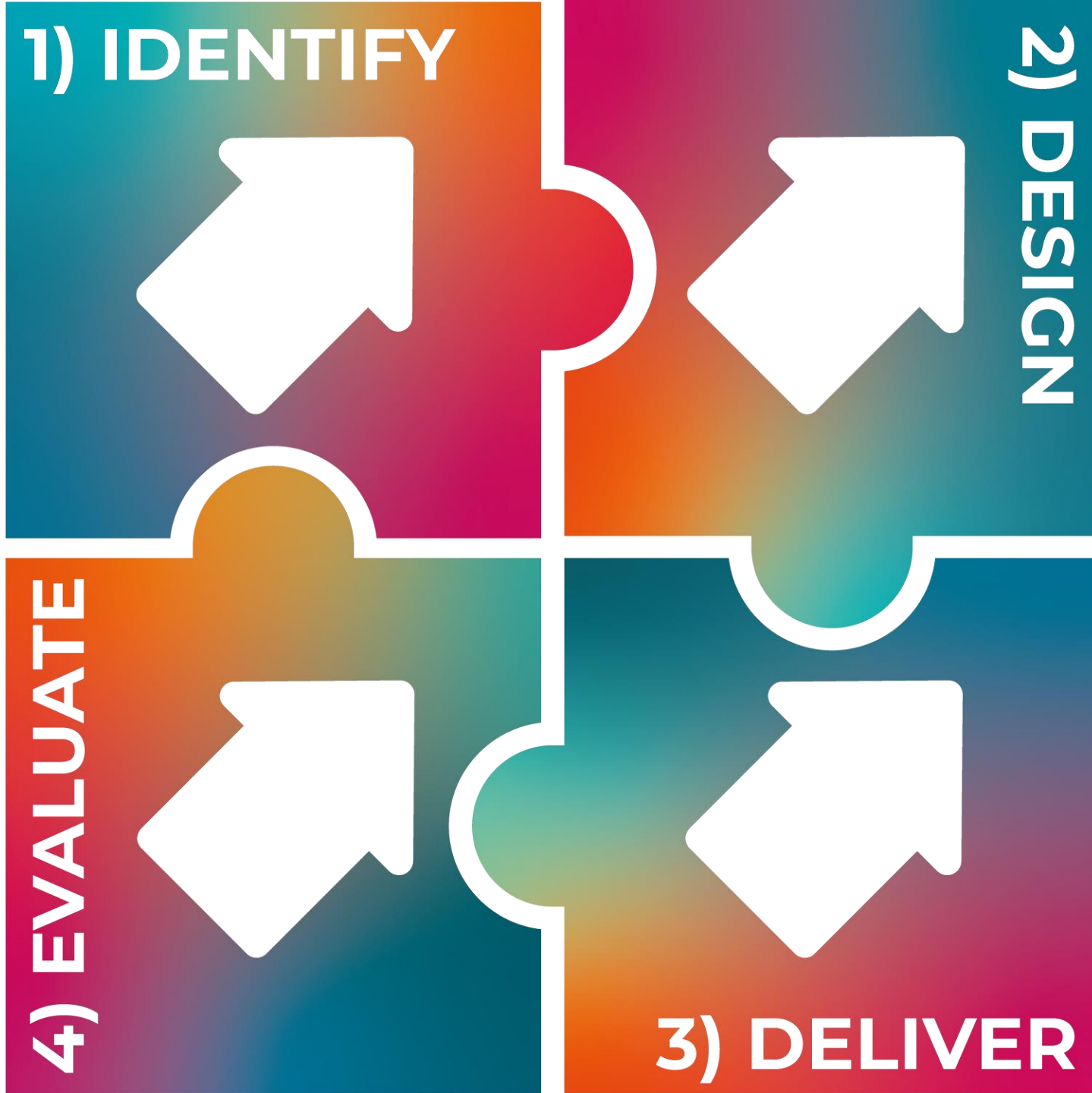




Advancing Mental Health Equity

Wave 3 Q&A

14 March 2024



Agenda

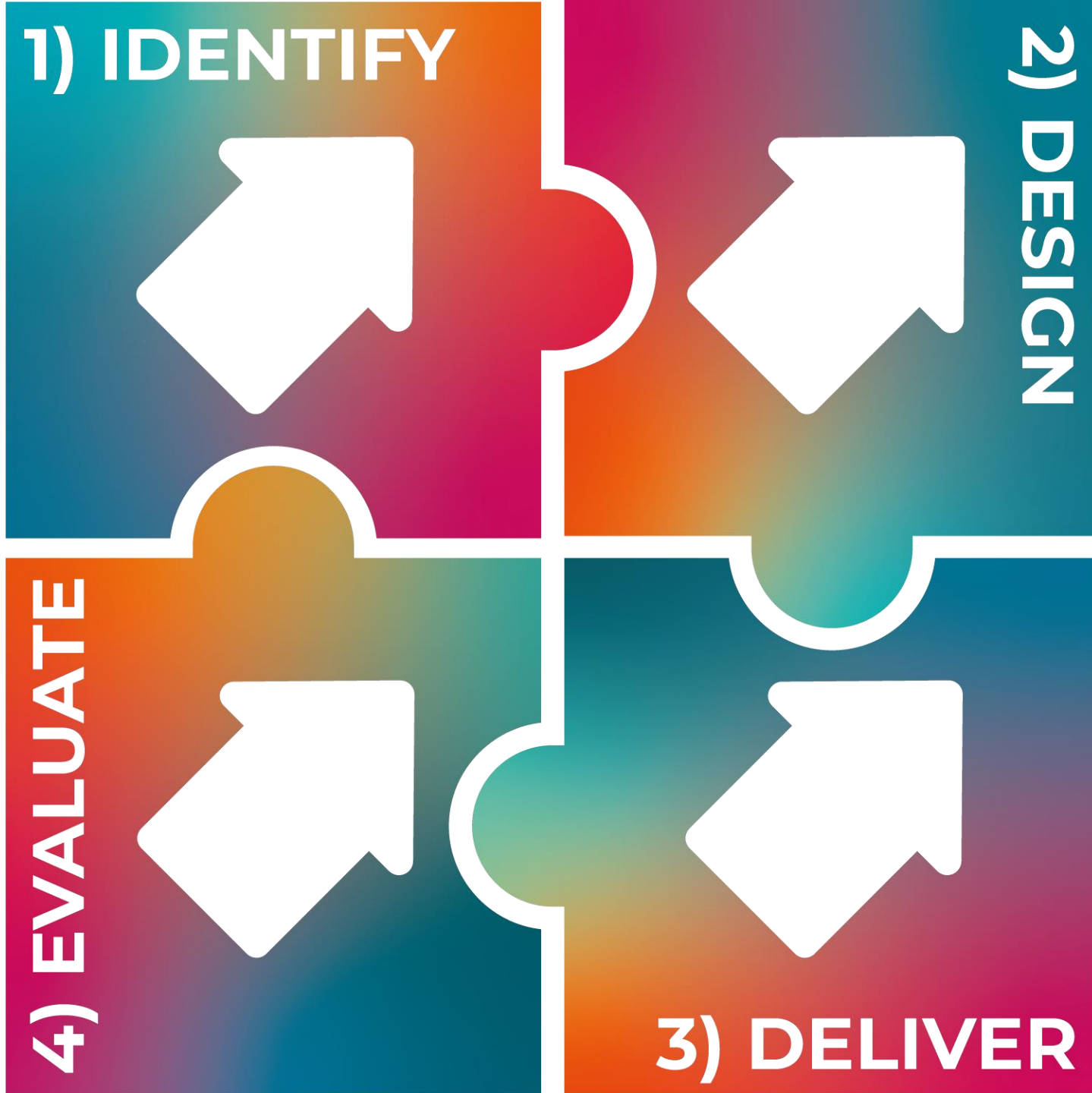
Time	Item	Presenter
14:30	Why AMHE?	Dr Lade Smith CBE President of Royal College of Psychiatrists
14:35	Reflections of being part of Wave 1&2	Stephen Budd Lived Experience Expert, Avon & Wiltshire Dual Diagnosis Team
14:40	What's new in the Wave 3 approach? <ul style="list-style-type: none">• Reflections & evolved approach• Modules• Collaborative aim• Package of support• What will it mean for your organisation• Joining instructions	Emily Cannon Head of Quality Improvement, NCCMH Dr Amrit Sachar Joint Presidential Lead for Equity and Equality, RCPsych
14:50	Q&A space	
15:10	Next steps	Emily Cannon





Why AMHE?

