

Integrated Approaches to Mental Health

- ▶ Introduction
- ▶ Inclusion & CARE UK integrated working



Services

- ▶ Care UK team- primary care
- ▶ Inclusion team -Mental Health & Substance Misuse
- ▶ House block working

Joint Working

- ▶ Incident Reporting & Learning lessons monthly meeting attended by team leader
- ▶ Serious incident (SI) review by Inclusion (MH) and Care UK depending on the case
- ▶ weekly safe prescribing meeting to discuss complex cases around prescribing
- ▶ ACCT reviews , MH and primary care staff attendance
- ▶ Joint awareness / trainings

Benefits(Inclusion & CARE UK)

- ▶ Bridges the gap in services
- ▶ Patient care
- ▶ Medication monitoring
- ▶ Staff valuing each other

Inclusion (MH & SM)

- ▶ Mental Health and Substance Misuse - substance users who have their mental health affected by use or who use because of their mental health
- ▶ Step care model approach
- ▶ Initial assessments done by member of all teams based on patient need

Drug Recovery Unit

- ▶ 12 week prison run programme
- ▶ drug and mental health recovery sessions targeting the group
- ▶ 2 substance misuse workers dedicated to the unit/

Benefits (Mental health & Substance misuse)

- ▶ Link between mental health and substance use explored
- ▶ Increased mental and physical health benefits
- ▶ Increased awareness
- ▶ Quote “ *What we achieve inwardly will change outer reality*” Plutarch

HMP OAKWOOD

▶ <http://www.sssft.nhs.uk/services/inclusion>

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