

DASA Rating Form

Dynamic Appraisal of Situational Aggression

Patient Name: Week beginning: / /

The following ratings are based on your knowledge and observations of the patient during the PREVIOUS 24 HOURS.	Monday (Circle one)	Tuesday (Circle one)	Wednesday (Circle one)	Thursday (Circle one)	Friday (Circle one)	Saturday (Circle one)	Sunday (Circle one)
Irritability The patient is easily annoyed or angered. The patient is unable to tolerate the presence of others.	0 1	0 1	0 1	0 1	0 1	0 1	0 1
Impulsivity The patient displays behavioural and affective instability (i.e., dramatic fluctuations in mood, or general demeanour; inability to remain composed and directed).	0 1	0 1	0 1	0 1	0 1	0 1	0 1
Unwillingness to follow directions The patient tends to become angry or aggressive when they are asked to adhere to treatment or to the ward's routine.	0 1	0 1	0 1	0 1	0 1	0 1	0 1
Sensitivity to perceived provocation The patient tends to see other people's actions as deliberate and harmful; they may misinterpret other people's behaviour or respond with anger in a disproportionate manner to the extent of provocation.	0 1	0 1	0 1	0 1	0 1	0 1	0 1
Easily angered when requests are denied The patient tends to be intolerant, or is easily angered when they make a request that is denied or when they are asked to wait.	0 1	0 1	0 1	0 1	0 1	0 1	0 1
Negative attitudes The patient displays antisocial and negative attitudes and beliefs which may relate to violence and aggression.	0 1	0 1	0 1	0 1	0 1	0 1	0 1
Verbal threats The patient displayed a verbal outburst, which is more than just a raised voice, and where there is a definite intent to intimidate or threaten another person.	0 1	0 1	0 1	0 1	0 1	0 1	0 1
TOTAL	/7	/7	/7	/7	/7	/7	/7
Final risk rating: 0 = Low, 1–3 = Moderate, 4–7 = High							

Record of aggression: During the previous 24 hours, has the patient behaved aggressively in any of the following ways?
(Please mark with a cross in the appropriate box)

Physical aggression against OBJECTS Slams door, throws objects down, kicks furniture, breaks objects, smashes windows, sets fires, throws objects.							
Verbal aggression against OTHER PEOPLE Shouts angrily, insults, curses viciously, uses foul language in anger, or makes clear threats of violence to others.							
Physical Aggression against OTHER PEOPLE Makes threatening gesture, swings at people, grabs at clothes, strikes, kicks, pushes, pulls hair, or attacks others.							

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