Dr Lade Smith CBE





Wave 3 Support Offer

Emily Cannon

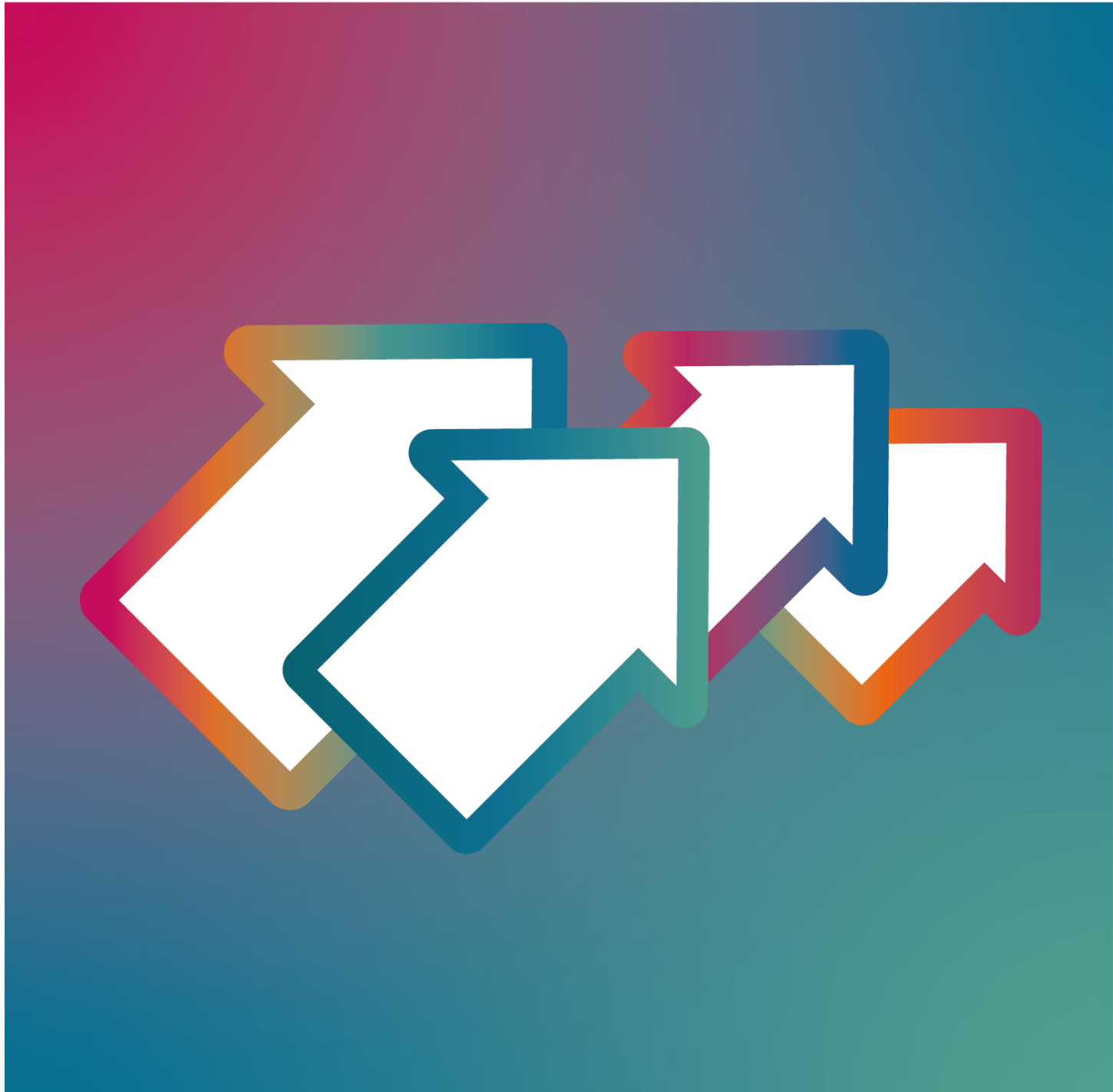
Head of Quality
Improvement, NCCMH

Dr Amrit Sachar

Joint Presidential Lead for
Equity and Equality, RCPsych



NATIONAL
COLLABORATING
CENTRE FOR
MENTAL HEALTH



What's new?

