

A Co-produced pathway for patients presenting to ED following use of Novel Psychoactive Substances (NPS)

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Liaison Team Background & Statistics

South Derbyshire Liaison Team

Previous liaison psychiatry services within the Royal Derby Hospital

Team 1 MHLT	Team 2 HALT	Team 3 Confusion Team
Mental Health Liaison Team seeing patients presenting with self-harm or suicidal ideation/ thoughts	Hospital Alcohol Liaison Team Seeing patients who present with alcohol/substance misuse and/or addiction	Seeing patients who present with confusion, dementia and delirium. Predominantly an older adult team

Current liaison team (based on RAID principles)

- One Team since November 2013.
- A 24/7 service providing advice, support and signposting around mental health & substance misuse
- Close representation of the Rapid Assessment Interface and Discharge (RAID) Liaison Psychiatry model

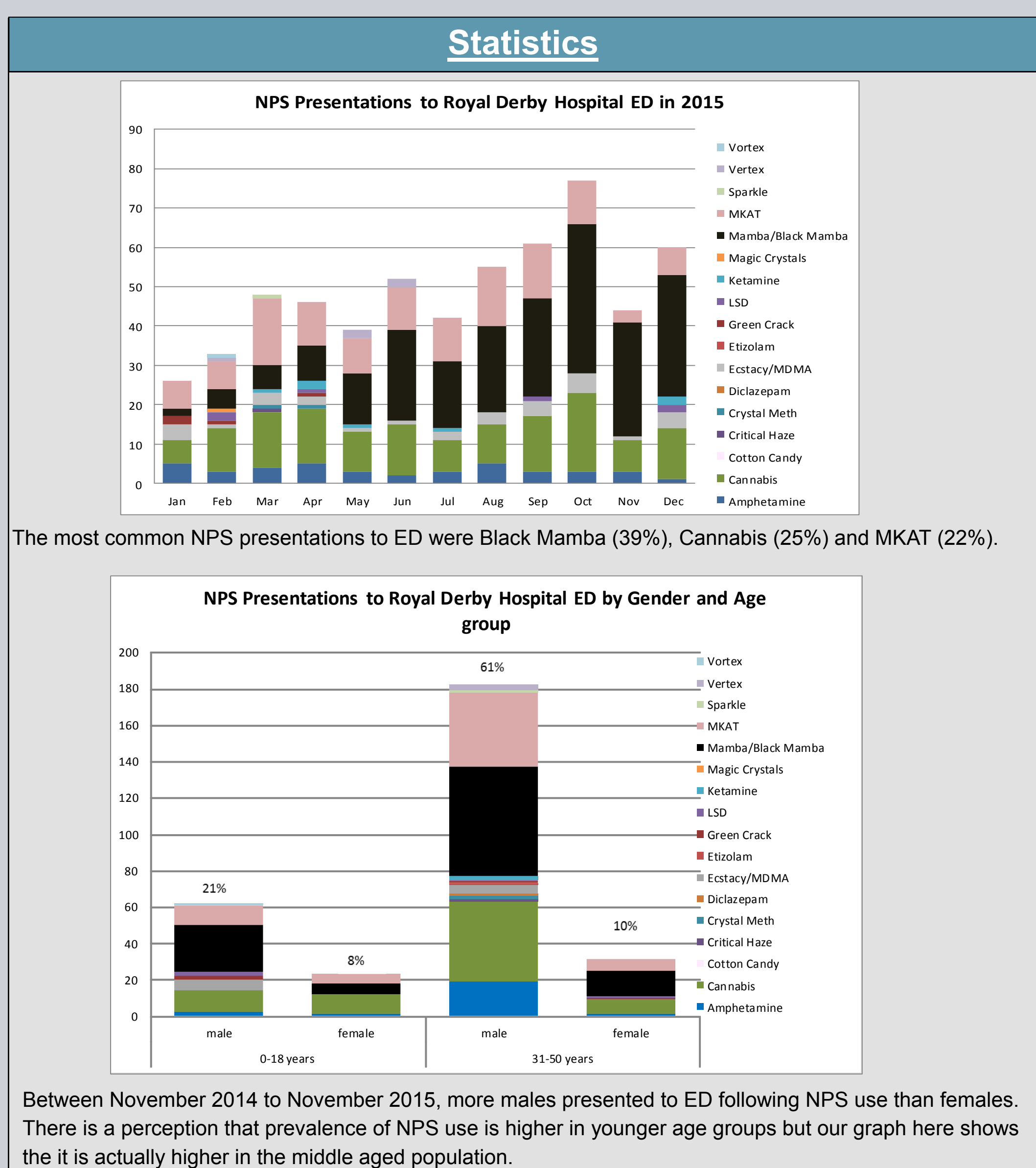
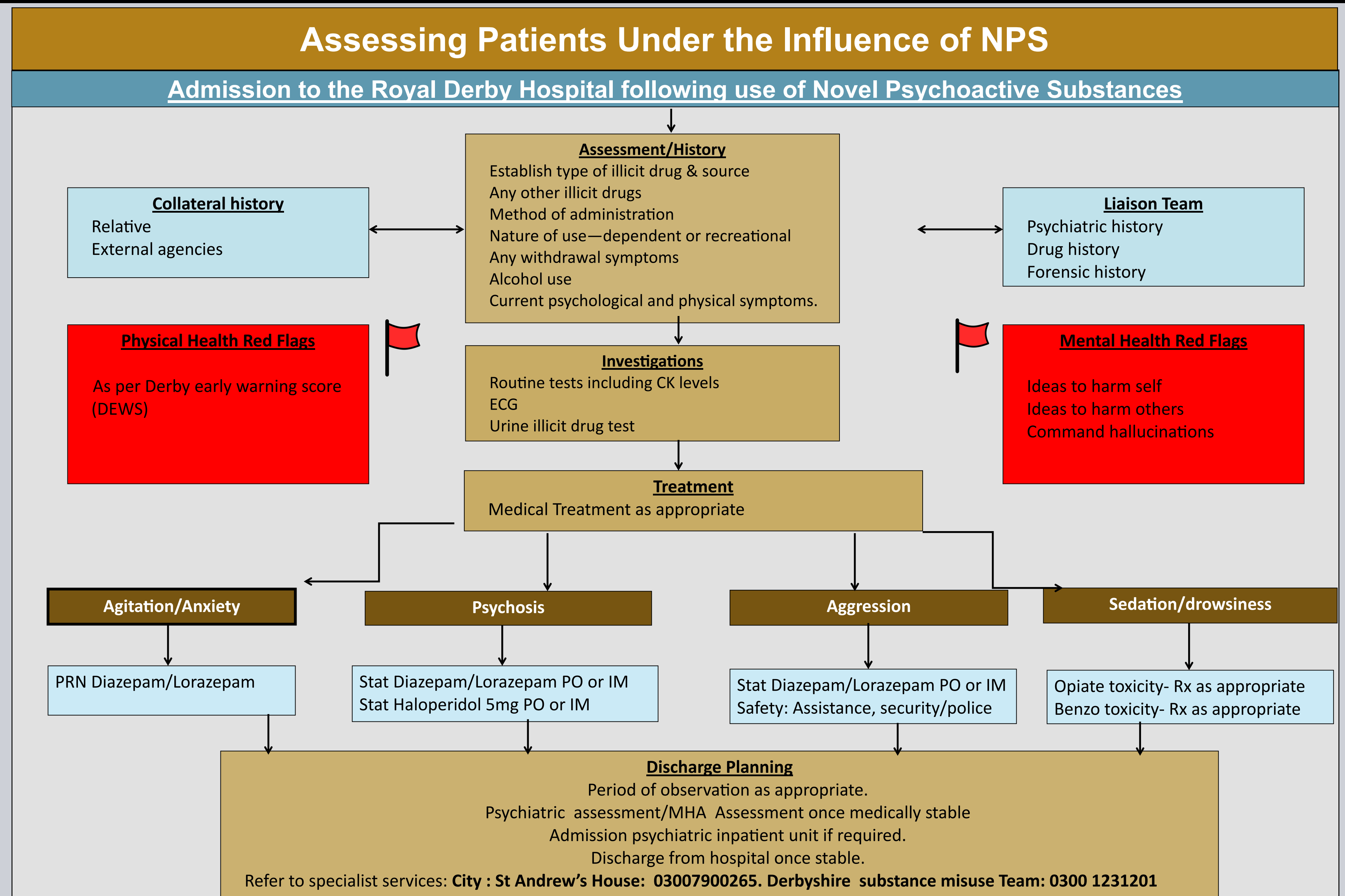
Consultant Psychiatrists

Mental Health Nurses

Clinical Psychologist

Administrators

Research Manager



Vignette

40-year-old lady with a history of alcohol, cannabis and heroin use since teens. Stopped using heroin 5 years previously, but continued to drink to excess and regularly use cannabis then switched to 'Black Mamba'.

Within months of commencing Black Mamba, she began experiencing symptoms such as paranoia, grandiose, agitation and increasingly chaotic. Police involvement in the community, three ED attendances related to collapse.

