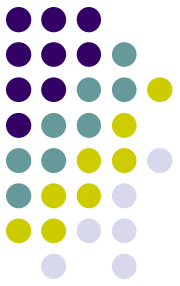
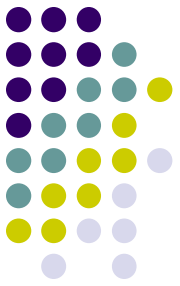


Engaging The LD Offender



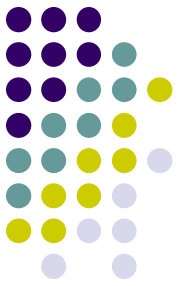
Alan Moore
Therapy Manager,
F Wing (TC+)
HMP Grendon



HMP Grendon and TC+

- HMP Grendon is a TC prison made up of six TC's
- One assessment unit, five residential communities (including one wing for men with learning disabilities - TC+)
- TC+ is based upon the same model as mainstream democratic therapeutic communities (DTCs)
- Contextualised to support offenders with LD

Therapeutic Communities



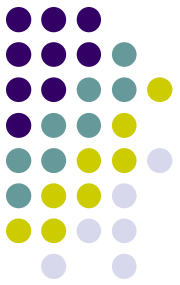
- What is a TC?

Structure and expectations of residents

- What is TC+?

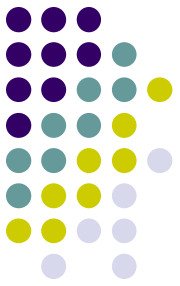
Staffing

Responsivity



What is different?

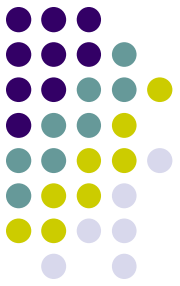
- Smaller Community
 - Roll of 20 (rather 40 – 45 on main wings)
 - Smaller therapy groups
- Semi-structured groups
- Shorter sessions with breaks



What is different?

- Higher staffing levels
 - Therapy Manager (Forensic Psychotherapist)
 - Wing Psychologist
 - Wing Psychotherapist
 - Occupational Therapist
 - 9 x Officers: 1 Custodial Manager, 8 x Band 4 Specialist Officers,
 - 3 x Core Creative Psychotherapists (Music, Art, Psychodrama)
 - 1 x Band 4 civilian facilitator

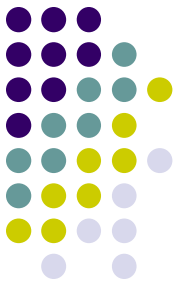
Why Themed Groups?



- Support therapeutic engagement in a difficult to reach group
- Make links otherwise not available
- Open up areas for discussion

Themed Groups are *not* a programme in themselves.

Themed Groups on F Wing



Anger management

From being hurt to hurting others

Living with LD

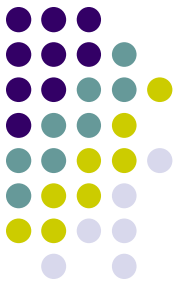
Four pillars

The families that made us

Being connected

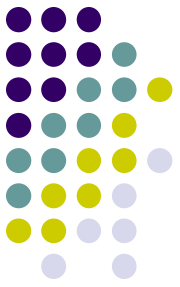
Good lives

From being hurt to hurting others

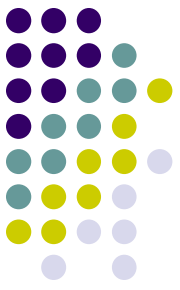


- Week 1 & 2 - Make a drawing of your house
- Week 3 - Case studies
- Week 4 - Our street
- Week 5 - Defences
- Week 6 - Our school

From being hurt to hurting others



- Week 7 - Moving up
- Week 8 - Conflicts
- Week 9 - Our town
- Week 10 - From then to Now
- Week 11 - Revision



Living with LD

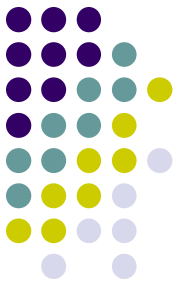
- Week 1 - Discovering I had LD (information)
- Week 2 - Thoughts and feelings about having LD
- Week 3 - Attitudes of others (name calling etc)
- Week 4 - Attitudes of others: school
- Weeks 5 – 7 - WAIS scores



Living with LD

- Week 8 - Other types of LD (ADHD, Dyslexia)
- Week 9 - Managing your Difficulties
- Week 10 - Internalised oppression
- Week 11 - Learning styles
- Week 12 – 14 - Hiding my learning difficulty
- Week 16 - Review

Pros and cons of themed groups

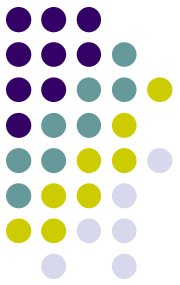


Pros

- Supports growth of community
- Helps therapeutic engagement

Cons

- Could further disempower an already disempowered client group



Thank you!

What do you think?