Advancing Mental Health Equity (AMHE) Learning Community

Launch event – Delegates agenda

Date: Wednesday 7th October 2026, 10:00 -12:00
Location: MS Teams

Facilitation team	
Aarti Gandesha	Senior Quality Improvement Advisor
Matt Milarski	Head of Quality Improvement
Katherine Molyneux	Project Manager
Delicha Changa	Quality Improvement Coach
Rianna Herbert	Quality Improvement Coach
Bethan Warner	Quality Improvement Coach
Meera Burgess	National Adviser
Emily Daly	National Adviser
Mark Farmer	National Adviser

Event overview

This launch event brings together people who are interested in improving mental health equity. It marks the start of the AMHE Learning Community, a national space for sharing learning, building connections and working together to improve access, experiences and outcomes in mental health care.

During the session, we will:

- Meet and learn from others working to improve mental health equity.
- Share experiences, challenges and ideas.
- Hear examples of work taking place across services and communities.
- Explore priorities for future learning community sessions.
- Help shape the future direction of the AMHE Learning Community.

Time	Item	Speakers
10:00 – 10:30	**Welcome and introduction to the AMHE Learning Community** We'll introduce the AMHE team, share why this work matters, and outline the purpose and vision of the Learning Community. We'll reflect on what we have learned through the AMHE collaborative and related programmes, explore why advancing mental health equity is so important, and discuss how lived experience and coproduction will be at the heart of how the community learns, develops and is shaped over time.	**Aarti Gandesha** *Senior Quality Improvement Adviser, NCCMH* **Meera Burgess** *National Adviser, NCCMH* **Emily Daly** *National Adviser, NCCMH*
10:30 – 11:00	**Connect: Building relationships** In small breakout groups, attendees will share what has brought them to the Learning Community, what they hope to gain from it, and the strengths and challenges they are experiencing in their work to improve mental health equity.	**Delicha Changa** *Quality Improvement Coach, NCCMH*
11:00 - 11:10	**BREAK**	
11:10 - 11:35	**Learn: Avon and Wiltshire Partnership NHS Trust's improvement journey** The team from Avon and Wiltshire will share their experience from the first AMHE improvement collaborative and their approach to improving access, experience and outcomes for people with an equity lens. There will be an opportunity for questions and discussion.	**Avon and Wiltshire Mental Health Partnership NHS Trust**
11:35 - 11:55	**Reflect: Shaping the Learning Community** Returning to breakout groups, participants will reflect on the ideas shared during the event and identify priorities for future learning community sessions. We will also explore how we can make the community inclusive, accessible and grounded in lived experience.	**Bethan Warner** *Quality Improvement Coach, NCCMH*

11:55 - 12:00	**Next steps** We will share information about the next Learning Community session and share a feedback form which will be used to shape future events.	**Emily Daly** National Adviser, NCCMH
12:00	**CLOSE**	