Three Modules

1. Providers of mental health care and support

- **How?** Tailored Quality Improvement (QI) coaching & Action Learning Sets
- **What?** Support to understand your local population and **improve access, experience and outcomes** for them in a **sustainable way** using a systematic approach and evaluation to measure impact through **co-production**

2. Middle Management

- **How?** 1:1 coaching & Action Learning Sets
- **What?** Coaching managers to understand how they can **interconnect disparate parts of the system to operationalise and spread the equity and equality work**. Support to learn how their existing key performance indicators (clinical, workforce, financial, governance) can be achieved through enhancing equity and equality, rather than seeing equity and equality as an additional burden. Support managers to **empower and enable** their teams.

3. Board and Leadership

How? 1:1 reverse mentoring & shared spaces with other leaders

What? Support to drive success and provide the necessary resource to make your AMHE project progress, **to understand and deliver the PCREF** from the people who developed it, and to develop as a lived experience ally and lead with this in mind. Support all parts of the system to **unlock potential and enable systemic and sustained improvement**



Providers of Mental Health Care and Support

Collaborative Aim



Package of Support

Support to implement the **Patient and Carer Race and Equality Framework (PCREF)**

Access to experts in equity, including clinicians, leaders service users and carers.

Be part of a learning community across the UK that is working on implementing AMHE toolkit learning from others and for them to learn from you

Dedicated skilled Quality Improvement coaching support

Support to collect data to be able to know whether the changes you are making are leading to measurable improvement or not.

Support to implement the Advancing Mental Health Equity Resource complementing current and future implementation of the Community Mental Health Framework, MHA recommendations, NHSE LTP.

Work with **co-production** at the heart of your work

Support to identify populations that you serve who are experiencing inequities in outcomes, access and experience, and applying quality improvement to test new ideas and measure impact to address these.

Support to evaluate what has been implemented and comms support to celebrate successes.



What will it mean for your organisation?

- There is variation within and between organisations in progress at addressing the different inequalities that people experience
- We will meet organisations where you are at, supporting you to build on work you are already doing, and developing new ideas where needed
- Using a Quality Improvement approach offers the opportunity to address the systemic inequities that many people face



Requirements to join:

QI Support

The AMHE Collaborative is open to all organisations providing mental health care and support in England and across the devolved nations, including NHS and private providers.

To join the collaborative, organisations will need to:

- Identify a team
- Identify a project lead
- Elect a senior sponsor who will stay close to the work and has operational oversight of the work
- Identify a potential group or population within your geographical area to focus on
- Consider how you will co-produce this work with people with lived experience

As part of preparing for the launch in September, teams will need to:

- Form a project team
- Decide which area of equity you will focus on for this population (access, experience and/or outcomes)

Throughout the duration of the collaborative, teams will need to:

- Hold regular project team meetings to maintain momentum with your work
- Attend quarterly in-person learning sets at the Royal College of Psychiatrists in London
- Complete short quarterly reports

The cost of subscription to the collaborative will be **£7,500+** VAT for the **18-month** programme of support. **10% discount** if registering more than one team.



Requirements to join:

Middle management and leadership support

Joining instructions for middle management level:

