



Tees, Esk and Wear Valleys 
NHS Foundation Trust

NE Prisons Mental Health Resettlement Service



Who Are Rethink Mental Illness?

A National Mental Health Charity that:-

- Advice & Information - Provides expert, accredited advice and information. (First mental health charity to gain the Information Standard for our trusted and relevant information)
- Services & Groups – Provides over 200 mental health services and 150 support groups. (services include criminal justice, advocacy, carers, housing, registered and community services)
- Campaigning – Campaigns nationally for policy change. For example we are changing public attitudes through the [Time to Change](#) campaign, which we lead in partnership with Mind.



What do Rethink Mental Illness do in the NE Prisons?

Current NE Prisons provision,

- Sub contracted by Tees, Esk & Wear Valley NHS Foundation Trust to deliver primary mental health provision and a MH resettlement function.
- Inductions
- Triage
- Assessment
- 1:1 Treatment Sessions
- Group Work
- Resettlement Provision
- Peer Mentoring scheme
- Service User Forums
- Newsletter, PAT dog, MH Awareness Training, Staff Engagement



NE Prisons Mental Health Resettlement Provision

Resettlement Service NE Prisons

- Provide a comprehensive service within 6 establishments





NE Prisons Mental Health Resettlement Provision

- Unique service that provide support, information, advice & guidance through the gate for up to 10 days post release





NE Prisons Mental Health Resettlement Provision

- Case Study 1

- Known to mental health services
- Recently recalled to custody
- Relationship issues
- Historic abuse
- History of substance misuse

- Case Study 2

- Homelessness
- Sexual Offending
- Lack of insight about own mental health
- On medication
- Shortage of appropriate housing solutions



NE Prisons Mental Health Resettlement Provision

Thank You for Listening