



Culture of Care National Learning Session: Participants Agenda

Thursday, 15 January 2026, 10:00 – 13:00 | [MS Teams](#)

Meeting ID: 380 078 855 359 69 | **Passcode:** Gk3UQ9Wz

Facilitation team	
Mark Allan, Peer Support Advisor, Culture of Care	Jason Grant-Rowles, Trauma Informed Advisor, Culture of Care
Isabel Millard Consultant rehabilitation psychiatrist in London and runs support groups for carers	Deb Owen, Sussex Partnership NHS Foundation Trust
Dan Briggs, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust	Wendy Minhinnett Lived Experience Facilitator Founder, Rollercoaster Family Support
Helen Smith, Leadership Coach, Culture of Care	Mark Farmer, National Advisor, Culture of Care
Antonia Aluko, Lived Experience Advisor, Neurodiverse Connection	Tanya-Louise Graham, Lived Experience Advisor, Black Thrive Global
Rob Turner, Consultant, Greater Manchester Mental Health NHS Foundation Trust	Wendy Kerrigan Carer working with the John Denmark Unit on their Culture of Care work, GMMH
Russell Razzaque, Strategic Clinical Director, NCCMH	Emily Cannon, Head of Quality Improvement, NCCMH

Overview:
This event will be held virtually on MS Teams, and we welcome and appreciate contributions from everyone who is part of this culture change work. This invite extends to people working on wards, people with lived experience as patients and as carers, people working in other roles across provider organisations and executive colleagues.
We will discuss the role of carers and people's support networks. We will look at some of the theory (the Triangle of Care) as well as the practicalities, challenges and consequences of lack of carer input. Building on this, we will also hear more about the recent Open Dialogue trial and the importance of people's networks around them.
After a break, we will focus on peer support, before a panel discussion and honest conversation on the tensions around carer involvement from clinician and lived experience perspectives. To close the session, we will hear from a ward in Greater Manchester about working closely with a carer to co-produce their Culture of Care work.

Time	Item
10:00-10:10	Welcome, housekeeping and an update on the programme so far
10:10 -10:20	What do we mean by carer/support network? Jason will share his own experience of carer/support networks.
10:20-10:40	Triangle of Care Issy Millard will share information on carer involvement theory and practice including: <ul style="list-style-type: none"> • Challenges of the caring role • Consequences of the lack of carer support and involvement • Barriers to supporting carers • The triangle of care • CofC carer coproduction guidance • CofC standards
10:40-10:50	BREAK
10:50-11:10	Working with people's carers and networks Russell Razzaque will review therapeutic relationships, relational care, open dialogue and extending Culture of Care into the community
11:10-11:40	Peer support update and link to carers Mark Allan will provide a progress recap of the Peer implementation support space and will then welcome Dan Briggs (CNTW), Deb Owen (Sussex) and Wendy Minchinnett, who will provide examples of how they have implemented inpatient peer support roles.
11:40-11:50	BREAK
11:50-12:30 (25min for conversation, 15min for Q&A)	Acknowledging tensions around the work A panel including lived experience advisors, national advisors, carers and clinicians will have a discussion acknowledging the different experiences of carers. This will then be followed by a Q&A, facilitated by Emily Cannon, Head of Quality Improvement, NCCMH. A link for Menti will be provided so that attendees can submit their questions anonymously.

12:30-12:50	Examples of good practice Rob Turner will present GMMH's change ideas and improvement work related to carer involvement and support, with the support of Wendy Kerrigan, a carer who is working with the JDU unit.
12:50-13:00	Wrap up and close
13.00	Close