Community Drug Team involvement after LT assessment. Continued use of NPS and deterioration in symptoms therefore patient admitted for 5 weeks on psychiatric ward and children were protected with the involvement of social services.

Involved of Liaison Team resulted in a necessary admission in order to support recovery. Patients' children also safe after Community team involvement.

Focused on excellence

Although patient was difficult to manage, brief patient education was delivered and offered copy of letters to other services regarding care.

User centred

Psychoactive substances care pathways followed. Liaison Team member conducted a full assessment.

Adherence to NPS Pathway

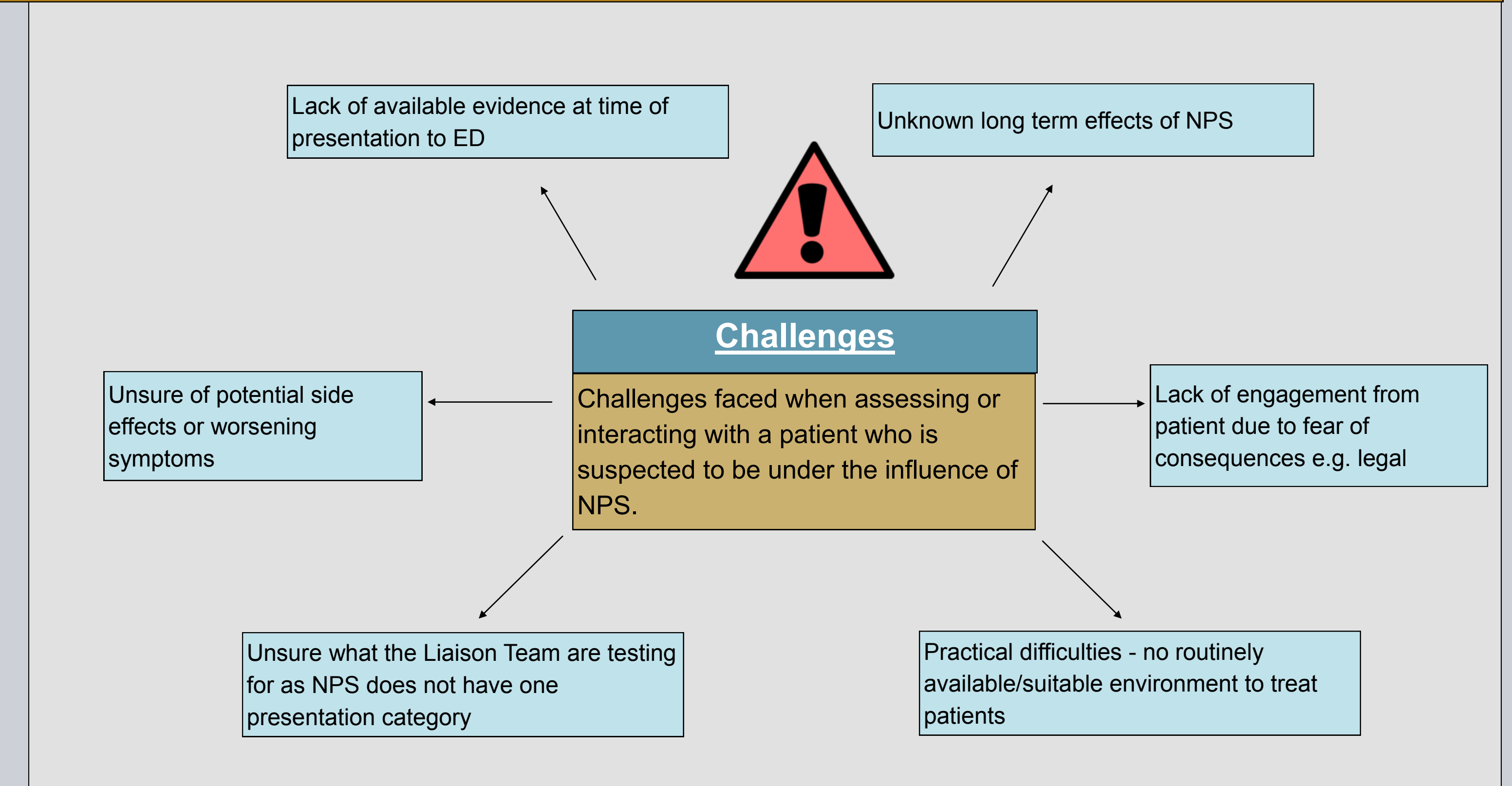
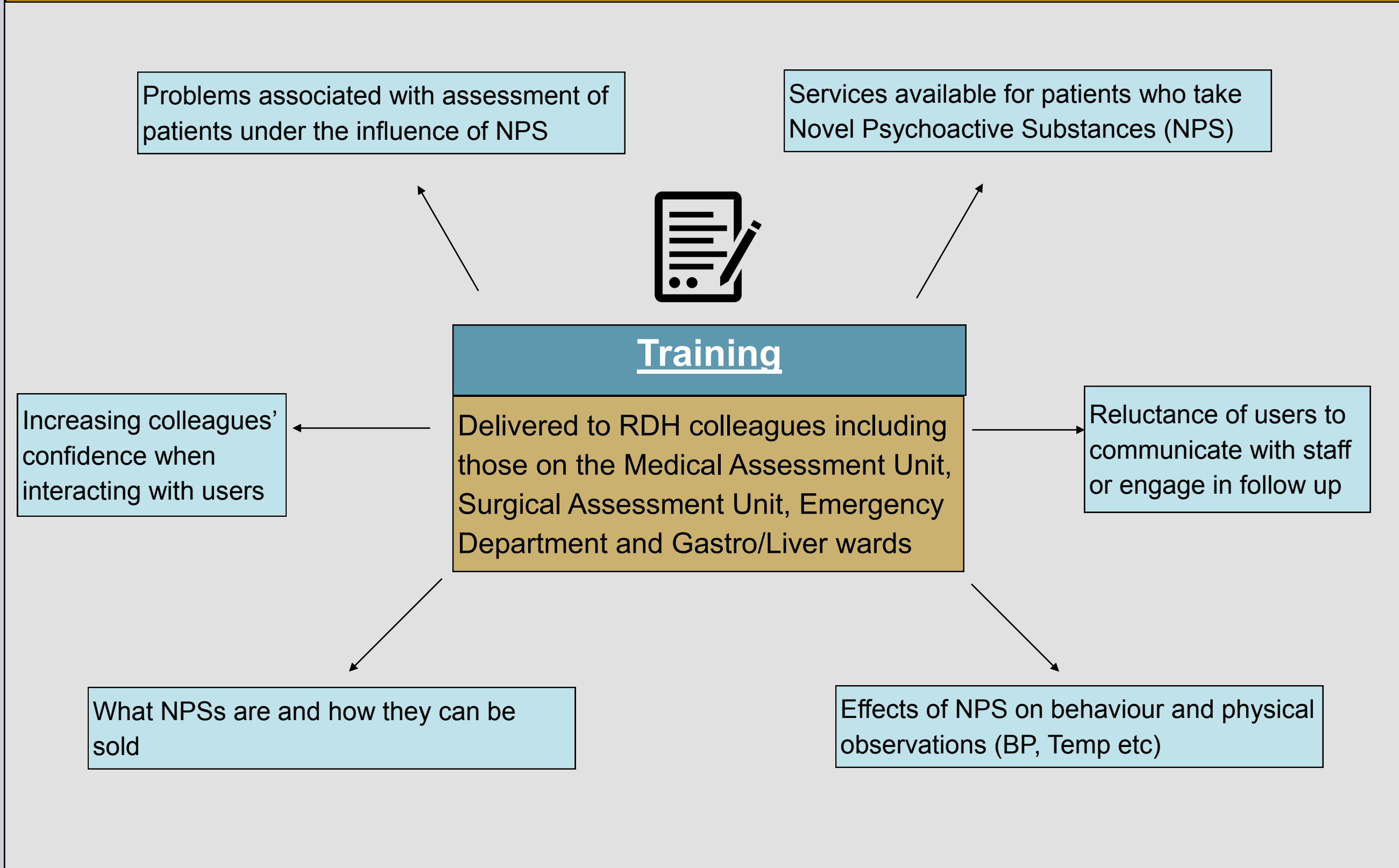
Advice given to ED staff on how to manage patient and contact made with social services, and drug/alcohol services.

Multidisciplinary team work

ED attendance was 'collapse' very vague, but LT able to investigate NPS use. Physical observations undertaken and care delivered accordingly.

Looking beyond presenting problems

Staff Training, Challenges & Future Directions



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- ### Future Directions
- Continue working with Community Teams to enhance services for people who use NPS
 - Build a healthy working relationship with the Royal Derby Hospital and distribute NPS patient leaflets when required
 - Work towards the NPS Partnership Strategy which aims to address NPS at every level: education, prevention, regulation & enforcement
 - Implement the Psychoactive Substances Act 2016