

# Trauma-Informed Care in Psychological Therapies Services

## Special Interest Day

Friday 10<sup>th</sup> May 2024 (10:00 – 15:00)  
Virtual event

### Programme

- 10:00**    **Welcome and Introduction**  
*Chairs: Tracey Paxton, APPTS Advisory Group Co-Chair and Director at The Employee Resilience Company and Megan Bean, APPTS Advisory Group Member*
- 10:10**    **What do we mean by trauma-informed care?**  
*Amanda Smith, Trauma-Informed Care Lead, GMMH*
- 10:40**    **A lived experience perspective on trauma-informed care**  
*Sal Smith, Associate Director of Lived Experience, North East North Cumbria ICB*
- 11:10**    **Break**
- 11:20**    **Using the Power Threat Meaning Framework to support a trauma-informed approach**  
*Dr Lucy Johnstone, Consultant Clinical Psychologist, and Dr Faye Nikopaschos, Principle Clinical Psychologist, Central and North West London NHS Trust*
- 11:45**    **Trauma Informed and Responsive Services: A National and workforce Wide approach to implementation in Scotland**  
*Dr Sandra Ferguson, Associate Director: Psychology, NHS Education for Scotland (NES), Lead for Training and Education/NES in The National Trauma Transformation Programme (NTP), Consultant Clinical Psychologist*
- 12:15**    **Lunch Break**
- 13:15**    **Enhancing trauma-informed care for military veterans**  
*Alie Salford, Head Start Psychological Therapies Programme Lead, Walking With The Wounded*
- 13:45**    **Principles of trauma-informed care and Open Dialogue**  
*Russell Razzaque, Consultant Psychiatrist and Presidential Lead for Compassionate & Relational Care, RCPsych*
- 14:15**    **Panel discussion on trauma-informed care**  
*Attendees to engage in an interactive poll and Q&A with a panel of speakers from the event to discuss good practice for shared learning*
- 14:50**    **Final plenary and close of conference**
- 15:00**    **End**