

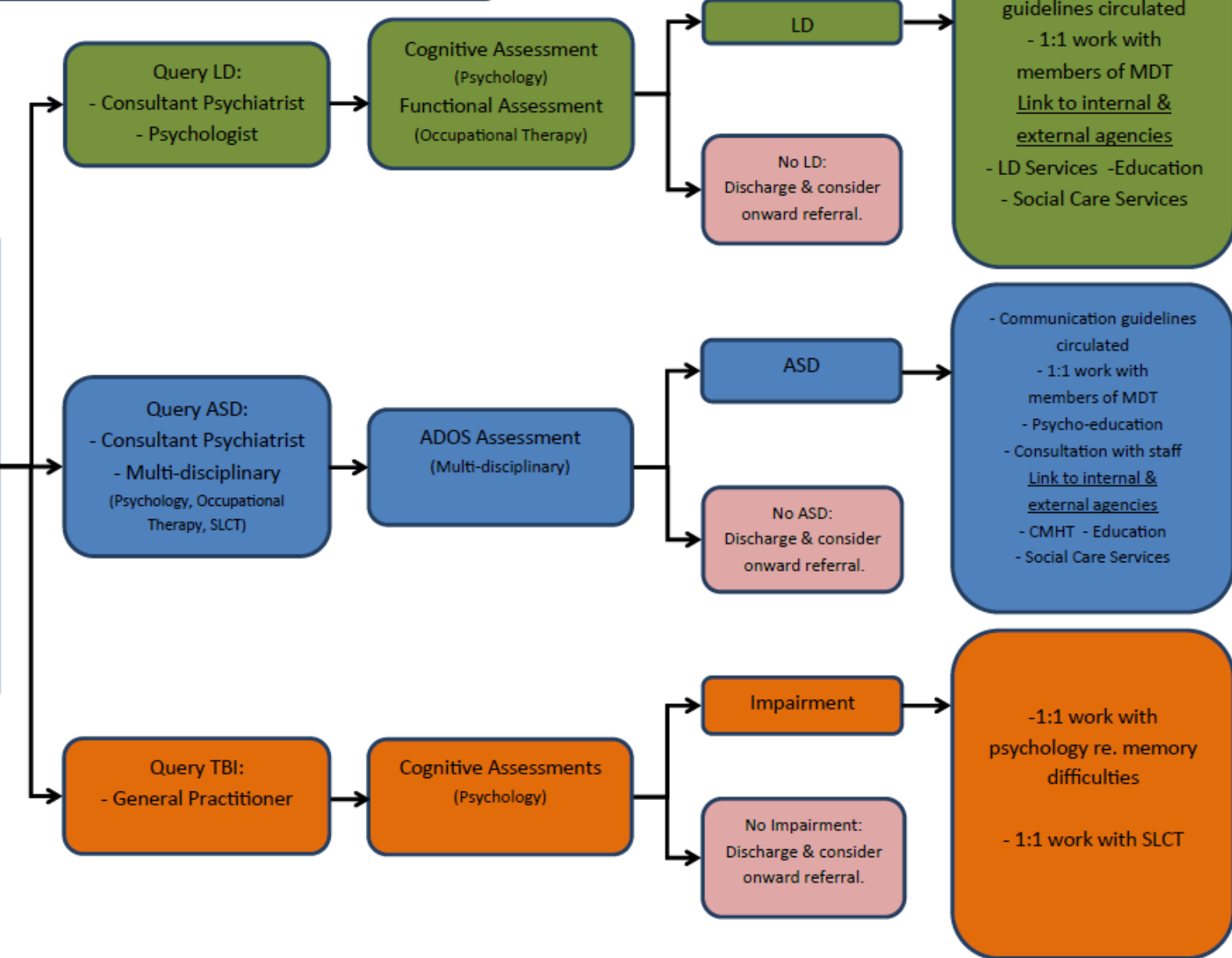
Learning Disability Pathway at HMYOI Feltham

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(Registered Forensic Psychologist)