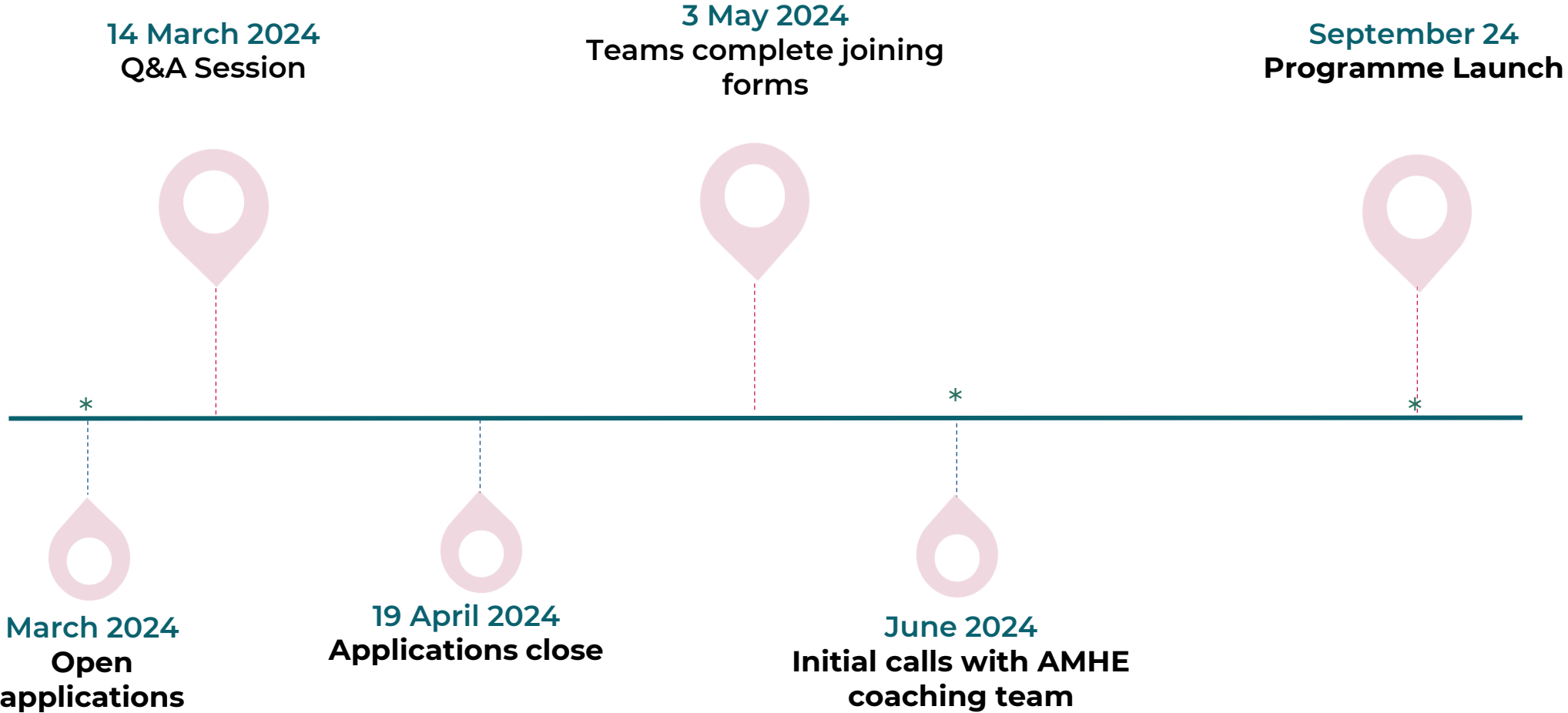
- Identify 2-3 staff at middle management level to take part
- Time to attend regular one-to-one coaching sessions and Action Learning Sets (we will co-create how often these will take place and the format during the preparation phase of May to September 2024 with those who sign up)
- The cost of signing up is £5,500 + VAT for 18 months

Joining instructions for board members and/or senior leadership:

- Identify a senior leader or board member
- Time to take part in regular reverse mentoring sessions and learning sets
- The cost of signing up is £7,000 + VAT for 18 months



Timeline



Preparatory workbook & co-development of *bespoke support*



Next Steps

- Complete the [Application Form](#) by 19 April 2024
- If invited to join, fill out a brief joining form
- Receive a starter pack, preparatory workbook and welcome from your QI coach
- Attend webinars and start preparatory work May- September 2024
- Start the Collaborative in September 2024



Find out
more
&
Apply



Apply:

<https://bit.ly/AMHEW3>

Wave 3 Support Offer:

<https://bit.ly/AMHESOW3>



AMHE Collaborative Webpage:

www.rcpsych.ac.uk/AMHEC

Email with a question or to arrange a call:

AMHE@RCPsych.ac.uk

