

## C of C Updates

**Dear Members,**

It has been a busy time for the C of C Network, with the **TCTC Conference** being transferred entirely online, **self review workbooks** being sent and underway, **planning events for the end of 2020**, and **developing the idea of Spirit of Place**. At the moment, we feel it's more important than ever to stay connected, and we hope that through online events and creative communication, the C of C team can support this for all TCs in our network! **More information on these mentioned headlines can be seen below.**

Also, a hello from myself - I'm Paige, and I am a new Project Officer for Communities of Communities. With a background in theatre, producing and events, I'm excited to join the team and channel my creativity into keeping our network engaged and connected!

Keep warm and look after yourself during these times,

*Paige Evans*

*Project Officer, Communities of Communities*

### Calendar of Events

*Dec 2020*

#### **Living & Learning - Maximising Lived Learning Situations during Isolation**

**9th December, 3pm - 5pm**

*A session where we will explore ways of maximising informal time during the current situation, by looking at what can be lived, learned and accomplished within isolated environments. **This is a HMP TC event, which will be conducted via phone** to encourage as many as our HMP members as possible to get involved.*

#### **The TC Model: An Introductory Training of the TC Model, Standards & Values**

**16th December, 9am - 12pm**

*A training session, detailing the TC model structure and introducing the values and standards that TCs follow. This session will be two hours running time, with additional space for breaks and informal time.*

### **TC Community Meeting (MS Teams)**

**17th December, 10am - 11am**

*We will be holding a Community Meeting for all our TC members once a month, starting this December! **This session will take place on MS Teams.** We offer this forum as a place to share experiences and learning, and feel connected during this time.*

### **TC Community Meeting (Zoom)**

**17th December, 11:30am - 12:30pm**

*If you wish to attend the Community Meeting but are unable to access MS Teams, **this session will take place on Zoom.** We offer this forum as a place to share experiences and learning, and feel connected during this time.*

## **Spirit of Place**

To further support our connections and relationships as a Community of Communities, we are launching the **Spirit of Place**. We want every member of Community of Communities to put together a presentation that best answers the question: **What Makes Our Place Special?**

The presentation should be **a standalone piece that can be shown as part of a gallery on Knowledge Hub and/or at our Annual Forum in April 2021.** The presentation could be a video, a PowerPoint presentation, a newsletter, painting, photographic essay, essay or any combination of ideas. The only condition is that it "opens" as one item, on one click, and that you are happy for it to be shared.

**There are few rules:** obvious ones are that you must have permission if showing any individuals, and you should be careful not to include anything that might cause offence or breach confidentiality. Most importantly you and all contributors must be happy for it to be shown to other members of the network and/or be put on websites or social media.

We are asking that your community asks: **What Makes Our Place Special? What is the Spirit of our Place?** If you're stuck, look **here** at the National Trust's PowerPoint (where we've gotten the idea from!)

**DEADLINE:** March 31st 2021, the last day of the 2020-21 Annual Cycle.

## **Self Reviews**

All members should have received their workbooks to complete their self-reviews! So, look at the standards, see where you've grown and where there's further growth, and get involved.

## **TCTC Conference**

We want to thank all the speakers, delegates and The Consortium of Therapeutic Communities for creating and attending this year's conference. It was a jam-packed event filled with knowledge, collaboration and a true sense of 'togetherness' in these distanced times. TCTC hold the recordings of these sessions, so please get in touch with them if you wish to access them.

### **Knowledge Hub**

The Community of Communities Discussion Forum can be found at Knowledge Hub ([www.khub.net](http://www.khub.net)). This is a great platform to be able to share ideas, best practice, experience, knowledge and have discussions with other members of the network.

### **Art Submission**

We know that individuals have been using the lockdown period to get creative, and the C of C team would love to encourage this by doing **an art call-out!** We are looking for artwork to use as illustration on our next National Report. So, if you have any service members who have been creating in lockdown or you're looking for an activity to get members engaged, **please consider sending some artwork in to [cofc@rcpsych.ac.uk](mailto:cofc@rcpsych.ac.uk)!**