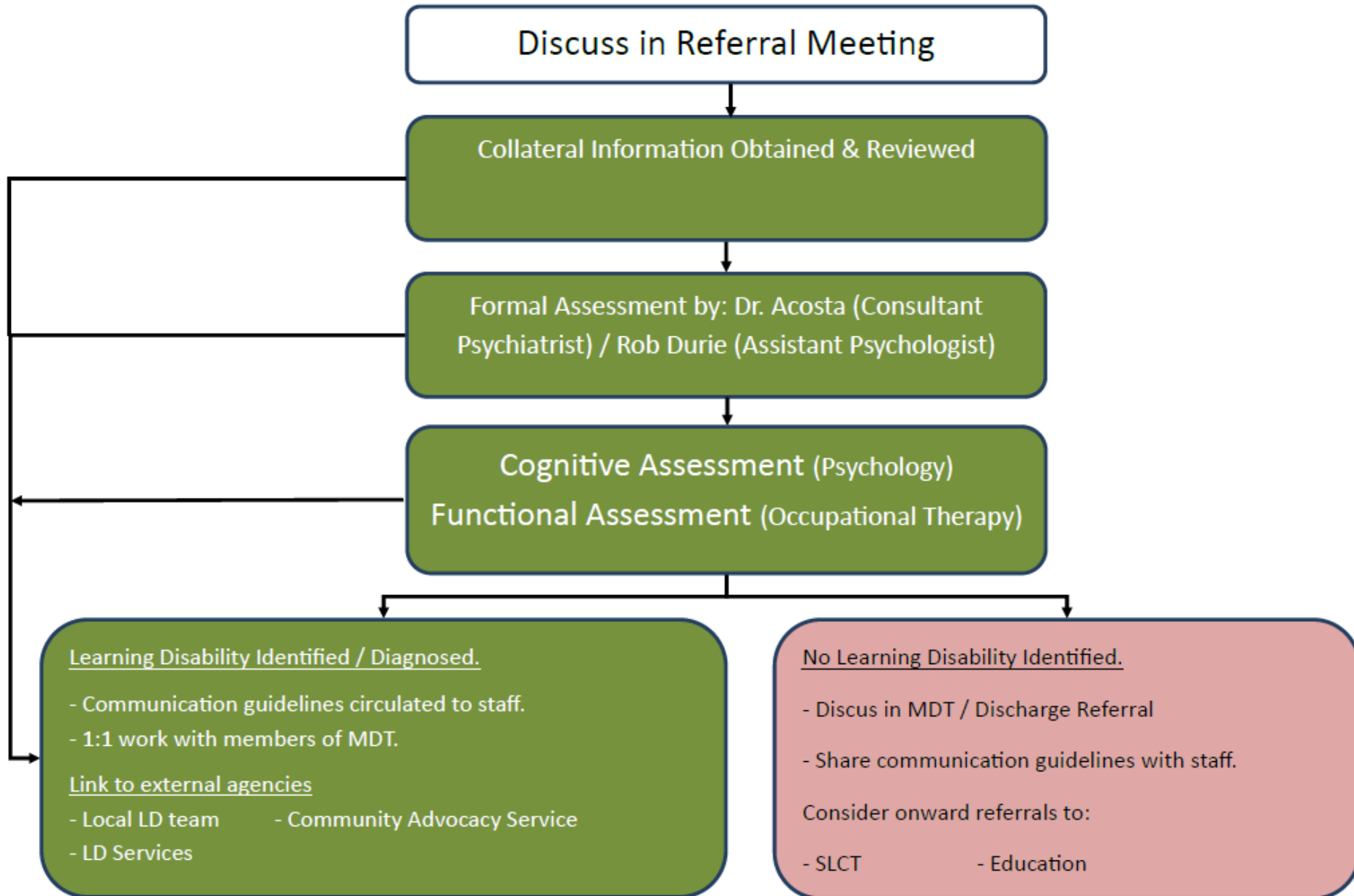
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Neurodevelopmental Pathway

Wellbeing Team Referral Meeting



Learning Disability Pathway from Referral



Learning Disability Identified / Diagnosed.

