

Special Interest Day: Demand, Responsibilities, Capacity and Burnout within Mental Health Services

Programme

Thursday 26th March 2026, Online, via Microsoft Teams

10:00	Chair's Welcome <i>Raja Badrakalimuthu, PLAN Advisory Group Chair, Older Adult Consultant Psychiatrist, Surrey & Borders Partnership NHS Foundation Trust</i>
10:15	Staff Health and Well-Being in Practice: Preventing Burnout <i>Louise Emeny-Senior, Team Leader, Bournemouth and Poole Hospitals Liaison Psychiatry Service, Dorset Healthcare University NHS Foundation Trust</i>
11:00	The Expectation-Culture Gap in Mental Healthcare: Burnout and How We Can Cool-in <i>Ananta Dave, Presidential Lead for Retention and Well-being at the Royal College of Psychiatrists, Consultant Child and Adolescence Psychiatrist and Chief Medical Officer at Black Country Integrated Care Board</i>
11:45	Lunch Break
13:00	Under Pressure: The Emotional Strain on Parents and Professionals Caring for Children's Mental Health <i>Isabel Paz, Consultant Child and Adolescent Psychiatrist, Clinical Lead, Children's Psychological Medicine Team, Oxford University Hospitals And Co-Chair of Paediatric Liaison Network, Royal College of Psychiatrists</i>
13:45	Carer Burnout - Dementia UK <i>Jenny Park, Director of Services, Dementia UK</i>
14:30	Break
14:45	PLAN Standards: Responsibilities and Capacity <i>Raja Badrakalimuthu, PLAN Advisory Group Chair, Older Adult Consultant Psychiatrist, Surrey & Borders Partnership NHS Foundation Trust</i>
15:45	Closing comments <i>Raja Badrakalimuthu, PLAN Advisory Group Chair, Older Adult Consultant Psychiatrist, Surrey & Borders Partnership NHS Foundation Trust</i>
16.00	Close