

APPTS 8th Annual Forum
Tuesday 5th December 2023
Online event

Programme

- 10:00** **Welcome and Introduction**
Chairs: Dr Katy James, Mental Health Clinical Director and APPTS Project Board Co-Chair and Megan Bean, APPTS Project Board Member
- 10:10** **APPTS Update**
Jemini Jethwa, Programme Manager, The Royal College of Psychiatrists
- 10:30** **It happens to therapists too: Reflections of a cognitive behavioural psychotherapist with complex trauma**
Craig Sanderson, Cognitive Behavioural Therapist, NHS Lincolnshire Talking Therapies
- 11:00** **Break**
- 11:15** **Ease of access to mental health services**
Jess Kerr-Fearon, Mental Health Clinical Lead, Laura Butler, Clinical Quality Lead and Gul Hussain, Deputy Clinical Lead, IPRS Health
- 11:45** **Understanding Menopause**
Tracey Paxton, Managing Director, The Employee Resilience Company
- 12:15** **Lunch Break**
- 13:15** **What shall we do with the NHS Long Term Workforce Plan?**
Dr Adrian Whittington, National Clinical Lead for Psychological Professions NHS England
- 14:00** **Psychological interventions and minorities groups**
Professor Stephen Pilling, Research Department of Clinical Health and Educational Psychology, University College London
- 14:30** **Break**
- 14:45** **Care pathways and treatment outcomes for those with long-term medical conditions**
Mary Abichi, PhD Researcher, King's College London
- 15:15** **Final reflections and close of conference**
Chairs: Dr Katy James, Mental Health Clinical Director and APPTS Project Board Co-Chair and Megan Bean, APPTS Project Board Member
- 15:30** **End**