

NATIONAL COLLABORATING CENTRE FOR MENTAL HEALTH



# **AMHE Learning Set 7**

Co-production workshop: Transforming risk into opportunity

What are the barriers to taking risks within your project?



Sharing power

Reputational damage to organisation

Making sure people with lived experience are trained properly to understand benefits and risks (!) of taking risk

Fear of it going wrong

We know best attitudes

Anxiety over perhaps expecting too much of someone else involved in the project

QI sign off. More experts by experience

Permission from CEO, HR manager, trustee board







Funding requirements

Small team with conflicting workloads, so not much support to take risks

Financial help to expand the workforce

Get support from coordinatior, risk of not being understood, Some occasional relationship barriers Position in the team

Lack of direction, time and confidence

Level of risk i.e. governance, project, client. Need wider buy in across the organisation. Recognise that risk takes time.

Cultural sensitivity topics which triggers own mental health







Anxiety over perhaps being 'blamed' if something didn't work or went wrong

Resources, capacity, pressured service with high acuity levels

It being run by a sole individual means that there's no easy answer if things go wrong

Other peoples' attitudes to risk, bring risk averse, versus my belief that we can work and collaborate on whatever arises using skills and creative thinking.

Culture change - attitude that taking risks will create further work. 'If it's not broken don't fix it' attitude within stagnant teams

Resistance to change, acceptance that current way is ok, finance availability for new resources, approval from governance

Mistaking people on a project team who have been 'patients' with them being 'your patient' (even subconsciously)

Just starting a fear of going into the unknown, Will the barriers be too big to manage, lack of resources







Rejection, lack of trust, not too many peers with lives experience relevant to the project, funding

When dealing with community that you are know, familiar with or understand culture even if language barrier

Fear of not understanding the community well enough – may further isolate them from services

Scope and size of project, small staff team

I think many projects fear kickback and what organisations mangers might do.

External organisations may have different thresholds and ideas around risk - e.g., statutory bodies - LAs, NHS Trusts

Setting something up and no one coming!

Tools to manage risks





