

Holding Hope; the Critical Ingredient in Mental Health Rehabilitation

9:30	Registration	
10:00-10:10	Chair's Welcome, Introductions	Professor Helen Killaspy <i>Consultant Rehabilitation Psychiatrist, Camden and Islington NHS Foundation Trust, London and Professor of Rehabilitation Psychiatry, Division of Psychiatry, UCL London</i>
10:10-10:25	Rehabilitation Network: Update from the Project Team/Certificates/Festive Outfit Competition	Bethan Thibaut, Roxanne Brown & Unnati Pathak <i>Royal College of Psychiatrists</i>
10:25-11:00	Holding the Hope for Service Users in a Specialist Rehabilitation Unit: Introducing Peer Support Work	Michael John Norton <i>Peer Support Worker, Highfield Healthcare</i>
11:00- 11:15	BREAK	
11:15-11:45	Trauma-Informed Hope: Caring for Ourselves as We Care for Others	Blue Pike <i>Senior Recovery Psychological Therapist, Hampshire and Isle of Wight Healthcare NHS Foundation Trust</i> Andreia Cigarro <i>Principal Psychologist, Priory Group</i>
11:45-12:15	Universal skills for rehabilitation practitioners: Building a Shared Understanding of Recovery, Hope and Wellbeing in Rehabilitation Services in Leeds	Charley Waldron, <i>Clinical Operations Manager,</i> Katie Phipps, <i>Occupational Therapy Lead,</i> Dave Ndisang, <i>Charge Nurse</i> <i>Leeds & York Partnership NHS Foundation Trust</i>
12:15-13:15	LUNCH	
13:15-13:50	Holding hope, everyone's business	Sam Whitewood <i>Mental Health Rehabilitation Nurse Consultant</i> <i>Hampshire and Isle of Wight Healthcare NHS Foundation Trust</i>
PARALLEL SESSIONS		
13:50-14:30	CHIME framework as a model of recovery and the process of embedding this model across the service. Community Mental Health Rehabilitation Service, Shropshire, Telford & Wrekin	Healing and recovery in trauma informed relationships NHS Lothian
14:30-14:45	BREAK	
14:45-15:25	Holding Hope Together - the challenge of MDT working with Trauma in an inpatient Rehabilitation setting Tuke Specialist Rehabilitation Service Highfield Healthcare, Dublin	Engaging women in a closed hospital ward as co-researchers Professor Shulamit Ramon School of Health, Medicine and Life Sciences University of Hertfordshire
15:25-16:05	Social Styles Theory and Clinical Supervision: understanding interpersonal dynamics to enhance supervisory relationships Meadowbank, Northamptonshire Healthcare NHS Foundation Trust	Identifying trauma prevalence among patient populations and recognising gaps in staff awareness and institutional readiness Elysium Healthcare
16:05	PLENARY SESSION	
16:15	CLOSE	