



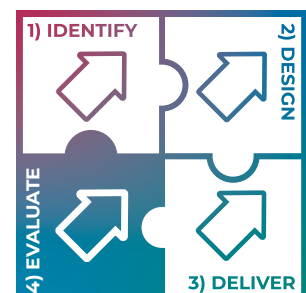
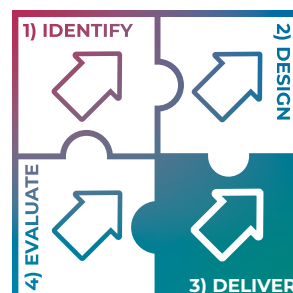
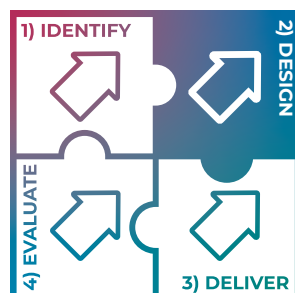
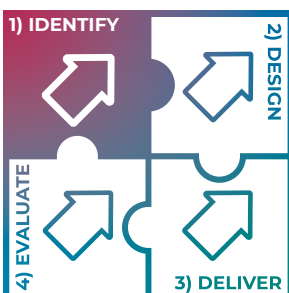
Advancing Mental Health Equality Collaborative

What is the AMHE Collaborative?

- A national quality improvement (QI) programme led by the **Royal College of Psychiatrists' National Collaborating Centre for Mental Health (NCCMH)**.
- The aim of the collaborative is to advance equality in mental health services and address the systemic inequalities that people face. We aim to do this by supporting the **17 teams** involved to meet the needs of the populations they serve.
- It will use tried and tested **QI methodology** to support organisations in implementing the [Advancing Mental Health Equality \(AMHE\) Resource](#).

What is the AMHE Resource?

- It was commissioned by **NHS England** and developed by the NCCMH. The resource outlines a step-by-step process for commissioners and service providers to:
 1. **Identify** the mental health inequalities in their local areas.
 2. **Design** services and initiatives in collaboration with local communities to address these inequalities.
 3. **Deliver** a measurable strategy.
 4. **Evaluate**.



How is the collaborative supporting organisations to reduce local mental health inequalities?

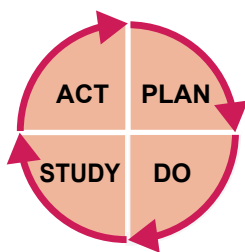
- Each organisation is allocated a **skilled and experienced QI coach** who supports you to test ideas, collect data to understand the impact of changes and help overcome barriers to the work.



- We'll be applying quality improvement to support organisations/systems to identify and tackle inequalities in a structured way. This will involve:

1. Identifying **local population segments with known inequalities in access, experience and outcomes**. A video describing this process is available [here](#).
2. **Developing measures** that will help us understand if we are improving over time
3. Developing a set of **change ideas** that we believe will address inequalities

4. Utilising **plan, do, study, act (PDSA)** cycles to test and scale ideas



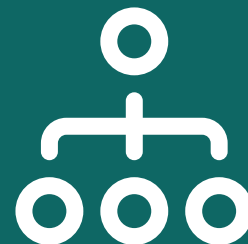
5. Supporting organisations/systems to develop a **continuous learning system** to tackle inequity in services.

- All organisations are invited to attend **10 learning sessions** throughout the collaborative which provide the opportunity to share learning and draw inspiration from the work of other organisations on the programme.



How will organisations manage/oversee their QI project?

- An **Overarching project team** will oversee the organisation's work on the collaborative over the three years. They will make decisions on which inequalities the organisation will focus on, ensure the work aligns with other work taking place, and provide a governance function.



- **Sub teams:** each organisation will identify 2 – 3 areas of inequality to focus on in the collaborative and each of these areas will be allocated a sub team to carry out the work. Sub teams will be responsible for the day-to-day work including developing ideas to test, collecting data and understanding where improvement is being made.

What is essential to this work?

- Involving **representatives from the communities** you are trying to improve access, experience and outcomes for. This includes all aspects of your project, from design, to generating ideas to test, and will ensure you are measuring what is important to that community to determine whether improvements have been made.
- For guidance on co-production, please refer to our [Working Well Together guide](#).



How will organisations know if they are making an improvement?

- Each organisation will develop a **bespoke measurement plan**, taking into account the area of inequality they choose to focus on, existing availability of data and important gaps in this data.
- Data will be collected on LifeQI, an online platform to support QI work, and regularly reviewed to understand where organisations are seeing improvements and what is driving this change.



Which organisations are part of the collaborative?

- Avon and Wiltshire Partnership NHS Trust
- Barnet, Enfield and Haringey Mental Health NHS Trust
- Devon Partnership NHS Trust
- Herefordshire and Worcestershire Health and Care NHS Trust
- Leicestershire Partnership NHS Trust
- Lincolnshire Partnership NHS FT
- Livewell Southwest
- Mind in Croydon/ Mind in Kingston
- Mind in Hampshire (Andover, Havant & East Hampshire, Solent)
- Mind in Tower Hamlets and Newham/ Mind in Haringey
- Neath Port Talbot Mind
- Norfolk & Suffolk Foundation NHS FT
- North Lincolnshire Mind/Mind in North Staffordshire
- Northamptonshire Healthcare NHS FT
- Pennine Care NHS FT
- Somerset NHS FT
- Southern Trust Health and Social Care Trust

How do I get in touch with the AMHE Collaborative team?

You can contact the project team at AMHE@rcpsych.ac.uk. If you know the QI Coach that is working with your organisation, you can also contact them directly using the below contact details:



- Dominique Gardner
Dominique.Gardner@rcpsych.ac.uk
- Emily Cannon
Emily.Cannon@rcpsych.ac.uk
- Kate Lorrimer
Kate.Lorrimer@rcpsych.ac.uk
- Matt Milarski
Matthew.Milarski@rcpsych.ac.uk
- Renata Souza
Renata.souza@rcpsych.ac.uk
- Saiqa Akhtar
Saiqa.Akhtar@rcpsych.ac.uk