

## **Rehab: a Quality Network for Mental Health Rehabilitation Services Membership Options**

Rehab works with mental health rehabilitation services to improve the quality of the care that they provide through peer review and accreditation processes. All membership options use the Standards for Inpatient Mental Health Rehabilitation Services: Fourth Edition which can be viewed on our website ([www.rcpsych.ac.uk/aims-rehab](http://www.rcpsych.ac.uk/aims-rehab))

All membership is subject to terms and conditions, which are available upon request.

All members of the network benefit from:

- The opportunity to be a peer reviewer on organised visits to other services supported by an experienced lead reviewer
- Our Annual Forum discussing findings from across the network and sharing service development initiatives
- Report of national findings identifying trends and enabling benchmarking with other services
- Special Interest Days dedicated to a topic identified by the network and led by members
- Email Discussion Forum providing access to experienced and knowledgeable professionals from a range of disciplines

Member services will also sign up to one of the following processes:

### **Associate Membership**

**Cost-** £575+VAT per year

### **What is the benefit?**

- Services are able to take advantage of the general benefits of membership (as above) but do not receive their own peer review visit.
- This membership is ideal for services who would otherwise be unable to participate in the network due to financial constraints, service reconfiguration, mixed function or being located outside the UK, although it is expected that most members progress to become developmental members within a year.

### **What is involved?**

Services complete a self-review against the AIMS Rehab standards. They receive an individualised report based on reported performance against standards, benchmarking data and action planning templates

## **Developmental Membership**

### **Cost-**

- 1-year Developmental membership: £2225+VAT
- 3-years Developmental membership: £6341+ VAT

### **What is the benefit?**

- This membership enables services to complete quality improvement work within the structure of the Rehab Standards. The process enables services to focus on areas that will benefit them the most. There is no expectation that the service meets a required number of standards.
- Services can use this process as preparation for the accreditation process or can continue as developmental members for as long as they wish.

### **What is involved?**

- During the self-review services will assess themselves against the standards and identify specific areas of focus for the review day.
- A peer review team, formed of rehab professionals and a service user or carer representative, will conduct a one-day visit. The team will identify areas of achievement and for improvement, as well as helping the service plan how to implement identified improvements.
- The service receives a peer review report of findings from the day and an action planning template.

## **Accreditation Membership**

### **Cost-**

- 1-year Accreditation membership: £2550+VAT
- 3-year Accreditation membership: £7268+VAT

### **What is the benefit?**

- This process allows those services who meet the required standards to achieve accreditation (further details are available upon request).
- Gaining recognition through the accreditation process enables services to demonstrate to patients, carers, managers, commissioners and other stakeholders that they are providing a good service as defined by nationally recognised standards.

### **What is involved?**

- In addition to the processes within the developmental process, services will also ensure completion of patient, carer, staff and referrer questionnaires and a health record audit during the self-review phase.
- During the accreditation visit, the service will also be required to produce documentary evidence to show compliance against the standards.
- The service's draft report will then be discussed by the network's accreditation committee who will decide an accreditation status.
- Once awarded, accreditation lasts for up to three years, subject to the completion of an interim review.

## **Reasons to Value Your Membership to Rehab: Quality Network for Mental Health Rehabilitation Services**

### **1. Membership is valued by the CQC**

The Care Quality Commission (CQC) views taking part in accreditation and peer review schemes (including Rehab) as a valued source of support, and considers involvement positively when inspecting services. Our standards are also aligned with CQC regulations, as well as NICE and SIGN guidelines, and research within the field. Taking part in the network can support services to meet these guidelines.

### **2. Our Peer Review methods are evidence based**

Developmental and Accreditation members receive a peer review visit. Peer review has been recognised by both Cochrane (2004) and The Francis Report (2013). The Francis report values peer review as having a “fundamental role in changing behaviour to ensure a consistent and caring culture throughout healthcare services”. Baskind et al. (2010) found CCQI accreditation processes drove improvements in services through:

- ☒ Improved communication
- ☒ Power to negotiate for resources
- ☒ Focusing practice
- ☒ Demonstrating or rewarding good practice
- ☒ Identification of areas for improvement

### **3. Being a Reviewer**

Membership to the network gives staff the opportunity to attend other mental health rehabilitation services across the UK. This a chance to take part in the shared learning and networking that drives forward quality improvement. Attending reviews is a great way to meet colleagues around the country, share best practice and bring back ideas to your own service. This opportunity is open to all clinical & therapeutic staff who work at a member service.

### **4. CPD**

We are able to provide CPD certificates to those who take part in the training and learning opportunities, the network provides. For example, professionals can receive CPD points for any review visits they attend and for attending the Peer Reviewer training session.

### **5. Membership rates for events**

We run events every year including annual forums, special interest days and workshops. All our member wards are entitled to free places at special interest days, and discounted places at Annual Forums. Our events have been great success. For example, 91% of attendees rated the 2017 Annual Forum as 'good' or 'excellent'.

### **6. Opportunity to network with like minded-peers**

Membership to the network is voluntary, and therefore you can expect our members to be committed to quality improvement. We offer various ways for members to meet and network through events, visiting other services and through our email discussion group: [rehabdiscussion@rcpsych.ac.uk](mailto:rehabdiscussion@rcpsych.ac.uk).

### **7. Individualised ward specific report**

One of the differences between the CCQI and other organisations, including the CQC, is that we work on a ward-by-ward basis. Any ward that signs up to our network will receive an individualised report detailing how they meet the AIMS Rehab standards and the specific care they provide to patients. The patients and carers we interview all have experience of that specific ward, and we gain the views of frontline staff too. This gives members an in-depth picture of the quality of care provided by a ward, rather than at a service or trust/organisation level.

### **8. Demonstrating commitment to quality improvement**

Joining the network demonstrates the ward's commitment to quality improvement to patients, carers, staff, commissioners and other stakeholders. Participation in the network can be used in Quality Account reports. If you're passionate about improving the quality of rehab services on a national level, you can also think about joining our advisory group or accreditation committees.

### **9. Accreditation**

Lastly, Rehab membership offers services who meet a required number of standards the opportunity to work towards accreditation. Gaining accreditation demonstrates that the ward is meeting a high number of the standards, and can highlight the good practice of your ward within your service and trust.