- Communication guidelines circulated to staff.
- 1:1 work with members of MDT.

Link to external agencies

- Local LD team
- Community Advocacy Service
- LD Services

No Learning Disability Identified.

- Discuss in MDT / Discharge Referral
- Share communication guidelines with staff.

Consider onward referrals to:

- SLCT
- Education

Recent Developments:

- Previously all new admissions were screened for LD using the CHAT 5 Neurodisability assessment
This now only taking place on A-side.
- Induction group.
- Links to LD services.
- Advocacy services.
- Community of practice with other prison LD leads.

What we do:

- Formal assessments including WAIS-IV, WASI, WISC, Ravens Progressive Matrices.
- Assessments into adaptive functioning conducted by Occupational therapists.
- Diagnosis of LD.
- Tailored 1:1 interventions.
- Link with other services in establishment.

Citalopram

An easy way to say this is **SIT-AL-O-PRAM.**



What is this leaflet for?

This leaflet is to help me understand more about my medicine.
My medicine could look different to the photographs on this leaflet.



What is the medicine called?

Citalopram.
Citalopram could come as tablets, capsules or as a liquid.

What is citalopram for?

Citalopram could be used for different reasons.
Citalopram is used for depression and panic disorders.
Citalopram is sometimes used for people who have behaviour problems. For example, it could...

- help if you are anxious
- help calm you down
- help you feel less angry
- help you feel less tense.



When and How should I Take my Medication?

My Name:



My medication is called:

Citalopram

An easy way to say this is **sit-al-o-pram.**

I should take:

PER DAY



I should take my medication:

- with food []
- after food []
- before food []



More information:
• Drinking alcohol whilst taking citalopram could make me feel drowsy.
• Some medicines do not work well together.

My Nurse is called:

If I have any questions or worries about my medication ask to speak to CMHT.

What was the situation?

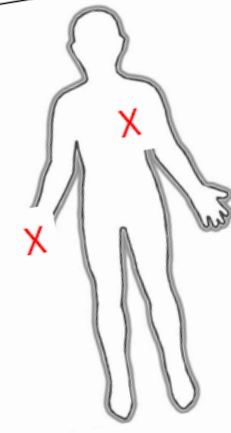
EXAMPLE

- An officer told me I couldn't go to the gym because the list was full up.

How angry were you on a scale of 1-10? Please circle a number.

1 Not Angry at all
2
3
4
5 Quite Angry
6
7
8
9
10 Extremely Angry

What happened to your body? Mark an 'x' on the areas that changed.








- My heart was beating fast
- I clenched my fist.

 **Anger Management**
When Will We Meet?





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning						
Afternoon						



What behaviour is GOOD to do when we meet?

 Listening
 Taking Part
 Paying Attention
 Doing Work
 Let Others Talk

What behaviour is NOT GOOD to do when we meet?

 Keeping Others Waiting
 Not Paying Attention
 Interrupting
 Becoming Violent or Aggressive
 Being Rude

Communication Guidelines

To support X's understanding of language:

- Allow X time to process what has been
 - It may feel unnatural but allow at least 6 seconds before prompting him for a response
- Avoid using non-literal language such as jokes and sarcasm
 - Be direct and to the point
- Give directions and instructions in the order they need to be done, slowly and break them down, e.g. instead of "have a shower after you get your towel and shampoo" say, "get your towel (pause), get your shampoo (pause) and then have a shower"
- Check his understanding by asking him to repeat what you have said in his own words
 - A 'yes' answer does not always indicate understanding
- Before speaking with X, ensure you have his attention by saying his name and waiting for him to listen
 - Do not force X to look at you in the eyes as eye contact can make him feel uncomfortable
- Use pictures to support his understanding where possible
- It is important to remember that when giving X time specific instructions such as 'you have 5 minutes left' may not mean anything to him. He may have difficulties judging how long a minute is and not be able to finish an activity within the time frame.

What practices exist in other services?



What pathways exist in other services?