please note the following wards are still in need of professionals to attend their peer-reviews:

Ward	Review date	Reviewers required
<b>Caspian Ward</b> Central and North West London NHS Foundation Trust	22/05/2018	2 needed
<b>Cedar Ward</b> Tees, Esk and Wear Valley Foundation NHS Trust	24/05/2018	4 needed

\*Members of the review team should have PICU experience. Please contact a member of the team if you have any queries.

If you would be interested in attending a review, or would like some further information, please email [PICU@rcpsych.ac.uk](mailto:PICU@rcpsych.ac.uk)

## Call for artwork

We are looking for artwork produced by patients of psychiatric intensive care units to use on our **reports and publications**.

Images will be used for leaflets, reports and other publications and therefore photographs of paintings, mixed media and crafts are requested.

If any individuals currently or recently staying in a PICU would be interested in submitting a piece of artwork, please email it directly to [PICU@rcpsych.ac.uk](mailto:PICU@rcpsych.ac.uk).

## Recent publications

### [Mental Health Act – The rise in the use of the MHA to detain people in England](#)

The main purpose of the review was to bring the perspective of patients, carers and staff in local services to the national debate about the causes of the rise in rates of detention.

### [Funding and staffing of NHS mental health providers: still waiting for parity](#)

In 2013 the government made a commitment to achieving parity of esteem between physical and mental health. That commitment was followed by a pledge of £1.25 billion for child and adolescent mental health, a national strategy for adult mental health and an investment of £1 billion to support its delivery.

### [Mental Health Act – A focus on restrictive intervention reduction programmes in inpatient mental health services](#)

This resource shares examples of good practice around reducing the use of restrictive practices.

### [Evaluation of Novel Psychoactive Treatment UK Network II \(NEPTUNE II\)](#)

An evaluation of e-learning modules to help clinicians manage and treat people who have used novel psychoactive substances.

## Contact QNPICU

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