

APPTS 10th Annual Forum

5th December 2024
Online event

Programme

- 10:00** **Welcome and Introduction**
Chairs: Tracey Paxton, Clinical Director, The Employee Resilience Company Ltd and MS, APPTS Service User Representative and Psychologist
- 10:10** **APPTS Update**
Jem Jethwa, Programme Manager, The Royal College of Psychiatrists
- 10:30** **Lived experience perspectives on inclusivity in psychological therapies services**
MS, APPTS Service User Representative and Psychologist
- 10:50** **Language change and physical health**
Kieran Jones, Peer mentor Co-ordinator, Living Well Greater Manchester Mental Health Trust
- 11:20 Panel discussion with speakers
- 11:30** **Break**
- 11:45** **Promoting neuroinclusion in psychological therapies services**
Liz Smith, Senior Counsellor, Vita Health Group
- 12:25** **The importance of inclusivity in mental health service delivery**
Tracey Paxton, Clinical Director, The Employee Resilience Company Ltd
- 12:50 Panel discussion with speakers
- 13:00** **Lunch Break**
- 14:00** **Let's face change**
Rufus May, Consultant Clinical Psychologist, Annie Phiri, Trainee Clinical Psychologist and Director, and Uzair Javid, Associate Psychological Practitioner and Director, Let's Face Change
- 14:40** **Working within diversity, a model of anti-oppressive practice**
Myira Khan, BACP Accredited Counsellor, Supervisor, Coach, Trainer and Author
- 15:20 Panel discussion with speakers
- 15:30** **Final reflections and close of conference**
- 15:45** **End**