

Health and social care in prisons

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Oxleas 
NHS Foundation Trust

HMP YOI Belmarsh

Category A remand prison

South East London

Opened in April 1991

Serves Central Criminal Court and other courts

Operational capacity 906

Many high profile prisoners

Separate High Secure Unit



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Oxleas **NHS**
NHS Foundation Trust

Healthcare in HMP YOI Belmarsh

Provided by Oxleas NHS Foundation Trust

Primary care including GPs, physiotherapy, dentist, optician, podiatry, GUM clinic and long term conditions

Mental health team including psychiatrists, psychologists, counsellors and CPNs

Substance misuse services and Improving Access to Psychological Therapies (IAPT)

Inpatient unit with 28 beds, single cells and 2 wards with 6 beds each

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Social care in HMP YOI Belmarsh

Commissioned by Royal Borough of Greenwich

Provided by Change Grow Live

Referral can be done by any member of staff or prisoners

Assessed by RBG

18 on CGL case February 2018

7 Need assistance with self-care, all located in the healthcare centre

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Social care in HMP YOI Belmarsh

One team leader, one C&S orderly co-ordinator, 6 WTE CGL carers (for the Greenwich cluster)

Works 8am to 8pm 7 days a week

Training - Care Certificate Workbook by NHS HE England, 15 modules

Care & Support Orderlies

Low risk prisoners

2 day training by CGL and RBG

5-10 prisoners at a time in HMP Belmarsh

Care plan drawn up by CGL staff

Helps with laundry, transport, activities

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HMP YOI Belmarsh figures 25 June 2018

Total 815

18-21	122
22-29	262
30-39	225
40-49	93

50-59	77
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60-69	25
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70+	11
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Prisoner X

91 year old male

12 year sentence

Multiple counts of rape between 1973 and 1976

Category B prisoner

In custody since March 2017

Release date March 2023

Sentence end date March 2029



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Prisoner X

Background

Moved to UK from Lagos in 1960s

Architect for local authorities

3 children, no contact with X since been in prison

Son has LPA

No previous convictions

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Prisoner X

Memory clinic assessment May 2012

living on his own

increased forgetfulness

unable to find items at home

“extreme clutter within the house”

MMSE 27/30 (3 points for recall)

ACE-R 77/100

Dementia in Alzheimer's disease with late onset, started
on Donepezil in August 2012

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Prisoner X

Health problems

IHD 1999

CVA unspecified 2003

COPD 2006

Cardiac Pacemaker 2007

Type 2 DM 2011

Hypertension 2012

Dyslipidaemia 2012

Alzheimer's disease 2013

Housebound 2014

Hip osteoarthritis 2015

Femoral hernia 2015

Inguinal hernia 2016



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Prisoner X

Presentation in February 2018

Located in a single cell in healthcare

MMSE 18/30 (difficulties with orientation, time, registration and recall)

Poor short term memory

Long term memory intact



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Prisoner X

- 20 May- found on the floor, forehead injury, blood on the floor, not responding
- Seizures in ambulance and A&E, started on Levetiracetam
- CT brain, previous infarct, generalised atrophy, small vessel disease
- CXR Pneumonia

Prisoner X

- 21 May- mobile
- Confused, removing drips and bandages, requesting discharge
- MRSA positive
- 1 June returned to HMP Belmarsh



Prisoner X

- Since then
 - very forgetful
 - declines social care at times
 - verbal aggression
 - disoriented
- Psychiatry review 5 June 2018
 - disoriented
 - unable to retain information



Prisoner X

Current medication

Donepezil 5mg

Levetiracetam

Aspirin

Bumetanide

Calcium Carbonate

Ezetimibe

Losartan

Omeprazole

Nifedipine

Senna

Folic acid



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Prisoner X

Social Care package

CGL staff -Personal care 2.5 hours per week

Care & Support Orderly- 13 ³/₄ hours per week

Cell clean

Laundry

Bedding

Meal collection

Mental stimulation

Escort



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Discussion

Is prison the best place?

for now

later

Alternatives to prison

If stays in prison

which prison

healthcare or main prison

role of healthcare



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